

Dear Customers,

Some of our recipes have changed! Please find below the allergens list per item
 Though our facility is nuts free, we cannot guarantee the absence of traces of nuts in our products
 Feel free to ask our team should you have additional questions
 Catering sized batches can be adapted to any restriction you might have

Food	Gluten	Dairy	Veget- arian	Vegan	Spicy	Garlic	Onions	Nuts	Soy	Added sugar
Mains										
Taouk chicken										
Sumac Chicken		x				x				
Oven-baked shawarma						x	x			x (OJ)
Fassoulia w lamb					x	x	x			
Wild-Thyme cauliflower			x	x						
Moussaka ratatouille			x	x		x	x			
Turmeric brown rice			x	x						
Flavors										
Hummus			x	x						
Minted yogurt		x	x			x				
Semsom Eggplant			x	x	x (mild)					
Summer salad			x	x						
Beet moutabbal			x	x						
Balilla chickpeas			x	x						
Beans medley			x	x						
Potato Salad			x	x						
Toum (Garlic whip)			x			x				
Sauces										
Tahini sauce			x	x				No nuts but sesame seeds		
Spicy tahini sauce			x	x	x (mild)			No nuts but sesame seeds		
Shatta Tahini			x	x	x (mild)			No nuts but sesame seeds		
Pomegranate Vinaigrette			x	x						
Rose Water Vinaigrette			x	x						
Turmeric Tahini			x	x				No nuts but sesame seeds		
Lemon oil sauce			x	x						
Sides										
Fattoush	x (pita on the side)		x	x			x			
Tabboule	x (bulgur)		x	x			x			
Quinoa Salad	x		x	x			x			
Moughrabiyei	x		x	x				x		
Lentils salad			x	x				x		
Desserts										
Turmeric muffin			x	x				No nuts but sesame seeds		
Chocolate halva muffin	x		x	x				No nuts but sesame seeds		
Cardamom cranberry muffin			x	x						

Have a question? Email us at info@semsomeatery.com