



7 Chakra Intuition Guide



PART I - CHAKRAS 1, 2 & 3

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Intuitive Abilities Channeled by chakras 1, 2 & 3

First Chakra

- ☐ Also called the root or base chakra
- ☐ Channels information on survival instinct
- ☐ This is programming to keep your body alive

Second Chakra

- ☐ Also called sacral chakra
- ☐ Channels your emotional intuition or gut feelings
- ☐ Ability is called clairsentience, meaning clear feeling
- ☐ This involves sensing emotions of self and others
- ☐ It's primary purpose is body to spirit communication

Third Chakra

- ☐ Also called solar plexus chakra
- ☐ Channels information on energy distribution
- ☐ Distributes vital energy through the body
- ☐ Responsible for focussing energy into specific creative projects
- ☐ Governs astral experience and astral memory
- ☐ Meaning out of body (OOBE) and dream experiences
- ☐ As well as recollection of the dream state

Intuitive Abilities Channeled by chakras 4, 5 & 6

Fourth Chakra

- ☐ Also called the heart chakra
- ☐ Channels information on affinity and oneness
- ☐ Affinity is a magnetic force drawing you to people, projects & experiences
- ☐ Oneness is the inter-connectedness of all consciousness & your place within it

Fifth Chakra

- ☐ Also called throat chakra
- ☐ Channels five intuitive senses
- ☐ Clairaudience which is intuitively hearing beings without bodies
- ☐ Your inner voice which is how your spirit talks to your body
- ☐ Broad band telepathy, being non-verbal communication to groups
- ☐ Narrow band telepathy, being non-verbal communication to 1-2 others
- ☐ Pragmatic intuition which is intuitively dealing with practical affairs

Sixth Chakra

- ☐ Also called your brow chakra or third eye
- ☐ Channels information on clairvoyance and abstract intuition
- ☐ Clairvoyance means clear seeing and relates to seeing the truth
- ☐ As well as spiritual phenomena such as spirit guides, energy fields and chakras
- ☐ Abstract intuition relates to being able to see and translate abstract information
- ☐ Examples of abstract information are symbols and formulae

Intuitive Abilities Channeled by 7th, Hand & Feet Chakras

Seventh Chakra

- ☐ Also called crown chakra
- ☐ Channels trance mediumship and knowingness
- ☐ Trance mediumship is the ability to channel spirit - yours or someone else's
- ☐ Knowingness, also called claircognizance is the ability to be still and knowing your higher information

Hand Chakras

- ☐ Involved in manifestation
- ☐ You use your hand chakras to manifest your inner creativity outwardly.
- ☐ Energy flows out through your hand chakras when you wish to create something and set the intention to do so.

Feet Chakras

- ☐ Responsible for channeling Earth energy
- ☐ You use your feet chakras to draw in energy from the earth.
- ☐ This can be used to stay in balance within your body and the world around you

Intuitive Abilities Channeled by Chakra Combinations (copy)

Sixth and Seventh Chakras

- ☐ Working together they allow precognition
- ☐ Precognition is the ability to know what will happen in advance
- ☐ It can take place in the form of a waking vision - *a precognitive dream involves the 3rd chakra as you are out of body to access the information.*

Hands, Sixth & Seventh Chakras

- ☐ Involved in psychometry
- ☐ This is sensing information by feeling the energy of objects with your hands.
- ☐ It can be used to sense historical information stored in an object, dowsing for water or to use a pendulum to sense energy or take energy readings.

Hands, First, Sixth & Seventh Chakras

- ☐ Involved in healing and telekinesis
- ☐ Healing creates change in your physical, mental or emotional state, beliefs or energy flow, so harmony is restored. An energy healer provides energy to catalyze this change.
- ☐ Telekinesis is the ability to move objects using mind power. It refers to the ability to move or change the physical state of an object by using your thoughts and without using physical force.



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