

OA / ARTHRITIS KNEE BRACE

Model No:

37-150

Medial Left/Lateral Right

37-151

Medial Right/Lateral Left

Sizes: XSmall - 3XLarge

Color: Beige

CARE INSTRUCTIONS: Close straps. Hand wash in cold water with mild soap. Wrap in towel to remove excess water (do not twist or wring). Air dry away from heat. Ensure completely dry before reapplying. Do not tumble dry. Do not use bleach.

HOW TO SIZE

Measure circumference four inches above the center of your kneecap. Specify medial right/lateral left or medial left/lateral right.

Size	Fits
X-Small	12 - 13"
Small	14 - 15"
Medium	16 - 17"
Large	18 - 19"
X-Large	20 - 21"
XX-Large	22 - 23"
XXX-Large	24 - 25"

INDICATIONS:

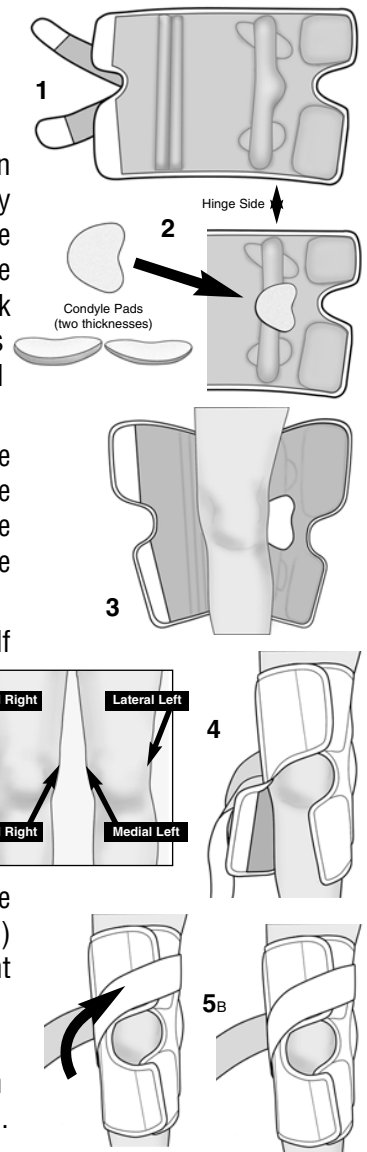
- Mild unicompartmental osteoarthritis
- Knee pain due to cartilage or meniscus deterioration
- Mild ligament instabilities
- Medial or lateral instability
- **Unilateral Hinge and Strapping Configuration** apply corrective force to offload the affected side of the joint
- **Wrap-Around, Patient-Friendly Design** is easy to apply to swollen, tender knees
- **Neoprene Provides Therapeutic Warmth** to soothe the aching joint
- **Interchangeable Condyle Pads** for day-to-day adjustment
- **Support Straps** allow for adjustable compression



APPLICATION INSTRUCTIONS:

1. Open adjustable straps and hook and loop closures.
2. The condyle pads supplied with this brace vary in thickness and are interchangeable depending on daily compression needs. Choose the condyle pad with the desired thickness and using hook, attach to the inside of the brace over hinge as shown (loop lining is hook compatible). Pad should be centered on hinge. It is recommended that a condyle pad always be used with the brace.
3. With leg fully extended, position brace behind the knee so hinge will end up on the affected side of the knee. **Lateral applications** will require a hinge on the outside of the knee. **Medial applications** will require a hinge on the inside of the knee.
4. Secure the hook and loop thigh closure, then calf closure. The neoprene should provide a comfortable amount of compression and should not feel constrictive. The kneecap should fall comfortably in the opening. **IMPORTANT:** Check hinge to ensure it is aligned with the center of the knee.
5. A) Pull lower calf strap up and at a diagonal across the front of the thigh and secure with hook and loop. B) Pull top thigh strap down at a diagonal across the front of the brace and secure with hook and loop by calf.

TO REMOVE BRACE: Open straps and hook and loop closures. Remember to check the hinge alignment with the center of the knee each time the brace is re-applied.



800-327-4110



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