

Guts & Grace RETREATS



Women's Leadership Retreats

Getting out of our daily routines enables us to think more boldly, creatively and strategically. Taking time to connect, express, move and play boosts resilience that can fuel our effectiveness back at work. Guts & Grace custom women's leadership retreats are designed with you, for the women in your organization, industry or community who want to kick-start their leadership and impact this year.

FLEXIBLE DESIGN OPTIONS:

- **HALF-DAY VIRTUAL** – hosted on zoom, brings one core theme to life through mindfulness, thought provoking questions and small group conversation
- **HALF-DAY OR FULL DAY LIVE** – onsite or offsite, packed with engaging activities, intimate reflection time and meaningful group dialog
- **CUSTOM LIVE** – co-design a 2+ day offsite experience that goes deep to meet your group's unique needs and desires

Benefits:

- Replenish energy
- Rekindle meaningful relationships
- Explore challenging topics
- Think differently
- Have (so much) fun

RETREATS ARE LONG. WHO HAS THE TIME?

We know that micro-learning is trending. Yet we've consistently found that much longer sessions enable the learner to fully open to new possibilities and integrate real change – providing these sessions are dynamic, engaging and make masterful use of your group's precious time. This year we are doubling down on our longer, in-person offers because our clients have been hungry for time to connect with others, and themselves.

We've seen incredible results. We'd love to share this magic this old-fashioned magic with you!

FACILITATOR BIO



LeeAnn Mallorie, MAPP, MSC is a certified executive coach and trainer who specializes in helping women leaders face bottom-line challenges while combating both meaning depletion and burnout. She began her career in traditional consulting, working with teams from around the globe. Yet she soon found something was missing—the body. Today, LeeAnn introduces unique approaches and more diverse values into business strategy, as the keystone to solving some of our stickiest problems. Her Guts & Grace program bridges the gap between the hard-driving logical mind and the ancient wisdom of the soul, for client result that last.



This is the most unusual leadership development work I've seen – in a good way! I am grateful my company invested in helping individuals look deep within themselves for the unique elements that hold us back, so we can truly help shape the future of our company. If you are open to the process, you will be inspired by what you find within yourself.

DONNA - Regional Vice President, Sales, UNANET

PREVIOUS CLIENTS:

