

2007 BIG 12 INDOOR TRACK & FIELD CHAMPIONSHIPS

Iowa State University ~ Ames, Iowa

Friday-Saturday, February 23-24

Friday, February 23 Field Events

2:00 PM	Weight Throw	(W)
5:00 PM	Weight Throw	(M)
2:30 PM	Long Jump	(W)
3:30 PM	Pole Vault	(W)
5:30 PM	Long Jump	(M)

Friday, February 23 Running Events

1:40 PM	60 Meter Hurdles	(W)	Prelims*
1:55 PM	60 Meter Hurdles	(M)	Prelims*
2:10 PM	60 Meter Dash	(W)	Prelims*
2:25 PM	60 Meter Dash	(M)	Prelims*
2:40 PM	Mile Run	(W)	Prelims
2:55 PM	Mile Run	(M)	Prelims
3:15 PM	60 Meter Hurdles	(W)	Semi
3:30 PM	60 Meter Hurdles	(M)	Semi
3:35 PM	60 Meter Dash	(W)	Semi
3:50 PM	60 Meter Dash	(M)	Semi
4:05 PM	800 Meter Run	(W)	Pentathlon
4:15 PM	600 Yard Run	(W)	Prelims
4:25 PM	600 Yard Run	(M)	Prelims
4:35 PM	400 Meter Dash	(W)	Prelims
4:45 PM	400 Meter Dash	(M)	Prelims
4:55 PM	1,000 Meter Run	(W)	Prelims
5:05 PM	1,000 Meter Run	(M)	Prelims
5:15 PM	800 Meter Run	(W)	Prelims
5:25 PM	800 Meter Run	(M)	Prelims
5:35 PM	200 Meter Dash	(W)	Prelims
5:50 PM	200 Meter Dash	(M)	Prelims
6:05 PM	5,000 Meter Run	(W)	Finals
6:30 PM	5,000 Meter Run	(M)	Finals
6:55 PM	Distance Medley Relay	(W)	Finals
7:15 PM	Distance Medley Relay	(M)	Finals

Friday, February 23 Multi Events

9:00 AM	60 Meter Hurdles	(W)	Pentathlon
9:20 AM	60 Meter Dash	(M)	Heptathlon
≈ 9:45 AM	High Jump	(W)	Pentathlon (2 Pits)
≈ 10:00 AM	Long Jump	(M)	Heptathlon
≈ 11:30 AM	Shot Put	(M)	Heptathlon
≈ 12:00 PM	Shot Put	(W)	Pentathlon
≈ 12:45 PM	High Jump	(M)	Heptathlon (2 Pits)
≈ 1:00 PM	Long Jump	(W)	Pentathlon
≈ 2:15 PM	800m Run	(W)	Pentathlon

Saturday, February 24 Field Events

12:00 PM	High Jump	(M)
12:00 PM	Triple Jump	(W)
12:30 PM	Shot Put	(W)
1:30 PM	Pole Vault	(M)
2:30 PM	Triple Jump	(M)
3:00 PM	Shot Put	(M)
3:00 PM	High Jump	(W)

Saturday, February 24 Running Events

1:30 PM	60 Meter Hurdles	(W)	Finals
1:40 PM	60 Meter Hurdles	(M)	Finals
1:50 PM	60 Meter Dash	(W)	Finals
2:00 PM	60 Meter Dash	(M)	Finals
2:10 PM	One Mile Run	(W)	Finals
2:20 PM	One Mile Run	(M)	Finals
2:30 PM	600 Yard Run	(W)	Finals
2:40 PM	600 Yard Run	(M)	Finals
2:50 PM	400 Meter Dash	(W)	Finals
3:00 PM	400 Meter Dash	(M)	Finals
3:10 PM	1,000 Meter Run	(W)	Finals
3:20 PM	1,000 Meter Run	(M)	Finals
3:30 PM	800 Meter Run	(W)	Finals
3:40 PM	800 Meter Run	(M)	Finals
3:50 PM	200 Meter Dash	(W)	Finals
4:00 PM	200 Meter Dash	(M)	Finals
4:10 PM	3,000 Meter Run	(W)	Finals
4:35 PM	3,000 Meter Run	(M)	Finals
5:00 PM	4 x 400 Meter Relay	(W)	Finals
5:15 PM	4 x 400 Meter Relay	(M)	Finals

Saturday, February 24 Multi Events

9:00 AM	60 Meter Hurdles	(M)	Heptathlon
9:45 AM	Pole Vault	(M)	Heptathlon
≈ 12:45 PM	1,000 Meter Run	(M)	Heptathlon

* If necessary, preliminaries for the 60-meter hurdles and/or 60-meter run will be run prior to the mile.

BIG 12 CONFERENCE