

## »BecomeAnEX.org Live Chat«

Visible contents as of 14 Apr 2016 14:15 UTC-04:00 (56 KB)

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### Chatzy

**Megan J - Truth Initiative** left the chat14:58

**Cindy** joined the chat19:15

**jennifer72113** joined the chat19:22

**jennifer72113**: hi19:22

**Megan** joined the chat19:31

**Terrie 07/06/15** joined the chat19:39

**Terrie 07/06/15**: hello!19:40

**jennifer72113**: hi terrie!19:42

**jennifer72113**: hi megan!19:42

**Terrie 07/06/15**: hi Jennifer19:43

**Terrie 07/06/15**: Hi Cindy19:43

**Terrie 07/06/15**: Hi Megan19:43

**jennifer72113**: did you ge an email Terrie with a link to join?19:45

**Terrie 07/06/15**: yes, did you?19:46

**jennifer72113**: no - got one around noon today saying I would get one but did not19:47

**jennifer72113**: mark updated an old blog with the link - that is how I found it19:48

**Terrie 07/06/15**: yep I got one earlier and another about 45 mins. ago19:48

**Megan J - Truth Initiative** joined the chat19:49

**Megan J - Truth Initiative**: Hi Terrie and Jennifer, and Megan (great name!)19:49

**Terrie 07/06/15**: Maybe he should have wrote a new blog I didn't even see the old one19:49

**Terrie 07/06/15**: Hi Megan!19:49

**Megan J - Truth Initiative**: Mark sent an email to everyone who registered for the chat tonight, so hopefully lots of folks got that -- we had many people register for tonight19:50

**Terrie 07/06/15**: I got one19:50

**Megan J - Truth Initiative**: super19:50

**Terrie 07/06/15**: with the link19:51

**Megan J - Truth Initiative**: great19:53

**Megan J - Truth Initiative**: how's your night going?19:53

**jennifer72113**: good here19:54

**Jeff** joined the chat19:54

**Megan J - Truth Initiative**: good to hear 😊19:55

**Megan J - Truth Initiative**: Hi Jeff19:55

**Terrie 07/06/15**: Hello Jeff19:55

**Amanda Graham** joined the chat19:56

**Jeff**: Hello everyone, I'm here for only the first 15 minutes, but I'm glad to be here!19:56

**shirley hunn** joined the chat19:56

**Terrie 07/06/15**: Hello Dr. Graham19:56

**Cindy** joined the chat19:56

**Amanda Graham**: Hi Terrie - hi everyone!19:56

**Terrie 07/06/15**: Hello Condyl9:57

**Terrie 07/06/15**: Cindy19:57

**shirley hunn**: Hello everyone19:57

**Terrie 07/06/15**: Hello19:57

**Cindy**: Hi. I'm new from Kentucky19:58

**Jeff**: Glad to meet you Cindy 😊19:58

**Giulia** joined the chat19:58  
**Cindy:** Hi terrie19:58  
**Terrie 07/06/15:** I am glad you are here. How new?19:58  
**jennifer72113:** Hi G!19:59  
**Giulia:** Greetings All!19:59  
**Cindy:** Glad to meet you19:59  
**Amanda Graham:** Greetings!19:59  
**Sharon** joined the chat19:59  
**Sarah C.** joined the chat19:59  
**Cindy:** Hi everyone19:59  
**Terrie 07/06/15:** Hello Everyone!19:59  
**Sharon:** Hi all.19:59  
**Mark (EX Admin)** joined the chat19:59  
**jennifer72113:** My only complaint - I am not sure who all of you are? I know20:00  
**jennifer72113:** giuia and Terrie20:00  
**Giulia:** Who are all the Ext Testers on the right?20:00  
**Amanda Graham:** Ok, we're right at 8pm so let's get our 2nd inaugural chat rolling!! 😊20:00  
**Amanda Graham:** Welcome everyone20:00  
**jennifer72113:** And Mark and Amanda20:00  
**Megan J - Truth Initiative:** Hi Giulia - we were testing the room earlier to make sure it was all working properly!20:00  
**Cindy:** I don't know anyone either Jennifer20:00  
**Amanda Graham:** thanks for taking time out of your week to spend part of the evening with us20:00  
**Megan J - Truth Initiative:** (They'll disappear in 24 hours)20:00  
**Mark (EX Admin):** Hi @Jennifer7211320:00  
**Amanda Graham:** we had a great chat the first go round20:00  
**Amanda Graham:** and hope you all had the chance to read the transcript if you weren't able to be part of it20:01  
**Terrie 07/06/15:** Shirley hunn? Megan?20:01  
**Amanda Graham:** lots of great questions that people came with20:01  
**Nancy** joined the chat20:01  
**jennifer72113:** My screen name here is the same as on EX - but not everyone's is....20:01  
**Amanda Graham:** and we got to share some information from our end as well20:01  
**Amanda Graham:** The goal of tonight is to continue that dialogie20:01  
**Amanda Graham:** dialogue20:01  
**Amanda Graham:** (p.s. spelling errors don't count here!)20:01  
**Giulia:** HA!20:01  
**Cindy:** Lol20:02  
**Amanda Graham:** (you'll notice we cleaned up the transcript a bunch! ) 😊20:02  
**Nancy:** I' in - Youngat heart!20:02  
**Amanda Graham:** the first round we had about 10-12 people participating20:02  
**Amanda Graham:** and tonight...20:02  
**jennifer72113:** hi nancy20:02  
**Amanda Graham:** we had about 45 people pre-register!20:02  
**Giulia:** Wooooo Hoooooooooooo!20:02  
**Amanda Graham:** so, while we're at a nice manageable and intimate number...20:02  
**Sharon:** Let's rock then20:02  
**trick@hotmail.com** joined the chat20:02  
**Amanda Graham:** let me open it up to any questions you want to lead with about our EX 3.0 efforts that we've described20:03

**Nancy:** I will try to keep my mouth shut tonight and let others have a chance to talk.20:03  
**Amanda Graham:** (and if anyone wants background on EX 3.0 we can do that too)20:03  
**Dr. Hays** joined the chat20:03  
**Nancy:** who are you, trick?20:03  
**Cindy:** How do you Break habits like you light up a cigarette every time you get in the car you light up a cigarette Ciniza eat something etc.20:03  
**Amanda Graham:** that's a great question Cindy20:04  
**Amanda Graham:** one that lots of people have20:04  
**Amanda Graham:** what we're hoping to focus on tonight on the website...20:04  
**Amanda Graham:** what you all like...20:04  
**Terrie 07/06/15:** Will there be a way that we can know when someone new comes in. People get lost and show up in the wierdest places trying to get help?20:04  
**Amanda Graham:** what you wish could be different...20:04  
**jennifer72113:** OK - We need a more stable environment - less down time when people cannot log on and get suppor20:05  
**Amanda Graham:** @Terrie... you raise a good point20:05  
**Amanda Graham:** how to know when NEW members are coming in to be able to reach out to them20:05  
**Amanda Graham:** the current site certainly makes this a challenge20:05  
**shirley hunn:** How do you finally say goodbye to a good friend?20:05  
**Sharon:** You can check new members numbers and reach out with a Welcome20:05  
**Amanda Graham:** and this is TOP of our radar to make sure the new platform makes this easier20:05  
**Megan J - Truth Initiative:** Do you all ever see things on other websites you use that make it easy to see who is a new member?20:06  
**Nancy:** How about a sip from a cold bottle of water, or sing out loud to your favorite music on a CD. or sugar free mints. or concentrate s20:06  
**jennifer72113:** so many get lost and never find where the action is20:06  
**Amanda Graham:** @jennifer... regarding stable environment20:06  
**Amanda Graham:** we have recently moved to a new hosting provider20:06  
**Sharon:** That should be on main screen "go and check out the blogs20:06  
**Amanda Graham:** and so you should have seen and continue to see more consistent "uptime"20:07  
**jennifer72113:** it has improved lately Amanda20:07  
**Amanda Graham:** having Mark available has also been a great help to be able to catch things more real time20:07  
**Amanda Graham:** and address them proactiely20:07  
**jennifer72113:** yes Mark is great20:07  
**Megan J - Truth Initiative:** @Sharon - where on the homepage would you look for something like that?20:07  
**jennifer72113:** he actually "cares:20:08  
**Nancy** joined the chat20:08  
**Sharon:** Where it is talk about the steps to do i.e. make profile, etc20:08  
**Cindy:** Hi Nancy20:08  
**Megan J - Truth Initiative:** ok, so in the quit plan?20:08  
**Nancy:** I was trying to answer your question, Cindy. Try a different route to/from work - or count the blue cars you see20:09  
**Sharon:** yes that's 1 place. we should probably have it pasted all over20:09  
**Megan J - Truth Initiative:** ha fair enough20:09  
**Cindy:** Ok thanks Nancy20:09  
**Amanda Graham:** just a note for everyone...20:09  
**Amanda Graham:** as the group gets bigger, it's likely we'll start to miss questions as they come in20:09  
**Giulia:** We used to get a lot of flashion ads that would be terribly distracting. Why not a flashing "Come to the Blogs"?20:10  
**Amanda Graham:** we'll do some creative editing of the transcript to make sure we reply to all of them20:10

**Megan J - Truth Initiative:** @Jeff, since I know you have to go soon, what are some of things you have found frustrating about EX so far? What do you wish were different?20:10

**Terrie 07/06/15:** I see some new members on the homepage but others just show up- in a blog , on the pledge, in a group, you name it. They are not clear on where they should go20:10

**Nancy:** Terrie has a GREAT point!20:10

**Sharon:** But they have to sign up first20:10

**Amanda Graham:** many of you have talked about having a better "roadmap" for the site20:11

**Nancy:** Some folks are leary of giving out info if they are not sure of the site ---- do they HAVE to sign up to blog?20:11

**Amanda Graham:** our intent is for things to be intuitive and more proactively welcoming20:11

**Cindy:** I have a pack and half of cigarettes left and then try to quit20:11

**jennifer72113:** This is a very active group = not really noticable at first if you dont get to the blogs20:12

**Jeff:** One thing that would be fun to see is a change in the blog comment section similar to Facebook - indented "reply" to people, notification when someone comments back, etc.20:12

**Nancy:** Cindy - find the blogs after the chat and write one (it's the blue tab at the top under the banner). I would be happy to help you!20:12

**Mark (EX Admin):** @Nancy While it would be nice to have an ability to blog anonymously unfortunately this would invite a lot of spammers to post.20:12

**Amanda Graham:** how many of you here have joined within the past month?20:13

**Amanda Graham:** anyone?20:13

**Cindy:** Ok. Thanks Nancy.20:13

**Sharon:** @Mark...that would really chase people away20:13

**Amanda Graham:** i'm curious if we have new members with us tonight20:13

**Amanda Graham:** new-ish20:13

**jennifer72113:** I think Cindy is new20:13

**shirley hunn:** I am new-ish20:13

**Nancy:** Yeah - I guess that wouldn't work.....could we perhaps tell folks the info we MUST have and that they would fill in the rest when they are ready?20:14

**Giulia:** Welcome to you both!20:14

**Amanda Graham:** @shirley - i'm curious what struck you when you came to the site20:14

**Cindy:** I'm confused Nancy about where the blogs are20:14

**shirley hunn:** the support20:14

**Cindy:** Yes I am lol20:14

**Amanda Graham:** did you go right to the community or did you poke around "the other side" a bit?20:14

**Cindy:** New20:14

**Sharon:** @Cindy...how did you hear about this if you didn't see it in the blogs20:15

**shirley hunn:** haven't really explored much20:15

**Nancy:** Cindy - have you registered on the site? If so, I will find you!20:15

**Amanda Graham:** so it sounds like the available community support jumped right out at you from the beginning20:15

**shirley hunn:** yes20:15

**Amanda Graham:** @Cindy I'm wondering if that was your experience as well when you first joined?20:15

**Cindy:** I got an email. I was in ex last year20:15

**Amanda Graham:** That's great to hear!20:16

**Cindy:** Yes I have Nancy. Thanks20:16

**Mark (EX Admin):** @Nancy currently only a couple fields are required. Email address, username and password are the personal info fields that are required. First and Last name are not required so you can participate anonymously.20:16

**Jeff** left the chat20:16

**Amanda Graham:** big picture to what you all have noted...20:16

**Megan J - Truth Initiative:** @all - seems like there would be interest in talking about other topics. what would you want to talk about in a live chat?20:17

**shirley hunn:** coping strategies20:17

**Nancy:** Mark - is that obvious? It's been awhile since I registered! 🙄20:17

**Giulia:** Obviously techniques to help with quitting would be one.20:17

**Giulia:** Having Dr. Hays on board to answer questions would be spectacular once a week, maybe.20:18

**Sharon:** I'd like to see how we could get new-ish people involved in more than just writing a blog and waiting for answers. Why don't they ride the train?20:18

**Giulia:** Or once a month. Or, whenever time would allow.20:18

**Amanda Graham:** @Giulia20:18

**Amanda Graham:** you raise a good question20:18

**jennifer72113:** I would like to see messages shown with history - so if someone replies a couple of days later you know what they are referring to....20:18

**Amanda Graham:** tell me about the nature of the ideal kind of chat with Dr. Hays20:19

**Amanda Graham:** would you want to schedule it like an appointment?20:19

**Dr. Hays:** @Giulia-- once a month is doable20:19

**Amanda Graham:** or "hop on" if the mood strikes?20:19

**Giulia:** That might have to be figured out as it goes along to see what works best.20:19

**Giulia:** Another thought....20:19

**Terrie 07/06/15:** I invite people to ride the train and send them a link like I do to the pledge20:20

**Giulia:** Perhaps a panel of Elders who have significant time quit talking to newbies...?20:20

**Allan** joined the chat20:20

**Amanda Graham:** @jennifer - I think you're talking about the message boards20:20

**Megan J - Truth Initiative:** @jennifer-- that's a great point, threaded discussion style?20:20

**Amanda Graham:** where things are hard to track as a conversation20:20

**Amanda Graham:** we agree!20:20

**jennifer72113:** yes exactly20:20

**Amanda Graham:** welcome Allan!20:21

**Amanda Graham:** @Giulia - are you suggesting that Elders could be the ones available in a chat?20:21

**Allan:** Thank you20:21

**Terrie 07/06/15:** That sounds like a good idea G20:21

**Brenda M** joined the chat20:21

**Giulia:** @Amanda yes. I just watched, for instance, a live feed of a SAG discussion on meditation last night. Maybe something like that?20:21

**Amanda Graham:** and in terms of identifying Elders...20:22

**Giulia:** A panel where the "audience could ask questions.20:22

**Giulia:** Ah, yes, identifying Edlers. Well that would have to be specified.20:22

**Amanda Graham:** we could consider self-identifying20:22

**shirley hunn** left the chat20:23

**Amanda Graham:** or we could consider something on our end... perhaps facilitated by the technology20:23

**Giulia:** I would think it should be at least people with a one-year quit.20:23

**Amanda Graham:** welcome Brenda!20:23

**Sharon:** @G... We've been down that road!20:23

**Amanda Graham:** are you referring to the "badges" from a few years ago?20:24

**Giulia:** NOOOOOO!20:24

**Brenda M:** Howdy!20:24

**Terrie 07/06/15:** Hello Brenda20:24

**Brenda M:** LOL at the badges. I actually did.20:24

**Amanda Graham:** well, point noted about Elder availability for Newbies20:24

**Sharon:** Not that. Is an Elder a years time in or a years time in and active?20:24

**Amanda Graham:** part of the solution will depend on the technology for sure20:24  
**Allan** left the chat20:25  
**Amanda Graham:** @Sharon... or potentially both?20:25  
**Nancy:** Perhaps there could be an elder's council that could vote on inclusion?20:25  
**Amanda Graham:** quit history... time on site... activity level...20:25  
**Giulia:** EXACTLY Amanda20:25  
**Sharon:** I think needs to be both...yes, all that you just mentioned20:25  
**Giulia:** I was about to put up a blog about that very subject.20:25  
**Amanda Graham:** or a rotating Council with a specified time period of "service"20:26  
**Giulia:** That would exclude some potent people at certain time then.20:26  
**Terrie 07/06/15:** yep20:26  
**Giulia:** And a "council" might make it kind of clicky - which is NOT a good idea.20:26  
**Brenda M:** I think there does need to be some sort of objectively defined criteria.20:26  
**Giulia:** Agreed.20:27  
**Sharon:** Identified Elders could rotate time on chat night20:27  
**Terrie 07/06/15:** yep20:27  
**Amanda Graham:** @sharon - that is what I was envisioning20:27  
**Mark (EX Admin):** @All As we move to a new community platform we'll be able to create more structure so it will be easier to find where discussions pertinent to you, are happening. Blogs will still exist but they may not be solely where the action may be happening. Our current community doesn't allow the ability to create structure so you know where to go or where you are. We're looking forward to improving that.20:27  
**Giulia:** Ah. Yes. Good idea!20:27  
**Amanda Graham:** so to summarize this thread...20:27  
**Nancy:** Amanda - We elders do have differing views on certain NRT's and their success rate and usage, and don't even START on calling smoking after quitting a slip!20:27  
**Amanda Graham:** chat good20:27  
**Amanda Graham:** member/Elder participating in chat good20:27  
**Amanda Graham:** some approach to identifying Elders that is inclusive and fair20:28  
**Amanda Graham:** @Nancy...indeed20:28  
**Megan J - Truth Initiative:** that seems important, that Elders don't all reflect one viewpoint20:28  
**Amanda Graham:** lots of different views on the site20:28  
**Giulia:** That's the great part about this site, it's open to all ideas.20:28  
**Giulia:** Quitting TAKES all ideas in order to achieve the goal.20:29  
**Amanda Graham:** indeed20:29  
**Amanda Graham:** I like to think that's something that's a bit unique about this site20:29  
**Sharon:** May I ask about how something could/would be changed on main screen? Why does it say "If you've slipped..." that is a tough fight every time it comes up.20:29  
**Amanda Graham:** our intent is NOT to hammer home only THE way to quit20:29  
**Giulia:** @ Amanda - I consider it one of the blessings.20:29  
**Amanda Graham:** but to acknowledge there are MANY ways to quit20:30  
**Amanda Graham:** some may have more "evidence" behind them, and we aim to make that available20:30  
**Amanda Graham:** but ultimately it's what people find works for them20:30  
**Nancy:** I agree that there is not one fits all approach.20:30  
**Amanda Graham:** @Sharon20:31  
**Amanda Graham:** can you tell me more about this20:31  
**Giulia:** The "slip button" is really tough for us.20:31  
**trick@hotmail.com:** What ever works to quit.... we need to quit all20:31  
**Sharon:** yes to G's response20:32  
**Giulia:** I'll continue -20:32  
**Marilyn H** joined the chat20:32  
**jennifer72113:** amanda we feel if you slip and have onepuff you need to restart the clock20:32

**Nancy:** Sharon - I agree. It is a DECISION to smoke once you have made a decision to quit - and saying you slipped does not, to me, seem like you are held accountable....unless a patch of ice is involved20:32

**jennifer72113:** your instructions do not say that20:32

**Giulia:** I believe the majority of the long-term quitters on the site feel that if a slip is put out there right up front, it's an encouragement for failure.20:33

**Terrie 07/06/15:** or a banana peel20:33

**Nancy:** Hi, Marilyn from the great frozen North!20:33

**Sharon:** Hello Canada!20:33

**Terrie 07/06/15:** Hi Marilyn20:34

**Amanda Graham:** i wonder if this notion of "restarting" is really an individual decision20:34

**Giulia:** Sure people slip. And obviously you want to encourage them to come back afterwards to try again. But to put it so blatantly just -...20:34

**Amanda Graham:** what about focusing this more on "is this still your quit date?"20:34

**Amanda Graham:** asking someone to verify their quit date... whether or not they have had a puff afterwards... but if that is still their identified quit date20:35

**jennifer72113:** i have almost 2 years and that is without a slip20:35

**Giulia:** Yes.20:35

**Amanda Graham:** in the research community, there is this notion of a "grace period"20:35

**Sharon:** Yes, that makes sense. When do they verify?20:35

**Amanda Graham:** in measuring abstinence, researchers purposely ask about cigarette use after a quit date20:35

**Terrie 07/06/15:** 283 days no slips20:35

**Giulia:** I don't have a grace period with quitting.20:35

**Nancy:** Amanda - but what is to discourage a person from doing it again and again and again? We want folks to have their FINAL quit with us. I think it should be called a lapse and relapse.20:35

**jennifer72113:** i would not feel right celebrating w years if i had slipped even once20:35

**Giulia:** This is HUGE issue within the community.20:36

**Sharon:** I would feel ashamed to "fool" my EX family like that.20:36

**Terrie 07/06/15:** me too Sharon20:36

**Amanda Graham:** so it sounds like the group here would favor more clear, direct, and firm language about a quit date that STIKS20:36

**Amanda Graham:** STICKS20:36

**jennifer72113:** no offence amanda but this addiction does not work this way -20:37

**Amanda Graham:** agreed20:37

**Giulia:** No, it's not so much about quit date, it about the psychology of allowing "slips."20:37

**jennifer72113:** after almost 2 years if i smoked one tonight- - i could be back at a pack a day in no time at all20:37

**Giulia:** There's a that big Slip button there. It calls to the addict within.20:38

**Sharon:** I would too....but I'm going to hang in cuz I am coming to the Quad Squad!20:38

**Nancy:** Jennifer - exactly! If there is no penance, why not just do it again, and again, and again???20:38

**Dr. Hays:** Most of the studies looking at "lapse" show that they virtually all become "relapse"20:38

**Giulia:** Of course they do. That's what we're saying!20:39

**Giulia:** Call it a slip or lapse. What's the difference? You put a cigarette in your mouth.20:39

**Amanda Graham:** this has been a great discussion20:40

**Amanda Graham:** @Sharon thanks for raising this20:40

**Nancy:** Dr. Hays - exactly!!!! Thank you.20:40

**jennifer72113:** so what is the timeline for the new EX?20:40

**Terrie 07/06/15:** I wouldn't want to keep putting myself through it. Quitting was hard enough to do once. That's the point I try to make20:40

**Amanda Graham:** @jennifer... new community = Fall 201620:40

**Amanda Graham:** new "everything else" Spring-ish 201720:40

**Nancy:** How exciting!20:41

**Dr. Hays:** Permanent quit is the goal for everyone who is trying, but getting there is never a straight line20:41

**Sharon:** It was also a LONG line for me!20:42

**Giulia:** No kidding. How many times have each of us tried before we finally made it?!20:42

**jennifer72113:** nope it is not Dr. Hays - but this site has been my salvations20:42

**jennifer72113:** salvation and I am so thankful for everyone here20:42

**Sharon:** I don't think I can even remember Giulia20:42

**Giulia:** But we made it, didn't we!!!!20:43

**Nancy:** Dr. Hays! With this site, the information and support, I truly believe it CAN be a straight line. The quit lines don't talk about the period from 2-4 months quit and are quoting 10 year old studies by sciencits!20:43

**Terrie 07/06/15** left the chat20:43

**Giulia:** Very dangerous time that 2-4 month period.20:43

**Nancy:** scientists. The folks here have walked the walk!!!20:44

**Dr. Hays:** No doubt the support from others is HUGE.20:44

**Amanda Graham:** @Giulia... that 2-4 month period is also another aspect of the site that we're intending to build out20:44

**Giulia:** I firmly believe I could not have quit without support.20:44

**Sharon:** Recognizing I was an addict and getting this support is how I'm making it!20:44

**trick@hotmail.com:** Me Too G20:44

**Amanda Graham:** to provide additional tools and guidance that is dynamic and tailored...20:44

**Amanda Graham:** so that wherever people are in their quit, the site feels like "this was built just for me"20:45

**Amanda Graham:** there are many static pages right now20:45

**Amanda Graham:** and a "one size fits all" approach20:45

**Nancy:** I did not find this site until I was four days quit - and I guarantee I would not have made it without the education and support.20:45

**Amanda Graham:** our intent is to build that out so that whether someone is at 4 days or 40 days, there still feels like something for them20:45

**Amanda Graham:** or even 400 days!20:46

**Giulia:** That'll be a beautiful miracle when you do Amanda.20:46

**Amanda Graham:** and eventually 4000 days! :020:46

**Amanda Graham:** 😊20:46

**Sharon:** Night all20:46

**trick@hotmail.com:** Thanks Amanda20:46

**Sharon** left the chat20:46

**Giulia:** 🙏20:46

**Amanda Graham:** for those of you who are Elders...20:46

**Amanda Graham:** what level of interest would you have in helping guide our approach for the "later days" of the site experience20:47

**Marilyn H:** I agree that between the my 2nd month into about the 3 and a half month mark was the hardest time of my quit and there were days that I wanted to scream but thankfully you guys were here to help me through, plus I was totally committed to succeed no matter what!20:47

**Nancy:** I was literally rescued from failure at 108 days quit by a telephone conversation with one of the elders. This place IS special!20:47

**Amanda Graham:** what it should look like at 2-3 months or 108 days or even several years...20:47

**Amanda Graham:** it is ALL about the community?20:47

**Amanda Graham:** or can you imagine other things that would still be helpful to you all with a long period of time under your belt20:48

**Giulia:** @ Amanda level of interest? Well, I've been supporting on the site for 9 years, I suspect the interest isn't going away tomorrow. Grin.20:48



**Marilyn H:** EDtremely 😊 Special20:48

**Giulia:** Yes. For me it is ALL about the community.20:48

**Amanda Graham:** super! we will harness!20:48

**Mark (EX Admin):** ++Giulia20:49

**Nancy:** Yes - after the initial education - and the light bulb going off - the support is what it's about. I was very, very ill two years ago - and it was like the community wrapped me in its arms. It's something I will never forget. I want to provide that feeling to someone else who needs it!20:49

**Amanda Graham:** @Nancy20:50

**Giulia:** I think it's because it's unconditional love. Which we tend to get nowhere else in our lives.20:50

**Amanda Graham:** that's great to hear...20:50

**Amanda Graham:** and the best we can do is to give you all the easy, best, intuitive technology to keep doing all that20:50

**Giulia:** We're all going through the war together and that makes for tight bonds.20:50

**Amanda Graham:** to make the exchange of that kind of support as EASY as possible20:50

**Amanda Graham:** so let's all raise a toast to the demise of Elgg someday soon! 😊20:50

**Giulia:** It's a special club in that sense. Civilians (non smokers) can't grasp it.20:51

**Giulia:** Here's to the end of Ugg, er Elgg!20:51

**Amanda Graham:** (Elgg = current community software)20:51

**Nancy:** ...(sound of flushing!).....20:51

**Giulia:** HAHAAHAHA HA!20:52

**Amanda Graham:** so with about 10 minutes left20:52

**Marilyn H** left the chat20:52

**Amanda Graham:** let's talk about next steps20:52

**Amanda Graham:** we will host a few more chats in the future20:52

**Amanda Graham:** which will be MUCH more focused on certain topics20:52

**Amanda Graham:** specific features that we're looking for input on20:52

**Amanda Graham:** (ooh, did I just end a sentence with a preposition??)20:53

**Mark (EX Admin):** @Nancy I'm running out of Band-aids for elgg. I bought a big box from Costco when I joined.20:53

**Amanda Graham:** the more you all can spread the word in the community so that we get good representation from new and elder members alike20:53

**Amanda Graham:** that would be immensely helpful to us20:53

**Amanda Graham:** we're hoping to use this approach to get broad input all throughout this process20:54

**Giulia:** You mean about the chats?20:54

**Amanda Graham:** and we'll also be using other venues as well20:54

**Amanda Graham:** surveys20:54

**Nancy:** @Mark - I have a few unused bandages left over from my surgeries I could send you! 😊20:54

**Amanda Graham:** little quizzes20:54

**Amanda Graham:** etc.20:54