



Unrivalled Care and Support in the
South West

OUR SERVICES

Certified



Corporation

(+44)01173 790048 | www.bestlife.org.uk | hello@bestlife.org.uk

WHO WE ARE



“I WISH WE’D HEARD OF YOU EARLIER AND AM REALLY THANKFUL FOR THE LOVELY DIFFERENCE THEY’VE MADE.”
-JUSTIN, SON OF PEGGY

We are dedicated to providing unparalleled local support and brightening the lives of adults after injury, diagnosis, and for older adults seeking to embrace life to the fullest. Unlike traditional care, we offer in-home companionship care, a day club service across a number of venues, and care home activity coordinator advice focused on promoting joy, fostering community, igniting vibrancy, and empowering independence. We operate across Bristol, Bath, South Glos, N. Somerset, Wiltshire & a growing number of surrounding areas.

Our founder, Emma Doney, lost her grandmother to Alzheimer’s after an undignified stay in an expensive care home which was short of staff. Emma often found her grandmother asleep in a circle of chairs in the middle of the day in a dimly lit room with little in the way of stimulation. Her independence had been stripped away. Having lost her mother to leukaemia aged 9, Emma and her nan were particularly close.

OUR MISSION AND VISION

As an aspiring local voice in UK Health & Social Care, we want to promote the Best Life for every UK adult after injury, diagnosis and in later life with joy, vibrancy, community & dignity at the centre of everything we do.

From personalised local support, to engaging activities and meaningful social interactions, we prioritise our clients' and their carers' well-being and happiness above all else. With Best Life, you'll find a supportive community that feels like family - a place where you can truly be yourself and pursue your passions with confidence.



WHY CHOOSE US ?



Proudly Local: Supporting Best Life means supporting a local business dedicated to creating jobs and making a difference in the community. With strong ties to Bristol, we actively contribute to local initiatives, uphold the National Living Wage, and are proud members of the Bristol Dementia Action Alliance (Gold Award).



Ethically Driven: As an applying BCorp-accredited company, we are committed to doing business the right way - putting people and the planet first. From community projects to charitable partnerships, our ethical values guide everything we do. Our staff retention is high for good reason.

Best Life Companions (formally Adorno)

Reviews 17 • Excellent



✓ VERIFIED COMPANY

Unparalleled Quality: With 5-star reviews on Trustpilot and a team of long-standing, passionate staff, we deliver exceptional, trusted services. Our founder's invitation to the Queen's Royal Garden Party, our Mayor's award for community service as well as our BBC Local Heroes award are a testament to our award-winning commitment to excellence.



**“OUR FAMILY FEEL MUM
IS IN A CALM AND
CARING ENVIRONMENT.”**

- MRS TAYLOR



COMPANIONSHIP



OUR VISITS ARE TAILORED TO YOUR NEEDS AND INTERESTS, ENCOMPASSING A WIDE RANGE OF ACTIVITIES INCLUDING:



- Gentle walks
- Hobby encouragement
- Laundry
- Welfare checks
- Companionship
- Post hospital support
- Admin support
- Medication prompts
- Gardening
- Home help
- Light housework
- Transportation
- Companionship
- Exploring local area or further
- Meal planning and preparation
- Shopping trips and errands

COMPANIONSHIP



HOW DOES IT WORK?

Our Companions offer support 08:00 - 18:00,
Monday - Friday

Minimum visit time of 2 hours

Minimum of one visit per week

Expenditure and mileage limits can be set

We invoice one month in arrears

Direct Debit available

First month treated as a trial

Funding is often available via Direct Payment or Attendance Allowance,
please enquire for more information



"Mum is 96 & she really looks forward to her mornings with M, who is fantastic"

- Gillian

COMPANIONSHIP



READY TO TAKE THE NEXT STEP?



Our Companions offer support 08:00 - 18:00, Monday - Friday Minimum visit time of 2 hours Minimum of one visit per week Expenditure and mileage limits can be set We invoice one month in arrears Direct Debit available First month treated as a trial Funding is often available via Direct Payment or Attendance Allowance, please enquire for more information

DAY CLUBS



Our Day Clubs are a welcoming and vibrant community hub dedicated to providing support and companionship for individuals living with memory loss. We operate across multiple locations in Bristol, South Glos and surrounding areas. The first 4 hour taster session is completely free of charge including lunch.



DAY CLUBS

ENGAGING ACTIVITIES AWAIT YOU EACH WEEK,
RANGING FROM:

- Music
- Chair-based exercise and sport
- Arts and crafts
- Board games
- Lively discussions over coffee and lunch
- Live performances by visiting musicians
- Participate in intergenerational activities with local preschoolers
- Anticipate exciting day trips to places of interest. Previous trips have included boat tours, museum days, dockyard visits and picnics


THE **BEST** Life
CLUB



DAY CLUBS

HOW DO WE WORK?

 Online Booking Form

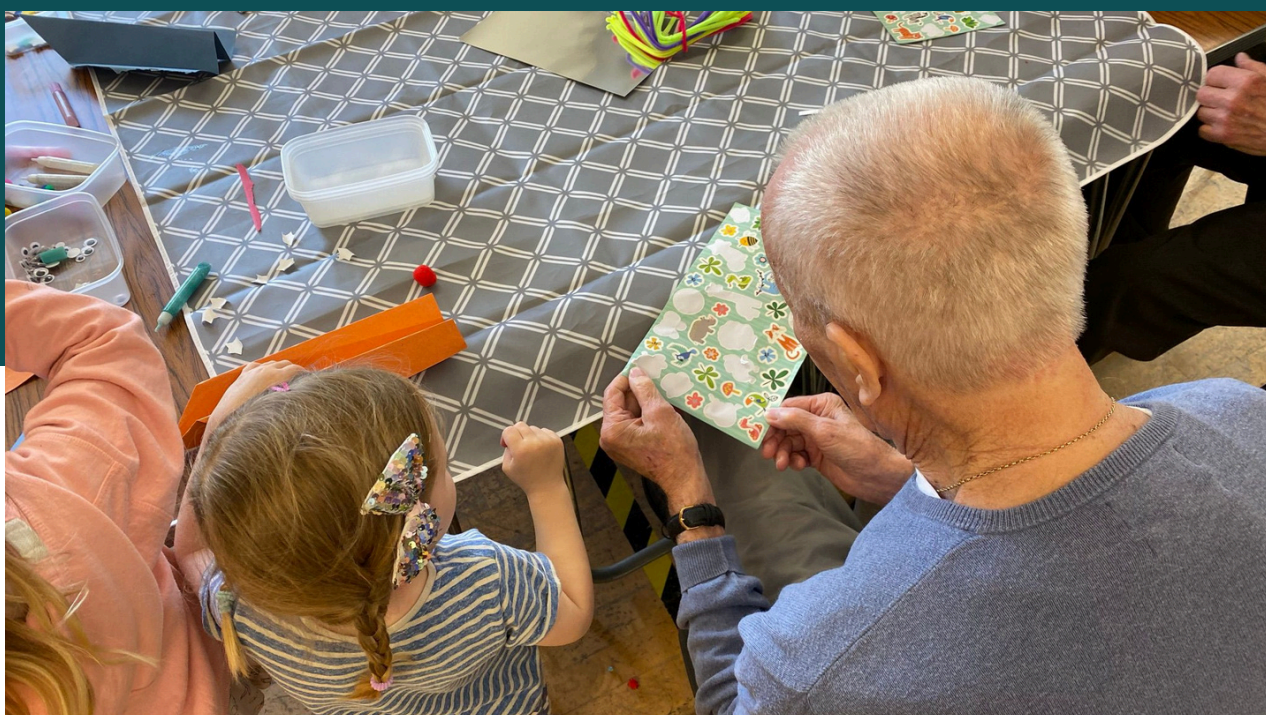
 2-course hot healthy lunch included

 All resources and activities included

 Direct Debit Payment

Please see our Booking Terms for reference.





**“IT IS AN OUTSTANDING
SERVICE AND ALSO
PROVIDES A BREAK FOR
MY FATHER.”**

-SANDRA



"These calls are so good a fab reminder for mum that has dementia. If she doesn't answer I get a message & can check on her, giving me peace of mind." - S



Our Prompt & Protect Technology Service. Best Life Care Calls is a revolutionary service aimed at promoting independence and well-being for vulnerable adults. The service will provide regular, compassionate telephone check-ins, offering much-needed support for individuals wishing to maintain autonomy while receiving emotional, social, and practical care.

CareCalls provides the following services:



One-off reminder: Free, allows a single reminder call with a personalised message. If no response, an SMS alert is sent to one contact.

Repeat check-ins/reminders: £12/month, offers daily or weekly reminders with alerts to up to 3 people if there's no response. A 30-day free trial is included, and costs may be partially covered for eligible customers.



At Best Life, our ethos is simple yet powerful: we believe in the importance of maintaining dignity, fostering independence, and supporting community engagement for vulnerable adults. This new service extends our mission to improve lives after injury, illness, or in later years by offering consistent, person-centred care tailored to each individual's needs.



CARE HOME SUPPORT

Care Home Activity Coordinator Consultancy and Advisory Service

At Best Life, we specialise in empowering care homes to deliver exceptional activity programs that promote well-being, engagement, and connection. Our Activity Coordinator Consultancy and Advisory Service is tailored to help you design and implement dynamic and impactful activities that meet the unique needs of your residents. Through six one-hour consultancy sessions, delivered over six weeks, we provide expert guidance, strategic advice, and innovative solutions to enhance your care home's activity offerings. Rates start at just £45 per hour. Together, we can create a thriving, joyful environment for your residents.



CARE HOME SUPPORT

Care Home Activity Sessions

At Best Life, we deliver dynamic Activity Sessions in care homes, starting at just £45 per hour. We are able to organise a taster session for free. Our flexible approach ensures we bring the fun directly to your residents by moving from room to room, eliminating the need for clients to gather in one place.

From nostalgic dance sessions to brain-boosting trivia or creative crafts that inspire artistic flair, our activities cater to everyone's interests. At Best Life, we're not just enriching moments—we're transforming every day into a celebration of joy and engagement!



OUR CHARITABLE ARM



Life is not measured by the number of breaths we take, but by the moments that take our breath away."

– Maya Angelou

Surveys suggest that 61% of UK adults have a bucket list, but only 22% believed they are likely to complete it. We Are Granting Our Clients and Their Unpaid Carers' Wishes, But We Need Your Help

Our charitable wish-granting Community Interest Company (CIC), Best Life Wishes, was established as a natural evolution of our successful internal Make A Wish Initiative. The passion and dedication that fuelled our original initiative inspired us to create a broader platform where we could expand our efforts to make even more dreams come true.

Our approach begins by collaborating closely with our clients to carefully craft a personalised wish that resonates deeply with their hopes and desires. Once a wish is defined, our dedicated team works tirelessly behind the scenes to bring it to life. Leveraging the strength of our extensive network, we reach out to partners, supporters, and community members who share our vision of making dreams come true. From coordinating with local businesses and volunteers to managing every detail of the wish project, our team handles all aspects with care and precision.

At Best Life Wishes, our mission is not just about fulfilling wishes; it's about creating unforgettable experiences that leave a lasting impact on the lives of those we serve. We believe that every person deserves the opportunity to experience joy, fulfilment, and a sense of accomplishment, and we are dedicated to making that happen through our heartfelt work.



Certified



Corporation

Best Life



01173 790048



www.bestlife.org.uk



hello@bestlife.org.uk