



# Personality

## Part 7: "Discovering who God made me to be"

"Like stained glass, our different personalities reflect God's light in many colors and patterns." Rick Warren

- **God \_\_\_\_\_ you!**

"[Cast] all your care upon Him, for He \_\_\_\_\_ for you." Peter (1 Pet 5:7)

"We love Him because He first \_\_\_\_\_ us." John (1 Jn 4:19)

- **You should love \_\_\_\_\_!**

"You shall love your neighbor as \_\_\_\_\_." Jesus (Mt 22:39)

"The art of being yourself at your best is the art of unfolding your personality into the person you want to be. ... Be gentle with yourself, learn to love yourself, to forgive yourself, for only as we have the right attitude toward \_\_\_\_\_ can we have the right attitude toward \_\_\_\_\_." Wilfred Peterson

"God doesn't measure people the way most of us do. While the world places value on \_\_\_\_\_ like prestige, position, and wealth, God places the highest value on less \_\_\_\_\_ aspects of our lives." Erik Rees

Just like every other part of us, God has given each of us a unique \_\_\_\_\_. If we can determine our own personality \_\_\_\_\_ and understand how it works in each of us, we can better determine why we think, feel, act, and react the way we do. Understanding our own personality type can assist us in becoming who God wants us to be and can greatly enhance our ability to work with and get along with others.

### Personality:

#### The personality types:

- \_\_\_\_\_: extrovert, talker, optimist, life of the party, a person everyone likes
- \_\_\_\_\_: extrovert, doer, optimist, born leader, forceful, little need for friends
- \_\_\_\_\_: introvert, thinker, pessimist, organized, serious, perfectionist, artistic
- \_\_\_\_\_: introvert, watcher, pessimist, mediator, steady, administrative

"There is no \_\_\_\_\_ or \_\_\_\_\_ temperament for ministry. We need \_\_\_\_\_ of personalities to \_\_\_\_\_ the church and give it \_\_\_\_\_. The world would be a very boring place if we were all plain vanilla. ... The Bible gives us plenty of evidence for the fact that God uses all types of personalities. Peter was a \_\_\_\_\_, Paul was a \_\_\_\_\_, Jeremiah was a \_\_\_\_\_. If you take a closer look at the personality differences in the twelve disciples, it's easy to see why they sometimes had interpersonal conflict." Rick Warren

“These differences are \_\_\_\_\_, \_\_\_\_\_ aspects of personality. Being who you are – the person God intended you to be – is of \_\_\_\_\_ ... the differences make life interesting. Can you imagine what the world would be like if everyone were just like you – your gifts and your shortcomings magnified by the billions?”

*LifeKeys: Discovering Who You Are, Why You're Here, What You Do Best*

“Attempting to \_\_\_\_\_ to personality types and patterns that are \_\_\_\_\_ our natural S.H.A.P.E. goes against everything God, as our Creator, wants us to grasp about ourselves. We \_\_\_\_\_ God when we \_\_\_\_\_ our distinct personalities and use them for His purposes; not just accept them \_\_\_\_\_ ... but \_\_\_\_\_ live out the S.H.A.P.E. God created within us. ... Of course, each of us can work outside our personality pattern for \_\_\_\_\_. ... But if you \_\_\_\_\_ stay outside your own personality style, trying to be someone you're not, you will be \_\_\_\_\_ for God.” Erik Rees

**There are no \_\_\_\_\_ personalities, only the \_\_\_\_\_ personalities being used in the wrong \_\_\_\_\_ & in the wrong \_\_\_\_\_.**

### Discovering your personality type by how you \_\_\_\_\_

1. Am I \_\_\_\_\_ or \_\_\_\_\_? *I tend to:*

- Look for ways to be \_\_\_\_\_ the crowd.
- Build deep relationships with a \_\_\_\_\_ individuals, as opposed to \_\_\_\_\_ people.
- Start conversations with people I \_\_\_\_\_ know.
- \_\_\_\_\_ in being part of a large group.

2. Am I \_\_\_\_\_ or \_\_\_\_\_? *I tend to:*

- Share my \_\_\_\_\_ freely with those I have just met.
- \_\_\_\_\_ my thoughts and feelings from others at certain times.
- Seek opportunities to \_\_\_\_\_ with others.
- Hold my cards closer to my vest so that only a \_\_\_\_\_ people can \_\_\_\_\_ me.

3. Am I \_\_\_\_\_ or \_\_\_\_\_? *I tend to:*

- Focus on making sure people are \_\_\_\_\_ when I'm around them.
- Find importance in \_\_\_\_\_.
- Embrace \_\_\_\_\_ and enjoy \_\_\_\_\_.
- Look for ways to make \_\_\_\_\_ content.

**Outgoing .....X..... Reserved**

**Self-expressive .....X.....Self-controlled**

**Cooperative .....X.....Competitive**

## Discovering your personality type by your response to \_\_\_\_\_

1. Do I prefer \_\_\_\_\_ risk or \_\_\_\_\_ risk? Considering my comfort zone, *I tend to:*

- Avoid too much \_\_\_\_\_.
- Relish \_\_\_\_\_ environments.
- Thrive when risk is \_\_\_\_\_.
- Become motivated when I have the chance to \_\_\_\_\_ in order to achieve \_\_\_\_\_.

2. Do I prefer \_\_\_\_\_ or \_\_\_\_\_? When given the opportunity to work with people or behind the scenes, *I tend to:*

- Embrace opportunities that impact \_\_\_\_\_ directly.
- Look for ways to complete \_\_\_\_\_.
- Enjoy orchestrating and coordinating \_\_\_\_\_ projects.
- Find fulfillment when I am able to work with someone \_\_\_\_\_ or in a \_\_\_\_\_.

3. Do I prefer \_\_\_\_\_ or \_\_\_\_\_? *I tend to:*

- Find myself in positions of \_\_\_\_\_.
- Feel comfortable when I can \_\_\_\_\_ someone else.
- \_\_\_\_\_ with my life.
- Receive fulfillment by helping \_\_\_\_\_ find success.

4. Do I prefer working \_\_\_\_\_ or \_\_\_\_\_? *I tend to:*

- Enjoy working within a \_\_\_\_\_ environment.
- Look for opportunities that allow me to operate \_\_\_\_\_.
- Become \_\_\_\_\_ by being around \_\_\_\_\_.
- Work most effectively when I'm \_\_\_\_\_.

5. Do I prefer \_\_\_\_\_ or \_\_\_\_\_? *I tend to:*

- Begin \_\_\_\_\_ projects at \_\_\_\_\_.
- Find fulfillment when I can complete \_\_\_\_\_ project at \_\_\_\_\_.
- Have a \_\_\_\_\_ and look for ways to spin \_\_\_\_\_ plates.
- Become \_\_\_\_\_ with constant \_\_\_\_\_.

High-risk .....X.....Low-risk

People .....X.....Process/Projects

Follow .....X.....Lead

Teamwork .....X.....Solo

Routine .....X.....Variety

# Your Personality Profile

**Directions:** in each of the following rows of four words across, circle one that most often applies to you. If you are not sure which word most applies, ask a spouse or friend. Think of what your answer would have been when you were a child.

## Strengths

1. Adventurous	Adaptable	Animated	Analytical
2. Persistent	Playful	Persuasive	Peaceful
3. Submissive	Self-sacrificing	Sociable	Strong-willed
4. Considerate	Controlled	Competitive	Convincing
5. Refreshing	Respectful	Reserved	Resourceful
6. Satisfied	Sensitive	Self-reliant	Spirited
7. Planner	Patient	Positive	Promoter
8. Sure	Spontaneous	Scheduled	Shy
9. Orderly	Obliging	Outspoken	Optimistic
10. Friendly	Faithful	Funny	Forceful
11. Daring	Delightful	Diplomatic	Detailed
12. Cheerful	Consistent	Cultured	Confident
13. Idealistic	Independent	Inoffensive	Inspiring
14. Demonstrative	Decisive	Dry humor	Deep
15. Mediator	Musical	Mover	Mixes easily
16. Thoughtful	Tenacious	Talker	Tolerant
17. Listener	Loyal	Leader	Lively
18. Contented	Chief	Chartmaker	Cute
19. Perfectionist	Pleasant	Productive	Popular
20. Bouncy	Bold	Behaved	Balanced

## Weaknesses

21. Blank	Bashful	Brassy	Bossy
22. Undisciplined	Unsympathetic	Unenthusiastic	Unforgiving
23. Reticent	Resentful	Resistant	Repetitious
24. Fussy	Fearful	Forgetful	Frank
25. Impatient	Insecure	Indecisive	Interrupts
26. Unpopular	Uninvolved	Unpredictable	Unaffectionate
27. Headstrong	Haphazard	Hard to please	Hesitant
28. Plain	Pessimistic	Proud	Permissive
29. Angered easily	Aimless	Argumentative	Alienated
30. Naïve	Negative attitude	Nervy	Nonchalant
31. Worrier	Withdrawn	Workaholic	Wants credit
32. Too sensitive	Tactless	Timid	Talkative
33. Doubtful	Disorganized	Domineering	Depressed
34. Inconsistent	Introvert	Intolerant	Indifferent
35. Messy	Moody	Mumbles	Manipulative
36. Slow	Stubborn	Show-off	Skeptical
37. Loner	Lord over others	Lazy	Loud
38. Sluggish	Suspicious	Short-tempered	Scatterbrain
39. Revengeful	Restless	Reluctant	Rash
40. Compromising	Critical	Crafty	Changeable

# Personality Score Sheet

Transfer all your circles to the corresponding words on this sheet and add up your totals. For example, if you circled Animated on the profile, circle it on the score sheet.

## Strengths

Sanguine	Choleric	Melancholy	Phlegmatic
1. Animated	Adventurous	Analytical	Adaptable
2. Playful	Persuasive	Persistent	Peaceful
3. Sociable	Strong-willed	Self-sacrificing	Submissive
4. Convincing	Competitive	Considerate	Controlled
5. Refreshing	Resourceful	Respectful	Reserved
6. Spirited	Self-reliant	Sensitive	Satisfied
7. Promoter	Positive	Planner	Patient
8. Spontaneous	Sure	Scheduled	Shy
9. Optimistic	Outspoken	Orderly	Obliging
10. Funny	Forceful	Faithful	Friendly
11. Delightful	Daring	Detailed	Diplomatic
12. Cheerful	Confident	Cultured	Consistent
13. Inspiring	Independent	Idealistic	Inoffensive
14. Demonstrative	Decisive	Deep	Dry humor
15. Mixes easily	Mover	Musical	Mediator
16. Talker	Tenacious	Thoughtful	Tolerant
17. Lively	Leader	Loyal	Listener
18. Cute	Chief	Chartmaker	Contented
19. Popular	Productive	Perfectionist	Pleasant
20. Bouncy	Bold	Behaved	Balanced

### Totals – Strengths

\_\_\_\_\_

## Weaknesses

21. Brassy	Bossy	Bashful	Blank
22. Undisciplined	Unsympathetic	Unforgiving	Unenthusiastic
23. Repetitious	Resistant	Resentful	Reticent
24. Forgetful	Frank	Fussy	Fearful
25. Interrupts	Impatient	Insecure	Indecisive
26. Unpredictable	Unaffectionate	Unpopular	Uninvolved
27. Haphazard	Headstrong	Hard to please	Hesitant
28. Permissive	Proud	Pessimistic	Plain
29. Angered easily	Argumentative	Alienated	Aimless
30. Naïve	Nervy	Negative attitude	Nonchalant
31. Wants credit	Workaholic	Withdrawn	Worrier
32. Talkative	Tactless	Too sensitive	Timid
33. Disorganized	Domineering	Depressed	Doubtful
34. Inconsistent	Intolerant	Introvert	Indifferent
35. Messy	Manipulate	Moody	Mumbles
36. Show-off	Stubborn	Skeptical	Slow
37. Loud	Lord over others	Loner	Lazy
38. Scatterbrain	Short-tempered	Suspicious	Sluggish
39. Restless	Rash	Revengeful	Reluctant
40. Changeable	Crafty	Critical	Compromiser

### Totals – Weaknesses

\_\_\_\_\_

### Combined Totals

\_\_\_\_\_

