

Miami J® & Miami Jr.® Simple Sizing

Use neck height, not patient size to determine collar size.

SPECIALTY SIZES: 40% of Population

200S
Super Short 10%

- 1 Does your patient have a kyphotic (chin-on-chest) neck?



- Kyphotic.
- Chin-on-chest.
- Geriatric.
- Osteoporotic and/or ankylosing spondylitic.

200L
Stout 15%

- 2 Does your patient have a very large neck circumference?



- Very large neck circumference.
- Obese.
- "No-neck."
- Massive shoulders.

250
XS 5%

- 3 Does your patient have a very short, thin neck?



- RARE**
- Very short thin neck.
 - Principally female.
 - More prevalent in the Asian population.
 - Rare.

500
Large 10%

- 4 Does your patient have a long, tall neck?



- Long, tall neck.
- "Swan neck."
- Young women.
- Adolescents.

STANDARD SIZES: 60% of Population

400
Medium 30%

- 5 Is your patient female?



- Female.
- Standard size for mature women.
- Thin, mature men.

300
Small 30%

- 6 All other adults.



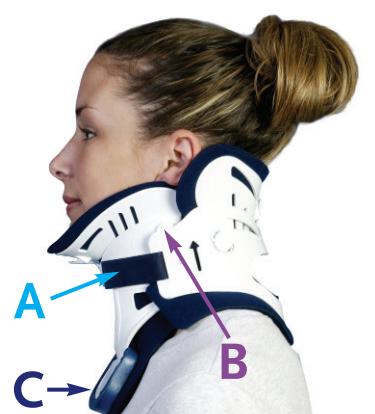
- Standard size for mature men.
- Short-necked women.

APPLICATION TIPS:

- Curl and wrap sides of anterior half of collar snugly to neck. Direct ends up toward ear and touch to neck.
- Velcro® straps must be symmetrically aligned - blue on blue. (see "A")
- Assess skin and check for redness each shift (while changing pads).
- Angulation Buttons (see "B") are adjustable to fine tune fit and relieve pressure (turn arrow in direction you want to slide, slide to new position, turn arrow horizontal to lock).

Front: Up to relieve chin tip pressure Back: Up to relieve occipital pressure
Down to relieve mandibular pressure Up for predominately supine patient.

- Sternal Pad (see "C") may be removed for eating, excessive swelling, or for sleeping comfort.



SKIN CARE TIPS:

- Change Sorbatex™ pads at least once per day, more often if damp or soiled.
 - Wash pads and plastic with mild soap and water.
 - Rinse thoroughly.
 - Roll pads in a towel to wring out excess water.
 - Lay pads flat to air dry.
- Wash skin.
- Check for redness.
- No powder.
- Order Replacement Pads prn.



If skin care breakdown is a concern, replace the back of the collar with the Occian™ Back.

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Life Without Limitations

OCCIAN™ BACK

An innovative design plus advanced materials equal an ocean of comfort and pressure distribution. Universally sized. Compatible with all Miami J collar fronts.



PEDIATRIC SIZES:

Patented design uniquely maintains airway and c-spine alignment of children during the growth transition from birth to adolescence. Always raise the child's thorax with the appropriate height padding to accommodate the occipital prominence. To ensure proper height, use the Occian™ AirWay PAD™.

- 7 Is your patient a child (12 years or under)?



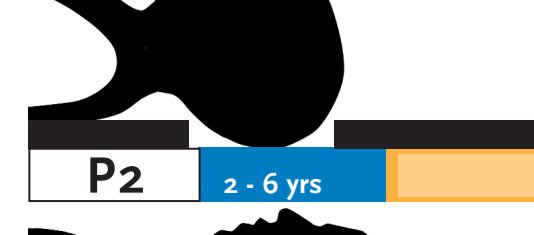
0 - 3 mos — Broselow Gray



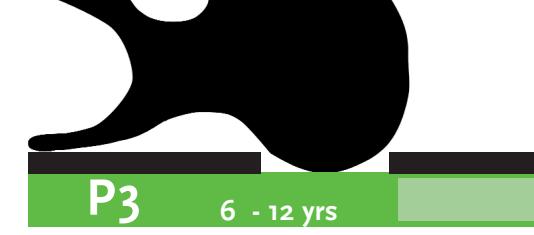
PO 0 - 6 mos



P1 6 mos - 2 yrs



P2 2 - 6 yrs



P3 6 - 12 yrs

* Pediatric sizes should be selected according to the Broselow-Luten System™ scale, or by patient age.