

Best mother-daughter getaways, which Grandma can join too!

10/26/2015

Family holidays are precious, right? As is the time spent with our leading ladies. So with multi-generational travel on the rise, here are the best grandmother-mother-daughter holiday ideas.

The Winery Walkabout

Good food, good wine, good times! Nourishing your soul and tastebuds with world-class fare is a truly indulgent way to travel with your nearest and dearest.

From Tuscany in Italy to New Zealand's Hawkes Bay region, exploring the world's tastiest food and wine haunts involves more than just gulping and munching.

Festivals, classes, events and a rather tempting shopping scene all seem to coincide with major food and wine regions, making a gourmet escape a varied experience the whole family can enjoy.

Our favourite:

Regarded as the USA's premier wine region, Napa Valley is home to over 400 wineries (95% of which are family owned) and more than 125 restaurants (which have earned more Michelin Stars per capita than any other wine region in the world), making it a popular destination for wine-lovers and foodies alike.

Go during Cabernet Season between November and April, when the pace slows down, the vines become dormant and local chefs offer heartier meals that pair rather perfectly with Napa Valley's iconic Cabernet Sauvignon.

Beyond the usual wine tasting experiences (and let's face it, there's no shortage of them here), you and your assemblage of ladies can get hands on with DIY wine blending classes at local wineries such as Raymond Vineyards (from \$100 per person) and Judd's Hill Winery (from \$95 per person).