

## How To: Advanced Contouring and Highlighting Tutorial

---

This is a complete guide book where I show you the advanced techniques of contouring and highlighting. This includes every facial feature except your lips, which can be found as a blog post at [www.erinnsbeauty.com](http://www.erinnsbeauty.com)

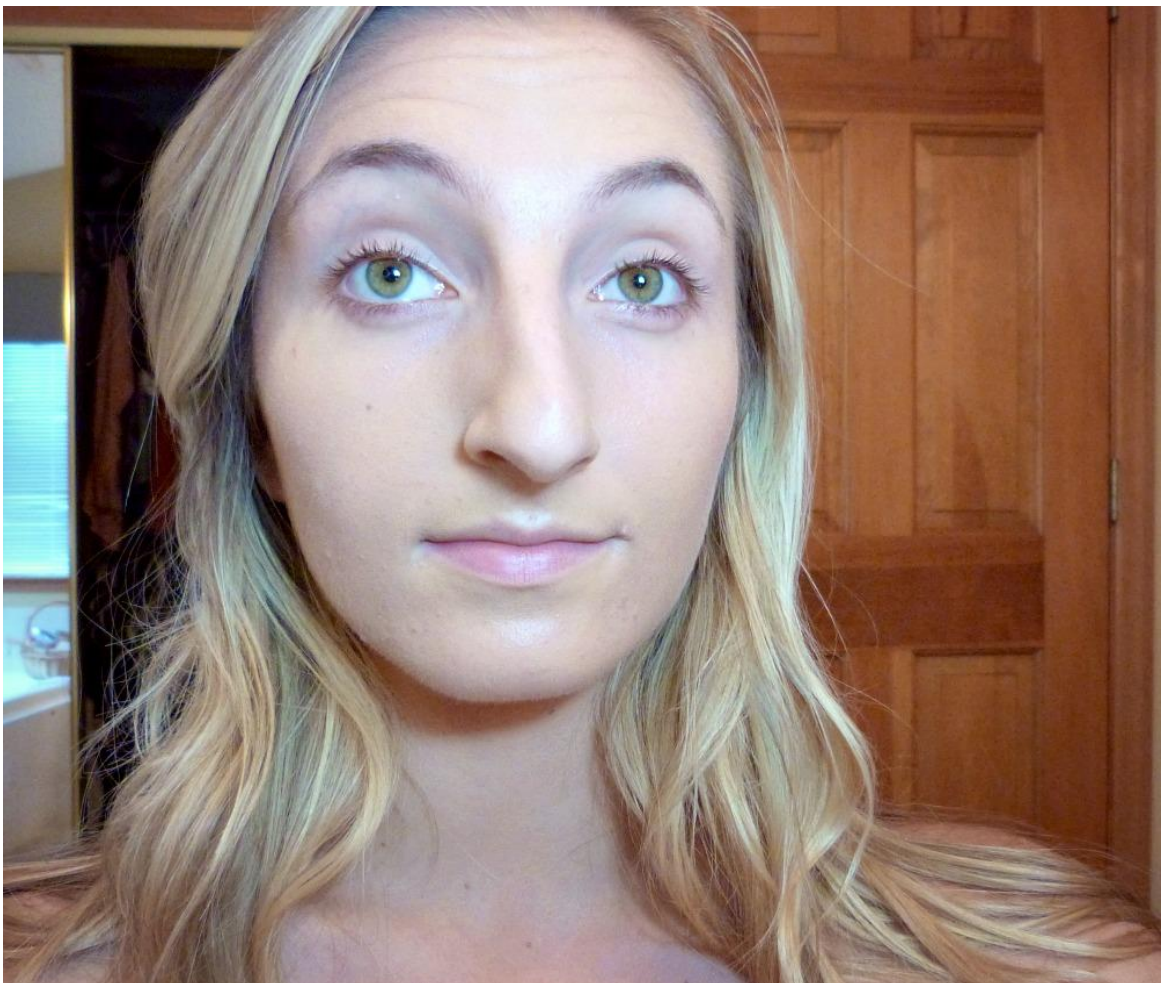
In this tutorial I wanted the contouring and highlighting I did to be natural looking and subtle. As you can tell, the little changes make a big impact, which is what you want because less is always more.



# Contouring:

Contouring is used with a darker powder or crème product. In this tutorial I used a very dark concealer from elf in the shade toffee to contour. Contouring adds dimension to your face and makes certain facial features stand out.

- 1. I started out by applying a thin layer of foundation all over my face and down my neck.**



1.

**2. Next I start by adding the dark concealer right under my cheekbones. You can find this place by feeling your cheek with your finger and when you feel your cheekbone, we are going to trace a line right along the bone.**

The first mistake that people make when contouring their cheekbones is dragging the line too far down and close to your mouth. To make your cheekbones stand out more, just trace your cheekbones halfway to your mouth, don't continue the line too close to your mouth.







### **3. Next we are going to add the color along your temples and hairline.**

Doing this will add dimension to your face and make the attention go to the center of your face because that is where the light will be. If you have a larger forehead, this will make it appear shorter, and if you have a face you want to slim down, then applying the darker shade here will slim down the upper portion of your face.





#### **4. Next we are going to contour down the neck.**

We contour the neck if you want to slim down the neck. Doing this also makes our facial contour blend in nicely with our neck so it appears more natural.



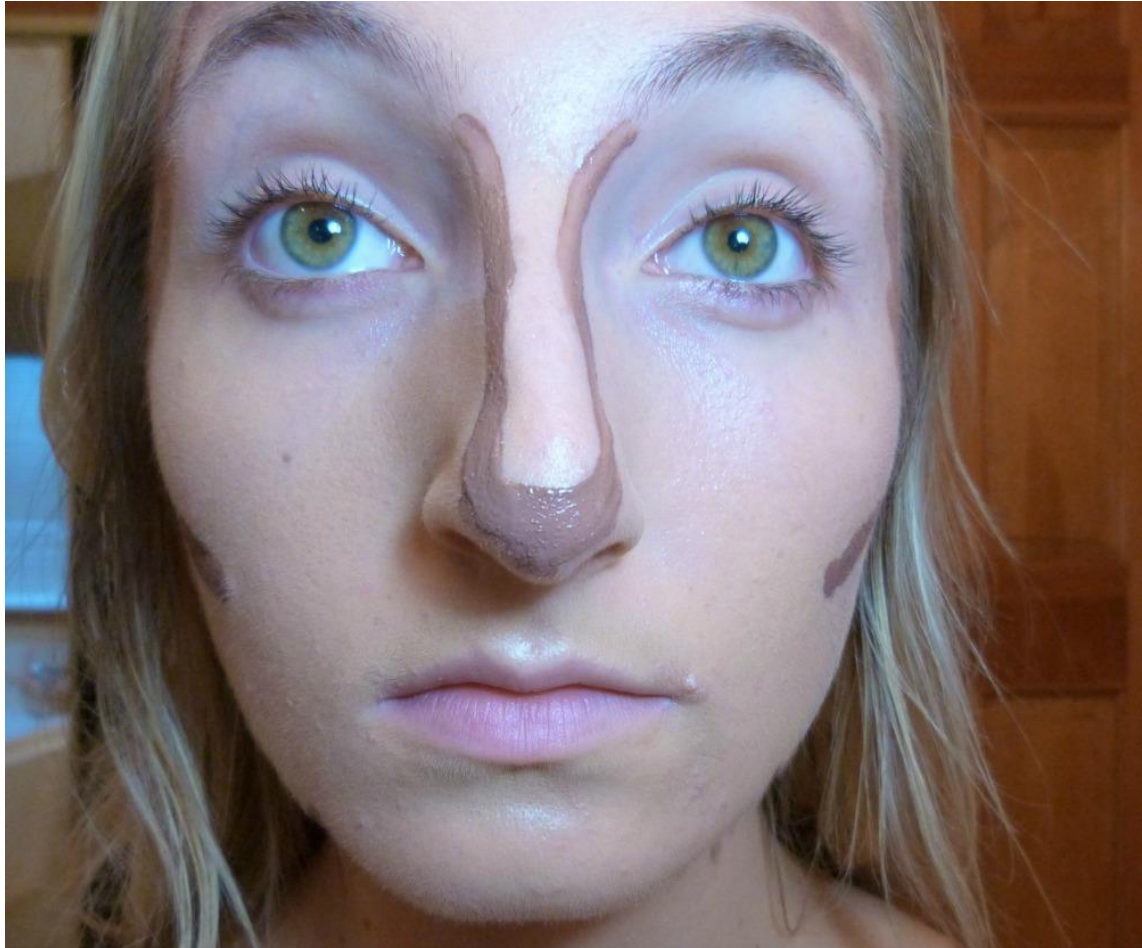
### **5. Next we are going to contour the nose.**

We contour the nose to make it shorter and slimmer. To make your nose appear shorter, we are going to add our color to the tip of our nose as you can see below. Doing this makes the tip of your nose appear higher; therefore, making your nose appear shorter.



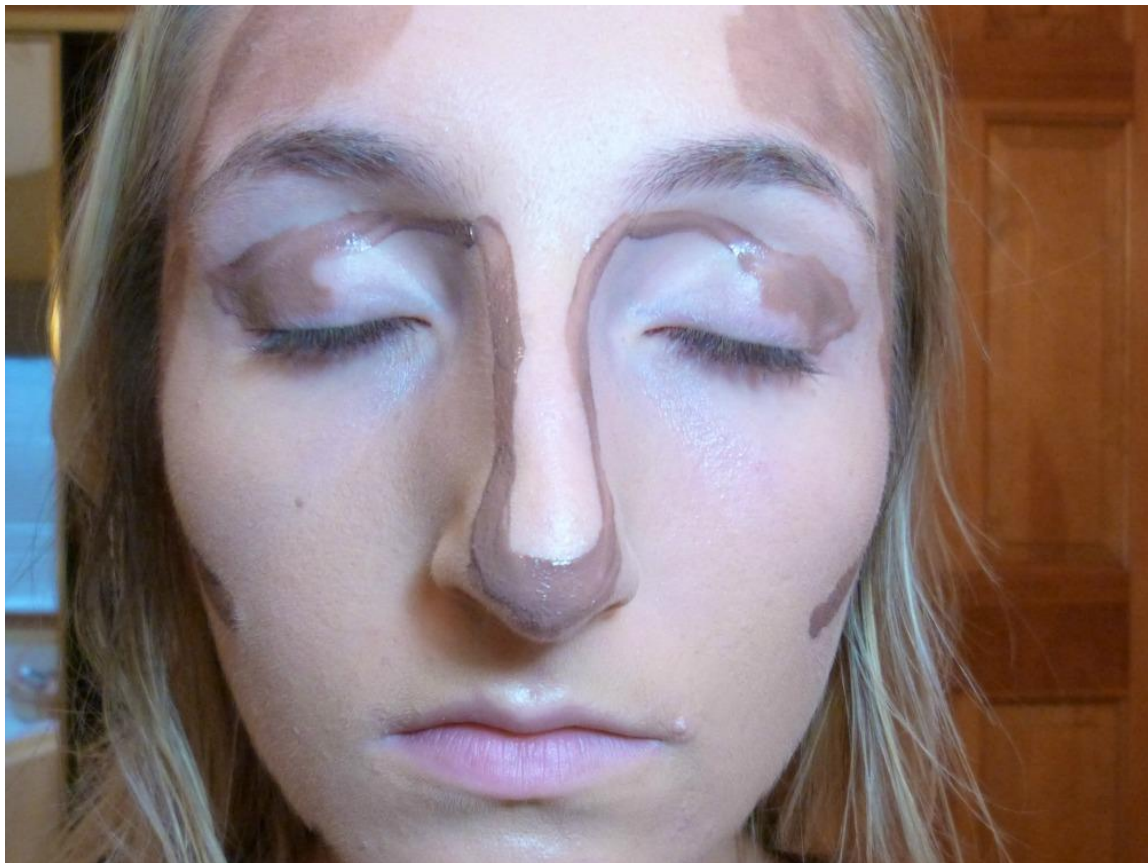


To make our nose appear slimmer, we are going to trace two parallel lines up our nose. In essence we are just tracing ourselves a new nose.



**6. The final thing we are going to contour is our eyelids.**

We contour our eyelids in the crease to make our eyes look more dimensional and to make our eyes appear larger.





So that concludes all of the contouring. Now we will move onto highlighting.



# Highlighting:

In this tutorial I highlighted with a very light shade of concealer. Highlighting adds a glow to your face and goes hand and hand with contouring to make your best features stand out.

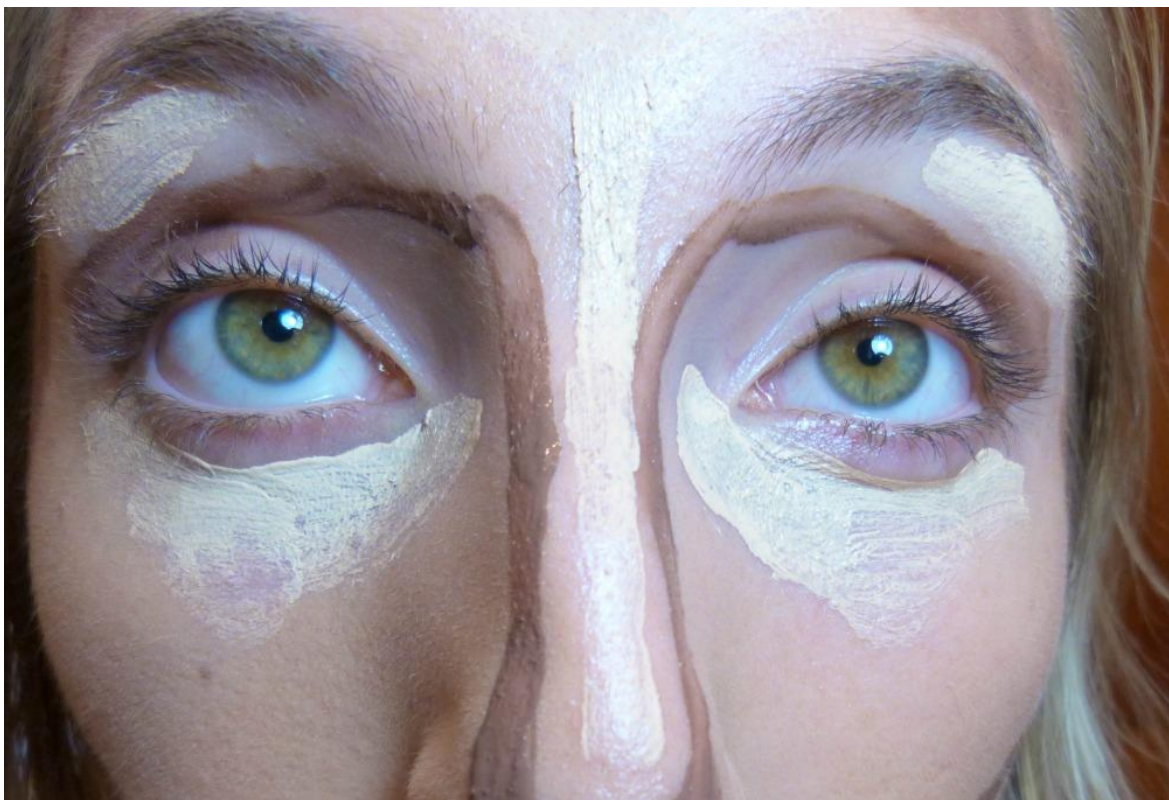
**1. First we are going to highlight our forehead and the bridge of our nose.**

We are just going to highlight the center of our forehead where we did not apply the contour shade. This makes the attention go to the center of your face and adds an immediate glow. Highlighting down our nose will go with our nose contouring to make our nose appear slimmer.



**2. Next we are going to highlight under the brow bone and under the eyes.**

To highlight under the eyes, we are going to make a triangular shape and we are also going to add the highlight just under the arch of our brow. Doing this will make our eyes stand out and make us look more awake, youthful, and glowing. Also highlighting under the eyes will conceal your dark circles and brighten up the whole eye area.





### **3. Next we are going to highlight around the nose.**

To do this we are going to add our light concealer all around the contouring we did for our nose. This will also make our nose appear slimmer and add brightness to the center of our face.



#### **4. Finally we are going to highlight around our mouth.**

To do this we are doing to place highlight on our cupid's bow which will make your lips stand out. We also will be adding highlight on our chin which will make our face appear brighter. Lastly, we will be drawing lines from the corner of our mouths all the way to right under the cheek contour which will make our cheekbones stand out more.







# Blending:

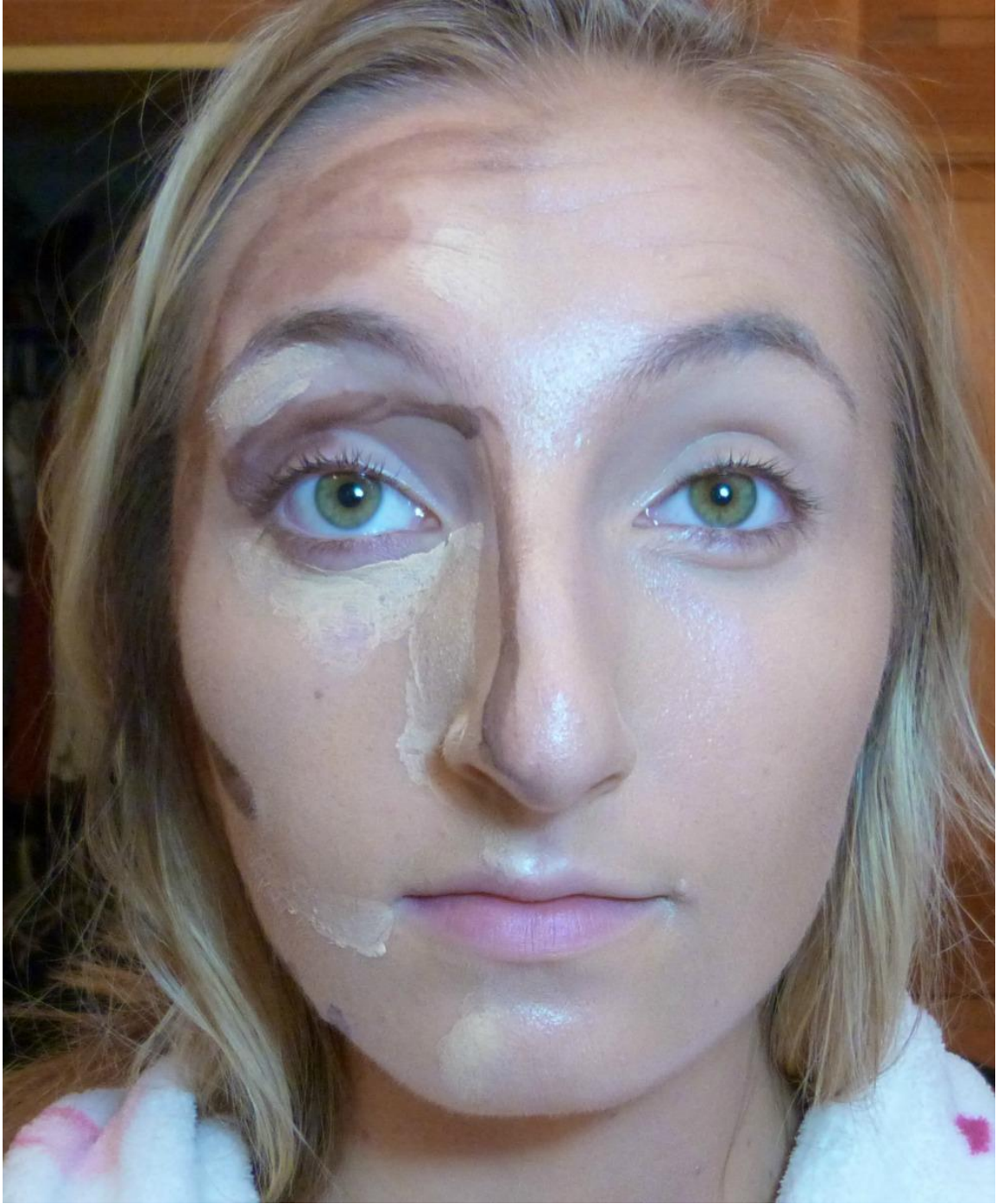
Lastly we are going to move onto blending. To blend we are going to use a buffing brush or powder brush with a tad of foundation. We are going to move in circular motions, being careful not to blend too much so we can still see our contours. Make sure you blend out all of the harsh lines.

If you want your contour and highlighting to look more prominent and dramatic then use a less dense powder brush to blend everything out. This will allow our contours to stay more visible.

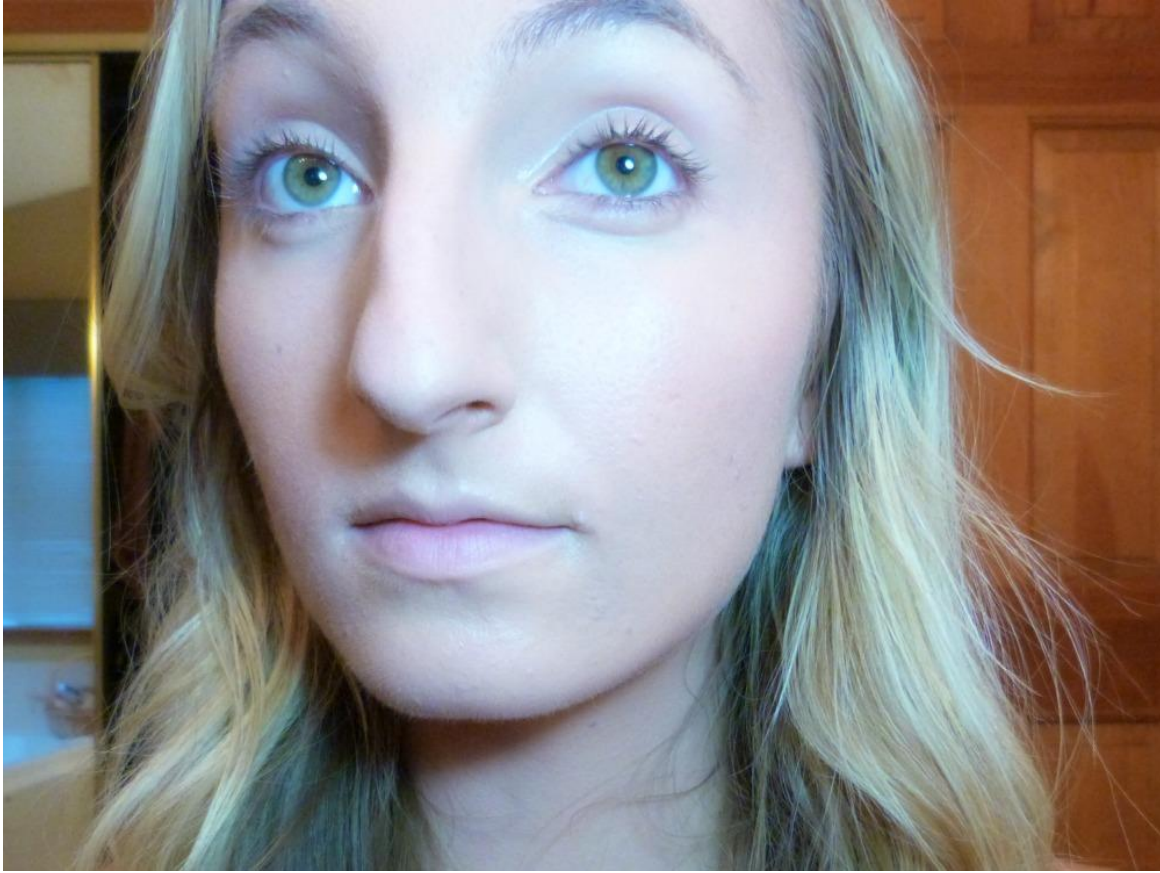
If you want your highlighting and contouring to appear more natural then stick with the buffing brush and blend.

Here is a picture of half of my face blended.

I stuck with the buffing brush so the highlighting and contouring appeared more natural.



Here is the final look after blending with a buffing brush.





That concludes my technique on contouring and highlighting. If you have any questions feel free to email me at [ErinnsBeautyBlog@gmail.com](mailto:ErinnsBeautyBlog@gmail.com) or tweet me on twitter @erinnsbeauty

If you would like to see more advance makeup techniques like this then be sure to follow my blog at [www.erinnsbeauty.com](http://www.erinnsbeauty.com)