



Five shades of autumn red

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I love crunchy yellow and orange leaves, frosty mornings, and the smell of the cool fall air. And red wine. As winter approaches, I always find myself turning to red wines for pairing with fall's heartier foods. From lighter styles such as Gamay to the bigger, bolder red blends, here are five to seek out now.

Buena Vista Winery 2014 Sonoma Zinfandel

(Sonoma, Calif., U.S.)

I love introducing red wine fans to Zinfandel. If they've never had it before, they invariably love it. This well-priced example from Sonoma has those typical cola, dark chocolate and ripe dark fruit notes. Juicy and easy to drink, it's a natural pairing for ribs and a football game.

Buena Vista was started in 1857 by one Agoston Haraszthy, who left Eastern Europe in search of gold in California. The first sheriff of San Diego, he died in a crocodile-filled river in Nicaragua in 1869, but the winery continues, keeping his dreams alive. And the price of the wine? About \$25.