Jon Murray, Texas Tech Head Coach Women's Team Champion

On their third straight Big 12 win...

"It was great. The ladies went out very aggressive at the start. They struggled a little at the end, but then came through and showed a lot of heart to take the championship."

On Rose Tanui...

"She looked great all the way through. She looked strong, attacked on the hills, and looked great on the flats. It was going to be hard to beat her today with how strong and aggressive she ran today, it was an outstanding effort."

On winning the individual title and the team title...

"It kind of tops it all off being able to take it all home together, but our main focus was on the team part and then for Rose to do that individually was quite an honor for her and that brings honor to the school."

Rose Tanui, Texas Tech Big 12 Individual Champion

On her individual title...

"It was kind of windy, but I am very happy that I won and our whole team won today. I am very happy for the other teams as well, because they all did good."

On winning the individual title and the team title...

"I was so happy about it. This was my first conference race for Texas Tech and it was great to get a win for the whole team."