



Three hundred and sixty-five times in the Bible it says, “Fear thou not” – once for every day of the year.

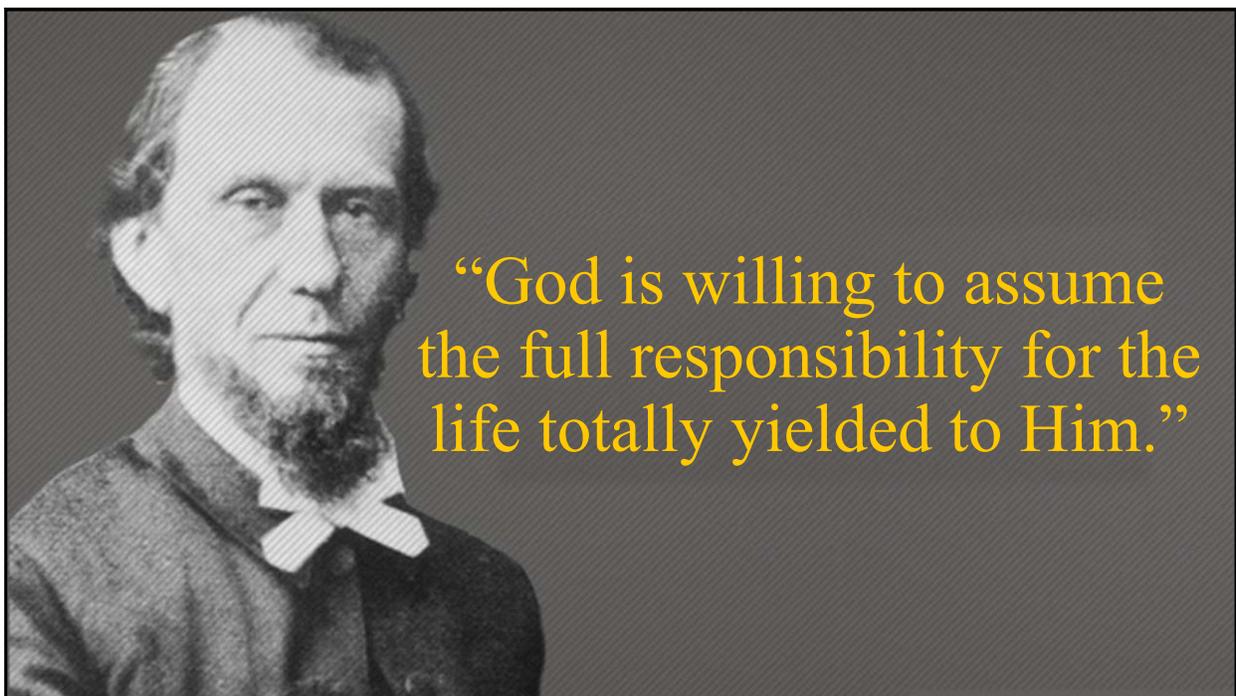
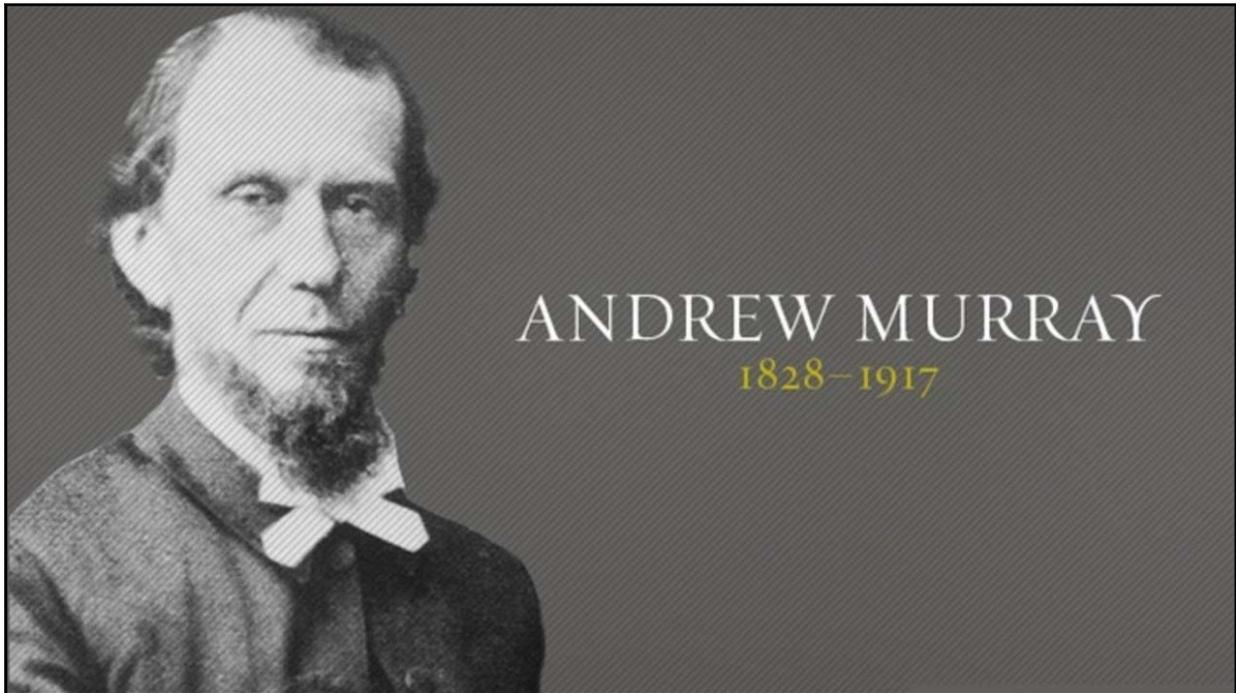
## Part 1:

- Fear is a sin
- Fear is an insult to God
- Fear is unproductive
- Fear is counter-productive

Part 2: Since God is for us, it does not matter who or what is against us.

## Part 3:

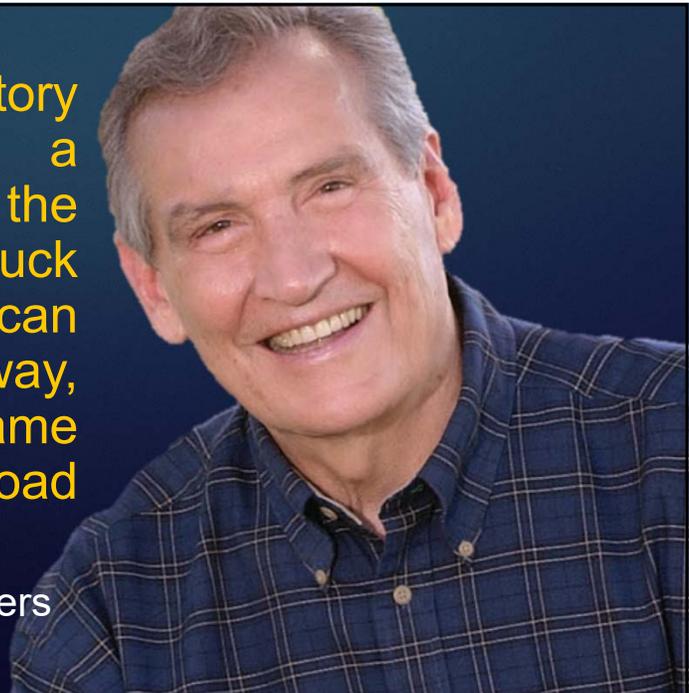
- Priorities are paramount
- Peace is a by-product
- Presumption is a pitfall
- Potential is in the present



For He knows our frame; He remembers that we are dust. Ps 103:14

“When a factory mechanic builds a truck, he knows the chassis of that truck and the load it can carry. In the same way, God knows your frame and He knows the load you can carry.”

Adrian Rogers



## Six practical steps to overcoming your fear:

### 1. Remember what God has done in the past.

**Ps 78:40-43** How often they provoked Him in the wilderness, and grieved Him in the desert! Yes, again and again they tempted God, and limited the Holy One of Israel. They did not remember His power; the day when He redeemed them from the enemy, when he worked His signs in Egypt ...



“And Moses said to the people, “Do not be afraid. Stand still, and see the salvation of the Lord, which He will accomplish for you today. For the Egyptians whom you see today, you shall see again no more forever.”

Ex 14:13

## 2. Remember that others are looking out for you.

- Angels – Hebrews 1:4
- Family
- Fellow believers

### 3. Learn contentment

- Contentment is a command

Phil 2:14-16 Do all things without complaining and disputing, <sup>15</sup> that you may become blameless and harmless, children of God without fault in the midst of a crooked and perverse generation, among whom you shine as lights in the world, <sup>16</sup> holding fast the word of life, so that I may rejoice in the day of Christ that I have not run in vain or labored in vain.

- Contentment is a learned discipline

**Phil 4:11-13** ... I have learned in whatever state I am, to be content: <sup>12</sup> I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. <sup>13</sup> I can do all things through Christ who strengthens me.

## 4. Confess your sin of doubt.

1 Jn 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

“Faith is getting a word from God and acting upon it. You see, you can get a word from God and believe that word. That is belief. But when you act upon it, that is faith. Faith is belief with legs on it.”

Adrian Rogers

Bridge illustration

## 5. Change your behavior where possible

**Phil 4:8-9** Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy – meditate on these things. <sup>9</sup> The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

## 6. Cast your cares on Jesus

**1 Pet 5:7** casting all your care upon Him, for He cares for you.

**1 Jn 4:18-19** There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. <sup>19</sup> We love Him because He first loved us.

**“We have no fear of someone who loves us perfectly.”** NIV

God's perfect love eliminates all fear. It is not our love for Him, but His perfect love for us that will cast out our fears.

The question isn't "Am I brave enough?" The question is "Do I trust His love enough?"

“If others in past centuries – and some even today – have reddened the mouths of lions, languished in prisons, and been scorched in the flames, can we not go out today, back to the school, back to the office, and live for Jesus Christ? God help us that we shall. In this evil hour, we’ll have revival when there are men and women, Christians with burning hearts, brimming eyes, and bursting lips, who fear nothing but sin and who love nothing but Jesus Christ.”

Adrian Rogers

