

PRAC	TICE SCHE	DULE
FRIDAY	CLASS	SATURDAY
1:00-1:25 PM	14 & UNDER CRUISERS BOYS & GIRLS	7:30-7:55 AM
1:25-1:50	15 & OVER CRUISERS MEN & WOMEN	7:55-8:20
1:50-2:15	7 & UNDER BOYS & GIRLS 20"	8:20-8:45
2:15-2:40	8-10 BOYS & GIRLS 20"	8:45-9:10
2:40-3:05	11-13 BOYS & GIRLS 20"	9:10-9:35
3:05-3:30	14-16 BOYS & GIRLS 20"	9:35-10:00
3:30-3:55	17-35 MEN & WOMEN 20"	10:00-10:25
3:55–4:20	36 & OVER MEN & WOMEN 20"	10:25-10:50
4:20-4:45	PROS	10:50-11:15



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## **Friday**

Friday Sign Ups: 1:00 - 3:30 pm Balance Bike: 5:00 pm Friday Race Begins: 5:00 pm

## Saturday

Saturday Sign Ups: 7:30 - 9:30 am Saturday Race Begins: 11:30 am Balance Bike: 11:30 am

## Sunday

Sunday Race Begins: 8:00 am No Sign ups / No practice