2018 BIG 12 INDOOR TRACK & FIELD CHAMPIONSHIPS

Iowa State University ~ Ames, Iowa Friday-Saturday, February 23-24, 2018

Friday, February 23 Field Events				Saturday, February 24 Field Events				
3:00 PM	Weight Throw	(W)		12:00 PM	High Jump	(W)		
3:00 PM	Pole Vault	(W)		12:00 PM	Triple Jump	(M)		
4:00 PM	Long Jump	(M)		12:00 PM	Shot Put	(W)		
6:00 PM	Weight Throw	(M)		3:00 PM	Triple Jump	(W)		
6:00 PM	Pole Vault	(M)		3:00 PM	Shot Put	(M)		
6:30 PM	Long Jump	(W)		3:00 PM	High Jump	(M)		
Friday, February 23 Running Events					ruary 24 Running Events			
3:00 PM	800 Meter Run	(W)	Pentathlon	1:30 PM	60 Meter Hurdles	(W)	Finals	
3:10 PM	Mile Run	(W)	Prelims	1:40 PM	60 Meter Hurdles	(M)	Finals	
3:30 PM	Mile Run	(M)	Prelims	1:50 PM	60 Meter Dash	(W)	Finals	
3:50 PM	60 Meter Hurdles	(W)	Semi	2:00 PM	60 Meter Dash	(M)	Finals	
4:00 PM	60 Meter Hurdles	(M)	Semi	2:10 PM	One Mile Run	(W)	Finals	
4:10 PM	60 Meter Dash	(W)	Semi	2:20 PM	One Mile Run	(M)	Finals	
4:20 PM	60 Meter Dash	(M)	Semi	2:30 PM	600 Yard Run	(W)	Finals	
4:30 PM	600 Yard Run	(W)	Prelims	2:40 PM	600 Yard Run	(M)	Finals	
4:50 PM	600 Yard Run	(M)	Prelims	2:50 PM	1,000 Meter Run	(M)	Heptathlon	
5:10 PM	400 Meter Dash	(W)	Prelims	3:00 PM	400 Meter Dash	(W)	Finals	
5:30 PM	400 Meter Dash	(M)	Prelims	3:10 PM	400 Meter Dash	(M)	Finals	
5:50 PM	1,000 Meter Run	(W)	Prelims	3:20 PM	1,000 Meter Run	(W)	Finals	
6:10 PM	1,000 Meter Run	(M)	Prelims	3:30 PM	1,000 Meter Run	(M)	Finals	
6:30 PM	800 Meter Run	(W)	Prelims	3:40 PM	800 Meter Run	(W)	Finals	
6:50 PM	800 Meter Run	(M)	Prelims	3:50 PM	800 Meter Run	(M)	Finals	
7:10 PM	200 Meter Dash	(W)	Prelims	4:00 PM	200 Meter Dash	(W)	Finals	
7:30 PM	200 Meter Dash	(M)	Prelims	4:10 PM	200 Meter Dash	(M)	Finals	
7:50 PM	5,000 Meter Run	(W)	Finals	4:20 PM	3,000 Meter Run	(W)	Finals	
8:15 PM	5,000 Meter Run	(M)	Finals	4:45 PM	3,000 Meter Run	(M)	Finals	
8:40 PM	Distance Medley Relay	(W) Finals		5:10 PM	4 x 400 Meter Relay	(W)	Finals	
9:00 PM	Distance Medley Relay	(M) F	nals	5:25 PM	4 x 400 Meter Relay	(M)	Finals	
Friday, February 23 Multi Events			Saturday, February 24 Multi Events					
10:00 AM	60 Meter Hurdles	(W) Pentathlon		11:00 AM	60 Meter Hurdles		(M) Heptathlon	
≈10:45 AM	High Jump	(W) Pentathlon (2 Pits)		11:45 AM	Pole Vault	(M) Heptathlon		
11:00 AM	60 Meter Dash	(M) Heptathlon		≈ 2:50 PM	1,000 Meter Run	(M) H	eptathlon	
≈11:40 AM	Long Jump	(M) Heptathlon						
≈12:15 PM	Shot Put	(W) Pentathlon (2 Rings)						
≈ 1:15 PM	Long Jump	(W) Pentathlon						
≈ 1:30 PM	Shot Put	(M) Heptathlon (2 Rings)						
≈ 2:30 PM	High Jump	(M) Heptathlon (2 Pits)						
≈ 3:00 PM	800m Run		entathlon					