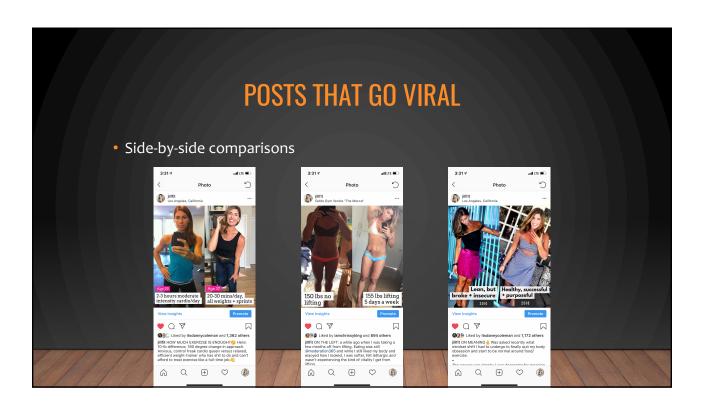


HOW TO USE INSTAGRAM IN 2019 • 3 Ways: • Growth strategies • Bring in new people • Social proof implications • Engagement/trust-building strategies • Sales strategies

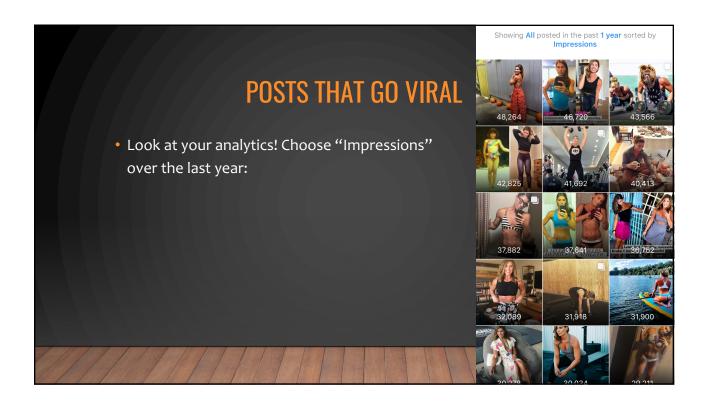
GROWTH IN 2019

- What's the current sitch?
- How do you grow?
 - Posts that go viral/land on the Explore tab
 - Taggable and sharable content
 - Useful or funny or relatable (e.g. memes)
 - Challenges and other strategies that get people to share your content with their audience
 - Extremely aesthetic nature, physique, incredible photography, etc.









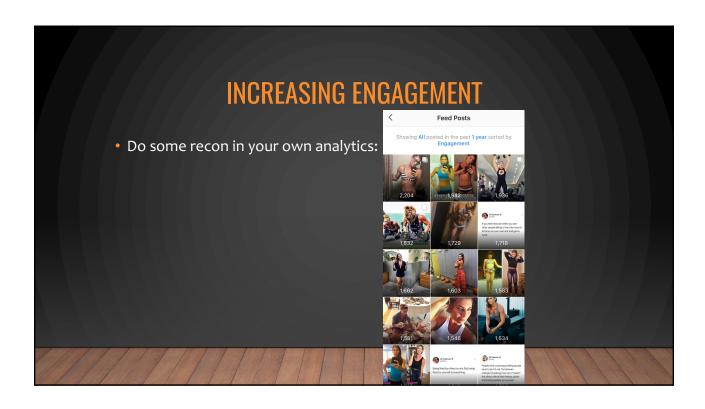
CHALLENGES ARE GREAT FOR ... • Growth! • Brand awareness • Not selling so much anymore • Watch BOY Tutorial on how to host a free IG challenge

ENGAGEMENT IN 2019

- Engagement matters because it's indicative of TRUST
- The more comments, likes, shares and DMs = more relatedness/trust
- "Healthy engagement" if you are 10k or less:
 - 3-5% of total followers liking a post
 - 10% of total followers watching your stories

INCREASING ENGAGEMENT

- Photos need to be:
 - Good quality lighting, composition, clarity, relevant
 - Of you! what's the "feel" of the photo?
- There has to be a reason someone would stop and interact
- Answering an FAQ/common concern of ideal client
- A message that is easily agreed with
- Calls to action!!
 - Cultivate safe space: comment back (don't just Like), reach out, polling on stories, respond to DMs, make yourself accessible



SALES: TURNING A FOLLOWER INTO A CLIENT 1:1 Strategy • Part 1: Attraction Marketing – connecting with your ideal client 4-part posting system: • Headline (common concern or FAQ of your ideal client) • Relatable story and/or social proof (be the friend) • Education (tools, tips, strategy) – be the teacher • CTA • At least one direct ask to coach with you weekly: • Send to an application at link in bio • "DM me and I'll give you all the details"

SALES: TURNING A FOLLOWER INTO A CLIENT

- 1:1 Strategy:
 - Part 2: Conversation Marketing it goes down in the DM
- People are demanding more access and more of a relationship before buying
- Let conversation develop
- Ask to jump on the phone when the time is right
- Have a sales conversation and ask for the sale

SALES: TURNING A FOLLOWER INTO A CLIENT

- Group coaching and DIY program strategy:
 - Open/closed cart use 10-Day Launch formula
 - OR, open all the time have ongoing marketing strategy with related lead magnets
- If high-ticket group coaching have application and treat like a 1:1 prospect
 - Need longer lead time here

LOOKING FORWARD/MISCELLANEOUS FAQS

- IG TV?
- How to use IG stories?
 - Minisodes
 - Social proof
 - Polling message and/or connect with hot/warm leads
 - Recap main feed posts
- Miscellaneous 90%+ people are opening their DMs this is the new email
- IG live? Recap posts, add value, have a weekly "show" etc.

