

**Maine Academy of Family Physicians**  
**34<sup>th</sup> Annual Family Medicine Update**  
**March 19-21, 2026**  
**DRAFT AGENDA**

**Thursday, March 19, 2026**

TIME	SESSION	SPEAKER(S)	LOCATION
1:00 PM – 5:00 PM	KSA -Palliative Care	John Kroger, MD; Teresa Letellier, MD	Baypoint Ballroom
5:00 PM - 8:00 PM	MAFP Board of Directors Meeting	Board of Directors	Penobscot Bay

**Friday, March 20, 2026**

TIME	SESSION	SPEAKER(S)	LOCATION
<b>7:00 AM</b>	<b>REGISTRATION AND BREAKFAST</b>		
8:00 AM – 9:00 AM	Food is Medicine: Evidence Based Nutrition	Jessica Faraci, MD	Baypoint Ballroom
9:00 AM – 10:00 AM	Longitudinal Primary Care following gestational diabetes and/or hypertension	Stephanie McCullough, MD	Baypoint Ballroom
10:00 AM – 10:15 AM	<b>Break</b>		
10:15 AM – 11:15 AM	Direct Primary Care	Brian Pierce, MD	Baypoint Ballroom
10:15 AM – 11:15 AM	Concurrent Workshop: Sports Injections	Kaitlin Minnehan, MD	Penobscot Bay
11:15 AM – 12:15 PM	Death Certificate Completion	Taylor Slemmer, Medicolegal Death Investigator II	Baypoint Ballroom
12:15 PM – 1:15 PM	<b>Lunch</b>		
1:15 PM – 2:15 PM	Clinical Care for Patients Affected by PFAS Exposure	Rachel Criswell, MD, MS	Baypoint Ballroom
2:15 PM – 3:15 PM	Breastfeeding Basics for Family Physicians	Kathleen Polonchek, MD; Paula Norcott, IBCLC	Baypoint Ballroom
3:15 PM – 3:30 PM	<b>Break</b>		

3:30 PM – 4:30 PM	Ethical Dilemmas in Primary Care	Jims Jean-Jaques, DO	Baypoint Ballroom
4:30 PM - 5:30 PM	Pessary Workshop	Yanghee Courbron, MS, WHNP	Baypoint Ballroom
5:30 PM – 6:00 PM	Welcome Reception		
6:00 PM – 7:00 PM	The Advocacy Roundtable: Your Voice, Your Impact		
SATURDAY, March 21, 2026			
TIME	SESSION	SPEAKER(S)	LOCATION
7:00 AM	REGISTRATION AND BREAKFAST		
8:00 AM – 9:00 AM	Trauma-Informed Care	Jiana Menedez, MD	Baypoint Ballroom
9:00 AM – 10:00 AM	Tick and other Vector Borne Illnesses: The Things that Bug US.	Devin Myles, MD, MPH	Baypoint Ballroom
10:00 AM – 10:15 AM	Break		
10:15 AM – 11:15 AM	Concurrent Workshop: Wilderness Medicine	Jerome Pomeranz, MD	Baypoint Ballroom
10:15 AM – 11:15 AM	Concurrent Workshop: Do for the MD	Jenn Eaton, DO	Penobscot Bay
11:15 AM – 12:15 PM	Cardiac Devices (Pacers, ICD’s)	Tristan Reynolds, DO; Sebastian Jablonski, DO	Baypoint Ballroom
12:15 PM – 1:30 PM	ANNUAL BUSINESS MEETING AND LUNCHEON		
1:30 PM – 2:30 PM	Opioid Use Disorder	Elizabeth Mock, MD, MPH, FAAFP	Baypoint Ballroom
2:30 PM – 3:30 PM	From Awareness to Action - Practical Approaches to Alcohol Use Disorder in Primary Care	Brendan Prast, MD	Baypoint Ballroom
3:30 PM – 4:30 PM	Beyond Counting Sheep - Evidence based treatment of Insomnia	Diane Zvaotsky, MD	Baypoint Ballroom
4:30 PM – 4:45 PM	CLOSING REMARKS		
5:00 PM – 6:00 PM	MAFP Social - Firepit and Smores, Hot Cocoa and Coffee		