### Step One
**Choose a protein**
- Daily Catch - grilled: $9.99
- Salmon - teriyaki scallion: $10.99
- White Fish - lemon broiled: $9.99
- Cod - crispy: $9.99
- Shrimp - grilled: $11.99
- Tuna - yellowfin, seared rare: $13.99
- Curry Fish Cakes - w/ginger aioli: $10.99
- Chicken - grilled: $8.99
- Cornflake crusted: $8.99
- Veggie - detox crunch: $7.99
- Spicy cauliflower: $7.99

### Step Two
**Choose a build**
- Powerbox
- Veggiebox
- Greens & Grains
- Salad
- Tacos
- Sandwich

### Step Three
**Choose sides**
- Classic tots: $2.5
- Truffle-parm tots: $2.75
- Buffalo bleu tots: $2.75
- Detox crunch: $2.75
- Spicy cauliflower: $2.75
- Classic slaw: $2.5
- Lime-cilantro slaw: $2.5
- Louisiana tang slaw: $2.5
- Chowdah: $4 / reg $6
- Daily soup: $2.5 / reg $4

**Choose add-ons**
- Veggie blend add-on: $2.75
- Grain blend add-on: $2.75
- Garlic bread add-on: $1.5
- Extra protein add-on: $6
- 3 Crispy shrimp add-on: $4.5

### Big Fish
- **Lobster Roll - 24**
  Knuckle and claw, served warm in a toasted New England bun, with truffle-parm tots
- **Seasonal Special**
  A creation inspired by our crew - see the daily board!
- **Dinner Plate - 17**
  A larger portion of your choice of protein and two sides (above), plus garlic bread
- **Fish & Chips - 14**
  Battered fish, served with french fries, classic slaw, tartar sauce, and a lemon wedge

### Beverages
- Fountain drink
- Iced tea / gingerade
- Bottled beverage

### Booze
- Wine - glass or bottle
- Beer - draft
- Cocktail

### Dessert
- Cookie
- Local sweet treat

**Here** **To Go** **Name:** __________________________
Thanks for dining with us!

Order online next time: www.brownbagseafood.com

**Builds**

**Powerbox** - our ancient grain blend of brown rice, quinoa and wheatberry, fresh spinach, and herbs with your choice of protein

**Veggiebox** - a blend of sautéed brussels, broccoli, green beans, kale, fresh spinach, and herbs with your choice of protein

**Greens & Grains** - half powerbox + half veggiebox with your choice of protein

**Salad** - leafy greens, kale, crispy onion, carrots, shaved parmesan, and herbs with your choice of protein

**Tacos** - flour tortillas, slaw, herb sauce, pickled red onions, jalapeno, and cilantro with your choice of protein

**Sandwich** - fresh bread, slaw, herb sauce, pickled red onion, and herbs with your choice of protein

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