



2015 Big West Track & Field



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Twenty-Two Big West Athletes Head To Oregon For Nationals: Sending the largest combined men's and women's contingent since 2007, the Big West will bring 22 representatives to Eugene, Oregon, for the 2015 NCAA Division I Outdoor Track and Field Championships at Historic Hayward Field.

The contingent is evenly split as 11 men and 11 women will compete in 17 events on the University of Oregon campus. Oregon is hosting the event for the third straight year and 13th time in meet history. A variety of the action will be broadcast across the ESPN family of networks on ESPN, ESPN2, ESPNU and ESPN3. The 22 Big West representatives qualified for nationals based off of performances at the West Prelims last weekend in Austin, Texas.

A handful of competitors will be making repeat appearances at the national meet. Long Beach State junior Willie Alexander is participating in the NCAA Championships for the third time, his first in the triple jump. Alexander competed in the long jump in each of the last two years, and was the national runner-up in 2014. CSUN senior Carl Horsley will run the 100- and 200-meters in a repeat of 2013, while Long Beach State senior Chris Low will attempt to earn his second consecutive All-American citation in his signature event – the 800 meters. On the women's side, UC Davis senior Raquel Lambdin will appear at nationals in the 1,500 meters for the second straight year, as will the CSUN 4x100 relay team.

Big West Records Broken At NCAA West Prelims: Two long standing Big West records were broken at last weekend's NCAA West Prelims in Austin, Texas. CSUN senior Carl Horsley obliterated his own school record and rewrote the Big West history book in the 100 meters. Horsley, running out of lane 6 in heat 4, ran a blistering 10.03 in the opening round of the 100 for the third-fastest time among 48 sprinters. Horsley's performance removed Cal Poly's Kaaron Conwright from the No. 1 spot in the Big West record book. Conwright ran a 10.07 in 2000.

A 32-year old conference record also was wiped out on the final day of competition at Mike A. Myers Stadium on the University of Texas campus. The Long Beach State 4x400 relay team comprised of Dylan McCloskey, Cameron Glasgow, Michael Perez-Rogers and Jahmani Lockett posted a time of 3:06.20, outpacing host Texas to finish third in their heat and 11th overall. The performance removed the 1983 San Jose State quartet of Robinson, Decatur, Armstrong and Holloway from the top spot. That foursome set the previous record of 3:06.50 in 1983.

Sicard Lowers School Record in 110 Hurdles: One of the favorites to bring home a national championship from Oregon is UC Irvine sophomore Lloyd Sicard. A school record holder in the 110 meter hurdles, which he set on May 2 in 13.79 seconds at the adidas/Steve Scott Invitational, Sicard shattered that mark at the West Prelims in a scorching 13.60 seconds. He won his heat and finished second overall with the effort, and he heads into the NCAA Championships seeded second in the event.

Low, Alexander Seek All-American Status Again: Long Beach State is sending a conference-high seven representatives to this year's NCAA Championships. Senior Chris Low and junior Willie Alexander seek to achieve All-American First Team status for the second straight year. Low became the school's first-ever All-American in the 800-meters after finishing seventh in a time of 1:48.28 at last year's national meet. Alexander was the national runner-up in the long jump, soaring to a mark of 25-04.50 on his first attempt. After appearing at the NCAA's in the long jump in each of his first two years with the 49er program, Alexander is now looking to make history in a different event – the triple jump.

Two Athletes Represent Big West In Women's 1,500: The lone event featuring two Big West participants will be the women's 1,500-meters. Cal Poly junior Ashley Windsor and UC Davis senior Raquel Lambdin are contenders for gold. Windsor finished third overall in the quarterfinals of the West Prelims with the third-fastest time in school history (4:15.90), while Lambdin was fourth in her heat in 4:18.62. Lambdin is appearing at the NCAA's in the 1,500 for the second consecutive year.

National Marks Posted By Big West Athletes: Big West representatives have populated the national top 25 in various events, according to the latest TFRS rankings. UC Davis senior sprinter Ashley Marshall is the highest ranked Big West athlete – men or women – in any event. She posted a time of 11.22 at the Mt. SAC Relays on April 16 that ranks No. 9 nationally. Long Beach State junior Michael Montgomery established the No. 12 mark in the NCAA when he posted a lifetime-best of 17-09 to take gold at the Big West Championships on May 15. A total of seven Big West athletes are ranked in the national top 25 in eight events.

NATIONAL TOP 25 RANKINGS MEN (Big West only)

Event	Name	School	Time/Mark	Rank	Meet	Date
800M	Chris Low	LBSU	1:47.56	No. 20	Stanford Invitational	4/3
Long Jump	Willie Alexander	LBSU	25-05.50	No. 17	Big West Championships	5/15
Pole Vault	Michael Montgomery	LBSU	17-09.00	No. 12	Big West Championships	5/15
Javelin	Thomas Gore-Schreck	UCSB	234-3	No. 17	Big West Challenge	4/10

NATIONAL TOP 25 RANKINGS WOMEN (Big West only)

Event	Name	School	Time/Mark	Rank	Meet	Date
100M	Ashley Marshall	UCD	11.22	No.9	Mt. SAC Relays	4/16
200M	Ashley Marshall	UCD	23.18	No. 24	Mt. SAC Relays	4/16
Shot Put	Breana Jemison	UCR	54-03.25	No. 24	Triton Invitational	4/24
Hammer	Monique Griffiths	CSUN	204-06	No. 19	Big West Championships	5/15

Upcoming Schedule

NCAA DIVISION I TRACK & FIELD CHAMPIONSHIP HAYWARD FIELD • EUGENE, OREGON

Wednesday, June 10

Field Events

Men's Hammer (Final) 1:30 pm
Albert Hughes, UC Santa Barbara

Men's Pole Vault (Final) 4:00 pm
Michael Montgomery, Long Beach State

Men's Javelin (Final) 5:00 pm
Thomas Gore-Schreck, UC Santa Barbara

Track Events

Men's 110 Hurdles (Semifinals) 5:02 pm
Lloyd Sicard, UC Irvine

Men's 100 Meters (Semifinals) 5:16 pm
Carl Horsley, CSUN

Men's 400 Meters (Semifinals) 5:30 pm
Cameron Glasgow, Long Beach State

Men's 800 Meters (Semifinals) 5:54 pm
Chris Low, Long Beach State

Men's 200 Meters (Semifinals) 6:24 pm
Carl Horsley, CSUN

Men's 4x400 Relay (Semifinals) 7:28 pm
Long Beach State (McCloskey, Glasgow, Perez-Rogers, Lockett)

Thursday, June 11

Field Events

Women's Hammer (Final) 1:30 pm
Monique Griffiths, CSUN

Women's Long Jump (Final) 5:15 pm
Danielle Littleton, UC Riverside

Women's Shot Put (Final) 5:40 pm
Alex Porlier-Langlois, Hawai'i

Track Events

Women's 4x100 Relay (Semifinals) 4:00 pm
CSUN (Vines, Dirks, Lambert, Veale)

Women's 1500 Meters (Semifinals) 4:14 pm
Ashley Windsor, Cal Poly
Raquel Lambdin, UC Davis

Women's 400 Meters (Semifinals) 5:30 pm
Jessica Johnson, UC Santa Barbara

Friday, June 12

Field Events

Men's Triple Jump (Final) 4:30 pm
Willie Alexander, Long Beach State

Saturday, June 13

Field Events

Women's High Jump (Final) 1:30 pm
Danielle Bryan, Cal Poly

2015 NCAA WEST PRELIMINARY ROUND RESULTS • AUSTIN, TEXAS • MIKE A. MYERS STADIUM

Big West Athletes Advancing To NCAA Championships

Thursday, May 28

Field Events

Name	School	Event	Mark	Note
Monique Griffiths	CSUN	Women's Hammer	206-04	Finished in seventh place and improved upon her own school record of 204-06.
Danielle Littleton	UC Riverside	Women's Long Jump	20-04.50	First Big West competitor to appear at nationals in long jump going back to at least 2001.

Friday, May 29

Field Events

Name	School	Event	Mark	Note
Albert Hughes	UC Santa Barbara	Men's Hammer	208-03	Finished in 12th place to nab the final qualifying slot for nationals.
Danielle Bryan	Cal Poly	Women's High Jump	5-10.00	Career-best mark to tie for 11th. Fourth Mustang high jumper in nationals since 2005.

Track Events

Name	School	Event	Time	Note
Cameron Glasgow	Long Beach State	Men's 400 Meters	46.61	Placed third in his quarterfinal heat to automatically qualify. Has run six straight sub-47 races.
Jessica Johnson	UC Santa Barbara	Women's 400 Meters	52.93	Ran the second sub-53 second race of her career, finishing third in her quarterfinal heat.
Carl Horsley	CSUN	Men's 100 Meters	10.18	Second NCAA appearance in the 100 for Horsley.
Chris Low	Long Beach State	Men's 800 Meters	1:48.28	First-team All-American in the 800 in 2014. Had seventh-fastest time in quarterfinals this year.

Saturday, May 30

Field Events

Name	School	Event	Mark	Note
Thomas Gore-Schreck	UC Santa Barbara	Men's Javelin	221-02	Posted 11th place finish on his first throw. First Gaucho to go to NCAA's in javelin since 2007.
Michael Montgomery	Long Beach State	Men's Pole Vault	17-06.50	One of 11 vaulters to clear the 17-06.50 mark to punch his ticket to Eugene.
Alex Porlier-Langlois	Hawai'i	Women's Shot Put	52-01.75	First shot put thrower to qualify for nationals since the 1974 AIAW Championships.
Willie Alexander	Long Beach State	Men's Triple Jump	51-11.00	Recorded season-best 51-11.00 on final jump to finish third overall.

Track Events

Name	School	Event	Time	Note
Le'Shel Vines Samantha Dirks Lexis Lambert Marie Veale	CSUN	Women's 4x100 Relay	44.64	Second straight nationals appearance. Finished with eighth-best time.
Ashley Windsor	Cal Poly	Women's 1500 Meters	4:15.90	Third-fastest time in school history and finished third overall in quarterfinals.
Raquel Lambdin	UC Davis	Women's 1500 Meters	4:18.62	Came in fourth in her heat to qualify for her second straight nationals appearance.
Lloyd Sicard	UC Irvine	Men's 110 Hurdles	13.60	Finished first in his heat, second overall, and broke own school record in 13.60.
Carl Horsley	CSUN	Men's 200 Meters	20.70	Lowered school record with sixth-fastest time overall, finished third in heat one.
Dylan McCloskey Cameron Glasgow Michael Perez-Rogers Jahmani Lockett	Long Beach State	Men's 4x400 Relay	3:06.20	Broke 32-year old Big West record of 3:06.50 owned by San Jose State.

Big West Track & Field Athletes of the Week

Track Athlete of the Week - Male

Date	Athlete, School	Yr.	Event(s)
3/10	Cameron Glasgow, Long Beach State	Sr.	200m, 4x100 & 4x400 relay
3/17	Alex Grigoriev, UC Davis	So.	800m
3/24	Lloyd Sicard, UC Irvine	So.	110m & 400m hurdles
3/31	Michael Perez-Rogers, Long Beach State	Jr.	400m, 4x100m relay
4/7	Seth Totten, UC Riverside	Sr.	5,000m
4/14	Michael Koger, UC Riverside	Jr.	400m hurdles, 4x400 relay
4/21	Lloyd Sicard, UC Irvine	So.	110m
4/28	David Namnath, Cal Poly	Sr.	400m hurdles
5/5	Lloyd Sicard, UC Irvine	So.	110m & 400mH, 4x400 relay
5/12	Andrew Farkas, UC Santa Barbara	Sr.	800m

Track Athlete of the Week - Female

Date	Athlete, School	Yr.	Event(s)
3/10	Janaya Shorty, Cal State Fullerton	So.	100m, 200m, 4x100 relay
3/17	Raquel Hefflin, UC Riverside	Sr.	1,500m
3/24	Raquel Hefflin, UC Riverside	Sr.	800m, 1,500m
3/31	Faith Makau, UC Riverside	So.	800m
4/7	Erika Barr, UC Davis	Jr.	1,500m, 3,000m steeplechase
4/14	Raquel Hefflin, UC Riverside	Sr.	800m, 4x400 relay
4/21	Raquel Lambdin, UC Davis	Sr.	800m
4/28	Danielle Littleton, UC Riverside	Sr.	100m hurdles
5/5	Cekarri Nixon, UC Davis	Sr.	200m, 400m, 4x100 & 4x400 relay
5/12	Tori Tsohis, UC Santa Barbara	Jr.	1,500m

Field Athlete of the Week - Male

Date	Athlete, School	Yr.	Event(s)
3/10	Thomas Gore-Schreck, UC Santa Barbara	Sr.	Javelin
3/17	Jake Fraser, Long Beach State	Sr.	Shot Put, Discus
3/24	Ryan Sanders, Long Beach State	Sr.	Triple Jump
3/31	Albert Hughes, UC Santa Barbara	Sr.	Hammer
4/7	Thomas Gore-Schreck, UC Santa Barbara	Sr.	Javelin
4/14	Thomas Gore-Schreck, UC Santa Barbara	Sr.	Javelin
4/21	Victor Martin, Long Beach State	Sr.	Shot Put, Discus
4/28	Victor Martin, Long Beach State	Sr.	Shot Put
5/5	Mason Miller, UC Irvine	Sr.	Shot Put
5/12	None		

Field Athlete of the Week - Female

Date	Athlete, School	Yr.	Event(s)
3/10	Breana Jemison, UC Riverside	So.	Shot Put, Discus
3/17	Danielle Littleton, UC Riverside	Sr.	Long Jump, 100m Hurdles
3/24	Jessica Flores, Cal State Fullerton	Jr.	Hammer
3/31	Danielle Littleton, UC Riverside	Sr.	Heptathlon
4/7	Jessica Emde, UC Santa Barbara	Jr.	High Jump
4/14	Breana Jemison, UC Riverside	So.	Shot Put, Discus
4/21	Danielle Littleton, UC Riverside	Sr.	High Jump
4/28	Deja Watkins, UC Riverside	Sr.	Discus, Hammer
5/5	Ariel Cheng, UC Irvine	So.	Pole Vault
5/12	None		