



ORIGINAL CINCHER™ BACK SUPPORT

Model No: 2000

Sizes: X-Small - 3X-Large

Colors: Black, Tan, White

INDICATIONS:

- Lower back pain and discomfort
- Mild to moderate lumbar sprain
- Lumbar lordosis
- Muscle strain
- Postural support

SIZING:

Measure around upper hip and by dress size.

Size	Hip	Dress Size
X-Small	26 - 30"	4 - 6
Small	30 - 34"	6 - 8
Medium	34 - 38"	10 - 12
Large	38 - 42"	14 - 16
X-Large	42 - 46"	18 - 20
XX-Large	46 - 50"	20 - 22
XXX-Large	50 - 55"	22 - 26

*U.S. Patents 5,537,690
& 5,765,224*

The patented Cincher™ is fully constructed and engineered with high density Power Mesh, wide elastic triple side pulls and vertical support elements that add compression to those areas in the female form that are the most sensitive to stress and damage in the lower back. Because the Cincher™ is designed to fit women's hourglass curves, it feels comfortable, stays in place and supports extremely well. The Cincher™ is simple to fit and easy to adjust while in use.

FEATURES & BENEFITS:

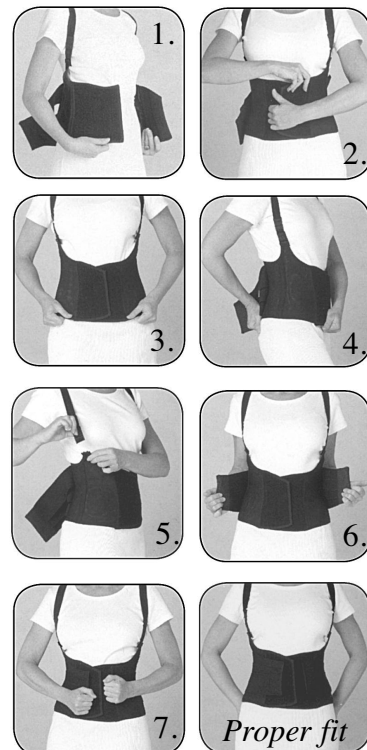
- Engineered to fit women's bodies.
- Emphasizes spinal alignment through compression to the abdomen/lower back.
- Adjustable shoulder straps accommodate different upper body lengths.
- Totally machine washable. Designed to be worn either on top of or under clothing.
- Easy to fit and adjust to individual body types. Stays in place during use.
- The Cincher™ evenly distributes weight-bearing load in the lumbar spine. Stabilizes lumbar vertebrae during axial load, preventing hyper extension and easing strain on low back muscles. Effectively reduces lumbar lordosis.
- Available in Black, Tan or White.



APPLICATION INSTRUCTIONS:

To maximize comfort and support, wear the Cincher™ 20-30 minutes in the beginning to let the body adjust to the new posture changes. The Cincher™ provides support, shape and control of the lower back.

1. Release all hook and loop-style closures. Slip the Cincher™ over the shoulders, pulling the arms through just as you would put on a vest.
2. Overlap the right panel over the left panel snugly and comfortably, securing the fit at the center.
3. Grasping the bottom of the Cincher™, pull down firmly in the front. The Cincher™ should fit approximately 4-5" below natural waistline.
4. Grasping the bottom of the Cincher™, pull down firmly in the back. Make sure you feel the support on your lower back.
5. Adjust the shoulder straps on each side - shorten or lengthen as necessary for proper fit, without putting pressure on the shoulders.
6. Centering the elastic support bands on each side of the Cincher™, secure them in a snug and comfortable position on the center front loop panels.
7. Loosen for tighter control and tighten for maximum control. Belt should be worn tight around lower back and upper hip region.



800-327-4110



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