

FBC Devotion Sunday July 12 2020 Psalm 91 God's Protection

Do you like sitting in the shade these hot humid days? Picture this morning a little girl walking side by side with her mother, matching her steps in the parking lot on a hot sunny day. She says, "Mum, look, I'm walking in your shade." She'd found the shadow, the safe place to walk. Her mum was her shield, giving her protection from the heat.

The Psalmist reminds us, **"Those who live in the shelter of the Most High will find rest in the shadow of the Almighty."** Psalm 91:1

We may not always see it, or feel it, we might forget it's there at times, or even wonder if He's left us to fend for ourselves in the heat of the hard situations of life. But His protection is real. The Lord doesn't, can't forget us or ignore us. If we belong to Him, His love is too great to leave us on our own.

Maybe we can call this the 9-1-1 verse? In whatever troubles we face today, God is the place of refuge we can run to, He is our safe place.

Shadows by definition are a place of protection or covering, they provide relief from the direct heat of the sun. If the heat is severe, the shade is the place we run to. It diminishes what we actually feel in the intensity of the heat.

Pressure and stress can seem as stifling as a hot afternoon summer sun. **Yet God whispers "Walk in my shadow, up close to my side."** It's the safe place that brings confidence; **for when we are resting in God's shadow, we will never face the full heat of our difficulties.** He shelters us from that pain. His shade, His shadow, diminishes what is actually felt in the intensity of all the heat. Rest, peace, and calm rise up strong, and we're assured, He's in control.

Sometimes, maybe unintentionally, in the busyness or difficulties of living, we might strive to survive on our own. We forget that what we need most, God's protection and the comfort of His presence, are freely available to those who love Him and walk under His covering.

This entire chapter of Psalm 91 is filled with the goodness and power of God - Great reminders that He faithfully works on behalf of those who love Him. **Here are Psalm 91's Promises from God.**

"I will rescue him..." (deliver, cause to escape) Verse 14

"I will protect him..." (set him on a high place) Verse 14

"I will answer him..." (respond to, speak) Verse 15

"I will be with him in trouble..." (in afflictions, in distress) Verse 15

"I will deliver him..." (rescue, to bring into safety) Verse 15

"and honour him..." (to make rich, strong, heavy with honour) Verse 15

"With long life will I satisfy him..." (to have abundance in the journey) Verse 16

"And show him my salvation." (let him see my deliverance and victory) Verse 16