

Table Talk
Connection Group and Family Time
For the Week of May 31, 2020

Here's a suggested guide for your discussion.
Talk ... and see how God ministers to you, and through you.

Share your day/your week.
Pray for each other, and the needs of each other.

Let's not let the restriction time keep us from growing ...

What have you gained through the restricted event time?

How have you grown?

What has become obviously a priority to you? A new behavior?

Let's walk back through the Sunday message:

Time did not allow us to settle in 1 Kings 18, where Elijah's prophet-friends were hiding in caves.

Read the chapter together.

Discuss the relevance of that chapter to our lives today.\

Now, let's move on to chapter 19.

Pastor Dave taught about the value of

- Body
- Soul
- Spirit
- Serving Others

What's your main take-away?

What depletes you the most? How do you see it coming?

What are the restorative practices you have in your own life?

If you were to ask the group to pray for you for one thing, what would it be?

Remember ...

Catch the **Grow Zone** activities for children

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South Potomac Church

