Body Rhythms

Massage & Reflexology



Offerings & Price List

Celina McKenzie BCTMB, ACMT, CR, CIMT

Body Rhythms Massage & Reflexology

315 Walnut Street (P.O. Box 612)
Monticello, MN 55362

Phone: 612.702.1338



www.bodyrhythms.webs.com

www.monticellomassage.com

Celina uses a variety of techniques in any given session. This brochure is meant to help you and her reach the maximum results desired for every session.

She utilizes her previous years of experience (from working inside a day spa, chiropractic clinic & as a college instructor) to educate each client.

Many times clients ask, “When should I come back?” Often times she’ll reply with “You live in your body…see how you respond to today’s session and let me know. I don’t chase my clients…”

While Celina sets out to reach a goal while working with your body, she also is aware that everyone has a different way of leading their lives and may choose when and where to spend their money.

In order to maximize your results, she may help with post care instructions, this may include seeing a chiropractor, physical therapist, counselor, doctor, etc.

Massage & Bodywork Available

Aromatherapy

\*Auto/Personal Injury

Craniosacral Therapy

Cryo/Heat Therapy

Deep Tissue/Trigger Point Therapy

Infant Massage

Lymphatic Drainage

Massage Cupping

\*Medical Massage

Myofascial Release

Oncology Massage

Orthobionomy

Pre/Post Natal Massage

Rain Drop Technique (+)

Reflexology

Reiki

Sports Massage

Swedish Massage

Thai Massage

Pricing

To make pricing simple, Celina has bundled all therapies (on the left) into 15, 30, 60, and 90 minute sessions.

*15 Minutes - $20*

*30 Minutes - $35*

*60 Minutes - $70*

*90 Minutes - $95*

All above rates are considered same day pricing and do not include the 6.875% MN Sales Tax

*Have a doctor’s referral? You need not pay sales tax... Just bring a copy of your script in to keep on file.*

Items listed with a (+) plus sign will be charged an extra $10 for product use

Items listed with an (\*) asterisk, are not consider same day pay and require billing of some sort. Must have prior authorization from a medical provider and have submitted claim information for approval before hand.

Ways to Save $$$

Loyal Clients (previous package purchasers) 10% off all sessions

Packages – no substitutions

New Client Bundle - Buy 5, Get 1 $350

Only offered within the first three months of first date of service. Available in 60 or 90 minute bundles. Each bundle includes one of each; Deep Tissue, Craniosacral, Lymphatic Drainage, Myofascial Release, Sports Massage, and Reflexology session. No substitutions allowed.

Triple Treat – 45 Minutes $50

Choose from Craniosacral, Reiki, Essential Oils, Scalp Massage, Facial Massage, or a spot treatment on Neck/Shoulder/Low Back/Hamstrings.

Stress Buster - 90 Minutes $95

Works you head to toe with 30 minutes each; Craniosacral, Deep Tissue, and Reflexology.

Complete Overhaul – 120 Minutes $135

60 Minutes of Deep Tissue or Sports Massage, 30 minutes of Craniosacral Therapy and two choices of spot treatments.