



MEPHC Newsletter

Coming Soon! Bump, Baby, & Beyond!

MEPHC will be hosting a regional resource fair for expecting parents and families with young children. We are currently looking for local community resources and businesses to host tables at the fair.

The event is scheduled for Saturday, May 16th at the Lynnfield Police Training Center. If you have local partners that you think would be a good addition to this event, please send their contact information to mephc@northandoverma.gov.

BUMP, BABY & BEYOND



A resource fair for expecting parents and families with young children

SATURDAY, MAY 16th

— Save the date —

Free Community Event



Upcoming Events

MEPHC Inspector Workgroup
Virtual
March 11 at 3 PM

MEPHC Advisory Board
Virtual
March 12 at 1 PM

MEPHC Nurses Workgroup
Haverhill Citizen Center
April 9 at 11:30 AM

MMA Local Public Health Transformation under SAPHE 2.0
March 3 at 12 PM

MEPHC Opioid Workgroup
Lynnfield | In-person
April 30 at 10 AM

ASTHO Leading Change Workshop
March 24-25

Check out the training calendar!

SOP Development: Coordinated Response to Foodborne Illness

A draft Standard Operating Procedure (SOP) for Coordinated Response to Foodborne Illness (FBI) Complaints and Enteric Disease Cases has been developed and shared with the Inspector Workgroup, Advisory Board, and Nurses Workgroup for feedback.

The intent is for this to become a shared regional resource that formalizes roles, communication, and coordination across communities during foodborne illness and enteric disease investigations.

This work strengthens our regional food safety response. Provide additional feedback on the link below.

[To Comment on the SOP](#)



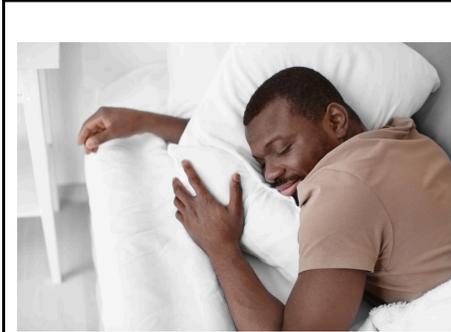
FOLLOW US ON LINKEDIN



Monthly Health Topic

For March, MEPHC has graphics created for National Nutrition Month and Sleep Awareness Week (March 8-14). For this health education image and more click the link below! Need an image created? Reach out to Lea Anne (lpero@northandoverma.gov).

[Access Resources Here](#)



March Blog Post:

This month MEPHC focused on healthy sleep habits and how sleep impacts our mental health. To read more about healthy sleep and to access our previous blog posts, click the link below.

[Monthly Blog Post](#)



Heartsaver CPR AED Sign-ups

MEPHC is hosting an AHA CPR AED blended learning course. The online portion to be completed before the hands-on demonstration on April 2nd at 10:30 AM at North Andover Town Hall. Please fill out the form by March 13th if you would like to participate.

[CPR Sign-Up Form](#)



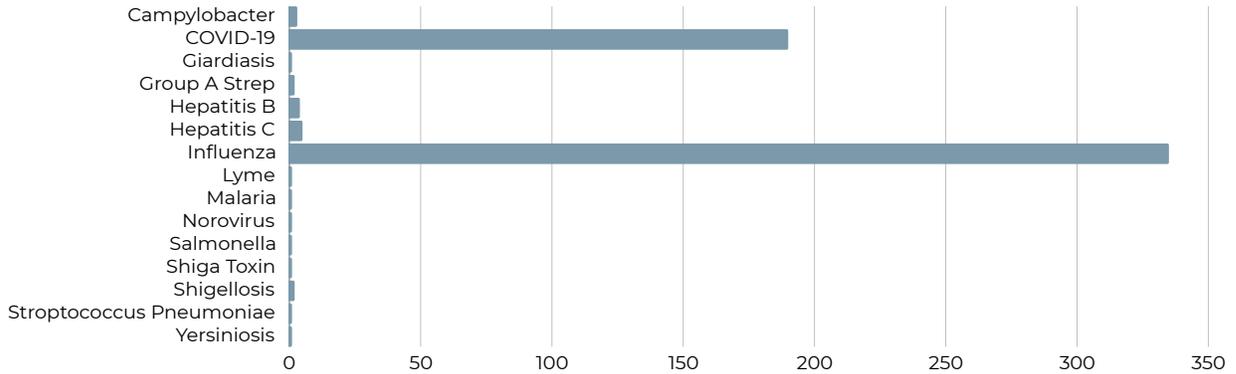
Join the Opioid Workgroup in April

MEPHC Regional Opioid Workgroup meets quarterly to discuss the use of Opioid funds within the communities. The group often shares resources and provides a space to ask questions with others working in this space. Join our next meeting on April 30th at 10 AM at Lynnfield Media Studios.

This disease trend report aggregates data from the communities of North Andover, Andover, Reading, North Reading, Haverhill and Lynnfield.

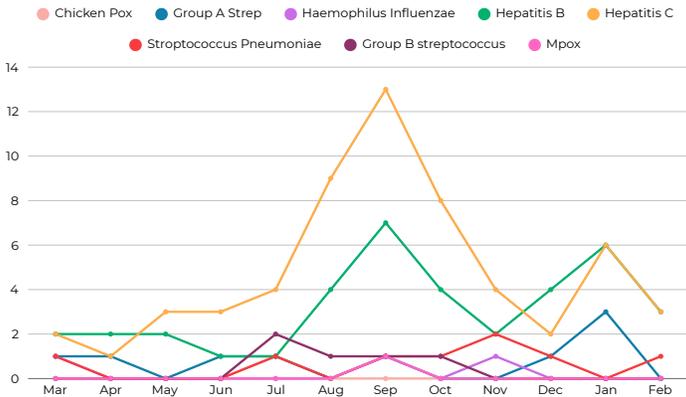
Confirmed & Probable Diseases Reported

January 15, 2026 to February 14, 2026



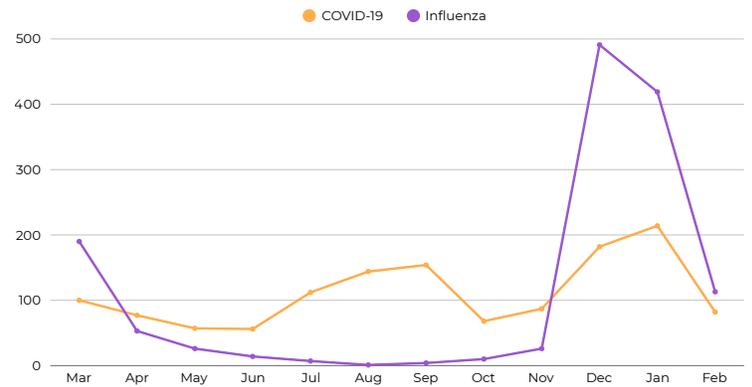
Confirmed & Probable Communicable Diseases

March 1, 2025 - February 15, 2025



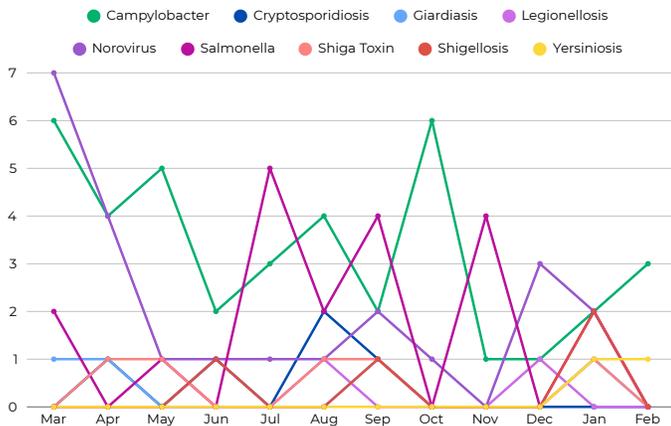
Confirmed & Probable Influenza & COVID-19 Cases

March 1, 2025 - February 15, 2026



Confirmed & Probable Foodborne Diseases

March 1, 2025 - February 15, 2026



Confirmed & Probable Vectorborne Diseases

March 1, 2025 - February 15, 2026

