

## 2013 Big West Track & Field



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Ten Big West Athletes Head To Eugene For NCAA Championships: Ten Big West athletes converge upon the University of Oregon's historic Hayward Field for the 2013 NCAA Outdoor Track and Field Championships this week.

The four days of competition in Eugene run June 5-8 with ESPNU/ESPN3 broadcasting the majority of the meet. The 10 Big West representatives are making their appearances at the national championship after qualifying at the West Prelim Meet at the University of Texas May 23-25.

UC Davis and UC Riverside lead the Big West contingent with three individuals apiece competing in various events.

UC Davis senior Lauren Wallace leads off the action Wednesday in the 800 meters. Wallace, the school record holder and Big West champion in the event, ranks fifth in the nation with a time of 2:03.39 at the conference championship meet on May 11. She will race in the first of three semifinal heats of the 800 at 4:30 p.m. Wallace owns the second-fastest seed mark in her race, trailing only LSU's Natoya Goule who went 2:01.04 at the East Regional. The top two from each heat plus the next two fastest times will advance to Friday's final at 5:20 p.m.

UC Santa Barbara senior Jennifer Carey is next to take the track in the 400 meters at 5:00 p.m. Carey ran a 52.72 in the West Prelims to qualify for nationals, owning the fifth-fastest mark in the first of three semifinal heats. She achieved a career-best 52.29 at the Big West Championships. The women's 400 finals are scheduled for Friday at 5:55 p.m.

Ashley Marshall, the 2013 Big West Women's Track Athlete of the Year, is the first Aggie sprinter to reach nationals after qualifying in the 100 meters. Like the others, she seeks to finish within the top two of her heat or hold one of the next two fastest times to make the finals. Marshall will run in the third semifinal race at 5:30 p.m. She broke the conference meet record with an 11.34, a mark that also ranks her 16th nationally. The 100 finals are at 5:00 p.m. on Friday.

The top Big West men's sprinter concludes day one activity in Eugene at 5:45 p.m. in the 100 meters. Cal State Northridge junior Carl Horsley will appear in the first of three heats in lane three. He ran a school record 10.23 in the Preliminary Round of the regional meet two weeks ago. Should he advance to the finals, he would compete on Friday at 5:10 p.m. Horsley is the only Big West athlete to qualify for two events at the national championships. He makes his 200 debut on Thursday at 4:15 p.m. after running a 20.79 seed time at the West Prelims. Horsley, who ran a school record 20.73 in the preliminary round of the regional meet, will race in the first of three heats. In the event Horsley reaches the final eight in the 200, he would run again on Saturday at 2:50 p.m.

UC Riverside senior Ted Hooper and Long Beach State freshman Willie Alexander are the first Big West representatives to participate in a field event competition. The two begin their quest for a national title in the long jump Thursday at 4:30 p.m. Twenty-four athletes are split up into two flights with the top nine advancing to the finals. Hooper and Alexander are stationed in the second flight. Hooper has the third-best seed mark in his flight as he jumped 25-06.75 to finish fifth overall at the regional meet. Hooper's career-best mark of 25-8 took place at the Big West Championships three weeks ago. Alexander paved his way to Eugene with a personal-best clearance of 24-11.25.

Highlander senior Damajeria Dubose takes the track for her signature event – the women's 1,500 – on Thursday at 4:30 p.m. Dubose clocked a career-best time of 4:20.04 to qualify for nationals. She must finish in the top five of her heat or place among the next two fastest times to reach Saturday's 2:19 p.m. final.

UC Davis sophomore Katie Fry rounds of the list of Big West representatives competing on Thursday as she battles in the women's 3,000 meter steeplechase. Among the 24 competitors in the race, she is one of only six to have run under 10 minutes. Fry's school record 9:58.97, which she set at the West Prelims, is the third-fastest seed time in her race. The top five from each heat plus the next two fastest times advance to Saturday's finals at 2:57 p.m.

Only one Big West athlete is assured of competing on Friday. Hawai'i senior Amanda Alvarez chases her dream of a national title in the women's triple jump. She will compete in the first of two flights, each comprised of 12 jumpers. The top nine jumps will advance to the finals. Alvarez is ranked No. 14 nationally as she cleared a career-best 42-9.5 on Mar. 29 at the Stanford Invitational. The Big West champion in the event, Alvarez then bettered her personal record at the regional meet as she soared 43-07.75. That seed mark represents the second-farthest in her flight.

UC Riverside senior Ryan Swafford gets his opportunity in the men's triple jump on Saturday. He will compete in flight one, which begins at 12:30 p.m. The top nine advance to the finals where they will each get three more attempts. Swafford posted the nation's tenth-best mark when he cleared 52-4.5 at the Big West Championships. He had the No. 7 qualifying mark at the West Prelims (52-00.00), and is seeded fifth in his flight. Swafford is making his second straight appearance in the national championships after competing last year in Des Moines, lowa

## **Upcoming Schedule**

## NCAA DIVISION I TRACK & FIELD CHAMPIONSHIP EUGENE, ORE. • HAYWARD FIELD

All Times Pacific
Big West Competitors Only

Big West Competitors Only	
Wednesday, June 5 Running Events Women's 800 Meters (Semifinals) Lauren Wallace, UC Davis	4:30 p.m.
Women's 400 Meters (Semifinals) Jennifer Carey, UC Santa Barbara	5:00 p.m.
Women's 100 Meters (Semifinals) Ashley Marshall, UC Davis	5:30 p.m.
Men's 100 Meters (Semifinals) Carl Horsley, Cal State Northridge	5:45 p.m.
Thursday, June 6 Field Events Men's Long Jump (Trials/Final) Ted Hooper, UC Riverside Willie Alexander, Long Beach State	4:30 p.m.
Running Events Men's 200 Meters (Semifinals) Carl Horsley, Cal State Northridge	4:15 p.m.
Women's 1,500 Meters (Semifinals) Damajeria DuBose, UC Riverside	4:30 p.m.
Women's 3,000 Meter Steeplechase (Semifinals) Katie Fry, UC Davis	5:35 p.m.
Friday, June 7 Field Events Women's Triple Jump (Trials/Final) Amanda Alvarez, Hawai'i	3:25 p.m.
Running Events Women's 100 Meters (Finals) Men's 100 Meters (Finals) Women's 800 Meters (Finals) Women's 400 Meters (Finals)	5:00 p.m. 5:10 p.m. 5:20 p.m. 5:55 p.m.
Saturday, June 8 Field Events Men's Triple Jump (Trials/Final) Ryan Swafford, UC Riverside	12:30 p.m.
Running Events Women's 1,500 Meters (Finals) Men's 200 Meters (Finals)	2:19 p.m. 2:50 p.m.

Women's 3,000 Meter Steeplechase (Finals)

2:57 p.m.

Wednes Track Eve	sday, June 5 nts		Flight/		<u>Friday, J</u> Field Even			Flight/	
Time	Event	Name, School	Heat	Seed Time	Time	Event	Name, School	Heat	Seed Mark
4:30 pm	W 800 Meters	Lauren Wallace, UCD	1 of 3	2:04.05	3:25 pm	Women's Triple Jump	Amanda Alvarez, UH	1 of 2	43-07.75
5 pm	W 400 Meters	Jennifer Carey, UCSB	1 of 3	52.72	Saturda	<u>y, June 8</u>			
					Field Even			Flight/	
5:30 pm	W 100 Meters	Ashley Marshall, UCD	3 of 3	11.70	Time	Event	Name, School	Heat	Seed Mark
5:45 pm	M 100 Meters	Carl Horsley, CSUN	1 of 3	10.48	12:30 pm	Men's Triple Jump	Ryan Swafford, UCR	1 of 2	52-00.00
Thursda	ay, June 6								
Field Ever	nts		Flight/						
Time	Event	Name, School	Heat	Seed Mark					
4:30 pm	Men's Long Jump	Ted Hooper, UCR	2 of 2	25-06.75					
		Willie Alexander, LBSU	2 of 2	24-11.25					
Track Eve	nts		Flight/						
Time	Event	Name, School	Heat	Seed Time					
4:15 pm	M 200 Meters	Carl Horsley, CSUN	1 of 3	20.79					
4:30 pm	W 1,500 Meters	Damajeria Dubose, UCR	2 of 2	4:20.04					
5:35 pm	W 3000 Steeplechase	Katie Fry, UCD	1 of 2	9:58.97					

	NATIONAL TO	P 25 RA	NKINGS I	VIEN (Big	West only)	
Event	Name	School	Time/Mark	Rank	Meet	Date
High Jump	Mitchell Haag	UCSB	7-2.5	No. 13	Cal-Nevada Championships	3/29
Pole Vault	John Prader	CP	18-7.25	No. 3	Cal Poly/UCSB Dual	4/27
Long Jump	Ted Hooper	UCR	25-8	No. 13	Big Wet Championships	5/10
	Nicholas DiMartino	CSUN	25-4.75	No. 23	Big West Championships	5/10
Triple Jump	Ryan Swafford	UCR	52-4.5	No. 10	Big West Championships	5/10
	Willie Alexander	LBSU	52-2.75	No. 12	Big West Championships	5/10
	Michael Vaughan	LBSU	51-7.25	No. 22	Beach Classic	3/1
Shot Put	Travis Smith	UCR	61-8.25	No. 17	Sun Angel Classic	4/5
	NATIONAL TOP	25 RAN	KINGS W	OMEN (B	ig West only)	
Event	Name	School	Time/Mark	Rank `	Meet	Date
100M	Ashley Marshall	UCD	11.34	No. 16	Big West Championships	5/10

Event	Name	School	Time/Mark	Rank	Meet	Date
100M	Ashley Marshall	UCD	11.34	No. 16	Big West Championships	5/10
400M	Jennifer Carey	UCSB	52.29	No. 12	Big West Championships	5/10
800M	Lauren Wallace	UCD	2:03.39	No. 5	Big West Championships	5/10
5000M	Alycia Cridebring	UCD	15:49.05	No. 12	Payton Jordan Invitational	4/28
	Laura Hollander	CP	15:53.73	No. 20	Mt. SAC Relays	4/18
10000M	Sarah Sumpter	UCD	33:18.51	No. 10	Payton Jordan Invitational	4/28
400M Hurdles	Amanda Rodriguez	UCSB	58.32	No. 22	Big West Championships	5/10
4x100 Relay	Vines, Kamara, Lambert, Veale	CSUN	44.43	No. 22	Big West Championships	5/10
High Jump	Samantha Balentine	UH	6-0.5	No. 10	Mondo Mid-Major Challenge	4/11
Triple Jump	Amanda Alvarez	UH	42-9.5	No. 14	Stanford Invitational	3/29

## Big West Track & Field Athletes of the Week

	Track Athlete of th	e Week - M	lale	1	Track Athlete of th	e Week - Female	•
Date	Athlete, School	Yr.	Event(s)	Date	Athlete, School	Yr.	Event(s)
3/5	Koree Hines, Long Beach State	Jr.	110m HH, 4x100 & 400 relay	3/5	Katie Fry, UC Davis	So.	1,500 meters
3/12	Chris Frias, Cal Poly	Jr.	3,000 meters	3/12	Alycia Cridebring, UC Davis	Jr.	5,000 meters
3/19	Blake Ahrold, Cal Poly	Jr.	3,000 meter steeplechase	3/19	Ashley Marshall, UC Davis	So.	200 meters, 4x100 relay
3/26	Seth Totten, UC Riverside	Jr.	3,000 meters	3/26	Damajeria DuBose, UC Riverside	Sr.	800 meters, 4x400 relay
4/2	Marquis Caldwell, UC Santa Barbara	Sr.	400 meters, 4x100 & 400 relay	4/2	Alycia Cridebring, UC Davis	Jr.	5,000 meters
4/9	Javon May, Cal State Fullerton	Sr.	400m HH	4/9	Kayla Carter, UC Davis	Sr.	100m HH, 400m HH
4/16	John Guerrero, Cal Poly	Jr.	800 meters	4/16	Alycia Cridebring, UC Davis	Jr.	1,500 meters
4/23	Chris Enriquez, Long Beach State	Fr.	5,000 meters	4/23	Laura Hollander, Cal Poly	Fr.	5,000 meters
4/30	Gabe Hilbert, Long Beach State	Sr.	800 meters	4/30	Alycia Cridebring, UC Davis	Jr.	5,000 meters
5/7	None			5/7	Katie Wilson, Cal State Fullerton	Jr.	400 meters
	Field Athlete of the	o Wook - M	alo		Field Athlete of th	- Week Female	
Date	Field Athlete of the			Data	Field Athlete of th		
Date	Athlete, School	Yr.	Event(s)	Date	Athlete, School	Yr.	Event(s)
3/5	Athlete, School Michael Vaughan, Long Beach State	<b>Yr.</b> Sr.	Event(s) Triple Jump	3/5	Athlete, School Veronica Smart, UC Davis	<b>Yr.</b> So.	Event(s) Shot Put, Hammer
3/5 3/12	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State	<b>Yr.</b> Sr. Sr.	Event(s) Triple Jump Shot Put, Hammer	3/5 3/12	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis	<b>Yr.</b> So. Fr.	Event(s) Shot Put, Hammer Shot Put, Discus
3/5 3/12 3/19	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State John Prader, Cal Poly	Yr. Sr. Sr. Sr.	Event(s) Triple Jump Shot Put, Hammer Pole Vault	3/5 3/12 3/19	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis Sarah Hussey, UC Davis	<b>Yr.</b> So. Fr. So.	Event(s) Shot Put, Hammer Shot Put, Discus Discus
3/5 3/12 3/19 3/26	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State John Prader, Cal Poly Travis Smith, UC Riverside	Yr. Sr. Sr. Sr. Sr.	Event(s) Triple Jump Shot Put, Hammer Pole Vault Shot Put, Discus	3/5 3/12 3/19 3/26	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis Sarah Hussey, UC Davis Amanda Alvarez, Hawai'i	Yr. So. Fr. So. Sr.	Event(s) Shot Put, Hammer Shot Put, Discus Discus Long Jump, Triple Jump
3/5 3/12 3/19 3/26 4/2	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State John Prader, Cal Poly Travis Smith, UC Riverside Mitch Haag, UC Santa Barbara	Yr. Sr. Sr. Sr. Sr. Sr.	Event(s) Triple Jump Shot Put, Hammer Pole Vault Shot Put, Discus High Jump	3/5 3/12 3/19 3/26 4/2	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis Sarah Hussey, UC Davis Amanda Alvarez, Hawai'i Amanda Alvarez, Hawai'i	Yr. So. Fr. So. Sr. Sr.	Event(s) Shot Put, Hammer Shot Put, Discus Discus Long Jump, Triple Jump Long Jump, Triple Jump
3/5 3/12 3/19 3/26 4/2 4/9	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State John Prader, Cal Poly Travis Smith, UC Riverside Mitch Haag, UC Santa Barbara Travis Smith, UC Riverside	Yr. Sr. Sr. Sr. Sr. Sr. Sr.	Event(s) Triple Jump Shot Put, Hammer Pole Vault Shot Put, Discus High Jump Shot Put, Discus	3/5 3/12 3/19 3/26 4/2 4/9	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis Sarah Hussey, UC Davis Amanda Alvarez, Hawai'i Amanda Alvarez, Hawai'i Joanna Franke-Kuhn, Hawai'i	Yr. So. Fr. So. Sr. Sr. Jr.	Event(s) Shot Put, Hammer Shot Put, Discus Discus Long Jump, Triple Jump Long Jump, Triple Jump Hammer
3/5 3/12 3/19 3/26 4/2 4/9 4/16	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State John Prader, Cal Poly Travis Smith, UC Riverside Mitch Haag, UC Santa Barbara Travis Smith, UC Riverside Christopher Yates, Long Beach State	Yr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr.	Event(s) Triple Jump Shot Put, Hammer Pole Vault Shot Put, Discus High Jump Shot Put, Discus Shot Put, Hammer	3/5 3/12 3/19 3/26 4/2 4/9 4/16	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis Sarah Hussey, UC Davis Amanda Alvarez, Hawai'i Amanda Alvarez, Hawai'i Joanna Franke-Kuhn, Hawai'i Itos Aikhionbare, UC Irvine	Yr. So. Fr. So. Sr. Sr. Jr. So.	Event(s) Shot Put, Hammer Shot Put, Discus Discus Long Jump, Triple Jump Long Jump, Triple Jump Hammer Shot Put, Discus, Hammer
3/5 3/12 3/19 3/26 4/2 4/9 4/16 4/23	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State John Prader, Cal Poly Travis Smith, UC Riverside Mitch Haag, UC Santa Barbara Travis Smith, UC Riverside Christopher Yates, Long Beach State Ted Hooper, UC Riverside	Yr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Jr.	Event(s) Triple Jump Shot Put, Hammer Pole Vault Shot Put, Discus High Jump Shot Put, Discus Shot Put, Hammer Long Jump, Triple Jump	3/5 3/12 3/19 3/26 4/2 4/9 4/16 4/23	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis Sarah Hussey, UC Davis Amanda Alvarez, Hawai'i Joanna Franke-Kuhn, Hawai'i Itos Aikhionbare, UC Irvine Samantha Balentine, Hawai'i	Yr. So. Fr. So. Sr. Sr. Jr. So. Sr.	Event(s) Shot Put, Hammer Shot Put, Discus Discus Long Jump, Triple Jump Long Jump, Triple Jump Hammer Shot Put, Discus, Hammer High Jump
3/5 3/12 3/19 3/26 4/2 4/9 4/16	Athlete, School Michael Vaughan, Long Beach State Christopher Yates, Long Beach State John Prader, Cal Poly Travis Smith, UC Riverside Mitch Haag, UC Santa Barbara Travis Smith, UC Riverside Christopher Yates, Long Beach State	Yr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr.	Event(s) Triple Jump Shot Put, Hammer Pole Vault Shot Put, Discus High Jump Shot Put, Discus Shot Put, Hammer	3/5 3/12 3/19 3/26 4/2 4/9 4/16	Athlete, School Veronica Smart, UC Davis Praise Adesida, UC Davis Sarah Hussey, UC Davis Amanda Alvarez, Hawai'i Amanda Alvarez, Hawai'i Joanna Franke-Kuhn, Hawai'i Itos Aikhionbare, UC Irvine	Yr. So. Fr. So. Sr. Sr. Jr. So.	Event(s) Shot Put, Hammer Shot Put, Discus Discus Long Jump, Triple Jump Long Jump, Triple Jump Hammer Shot Put, Discus, Hammer