
Bolton Senior Center Prime Time

September and October 2026

Monday – Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 3 p.m.

860-647-9196

Director: Carrie Concatelli, MSW

Email: cconcatelli@boltonct.gov

Program Coordinator/Administrative Assistant: Mary Beth Dufresne

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Administrative Assistant: Pam Wentworth

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About the Senior Center: There is no membership to participate. First time visitors check in at the office. All other participants sign-in at the front door. The Senior Center is open to all participants age 55+. Transportation is available for residents age 60+ or adults with disabilities. Call to schedule medical appointments and errands; transportation is subject to availability and medical rides take priority. The Bolton Food Pantry is open to residents of all ages, registration is required. The Food Pantry is closed on the fourth Tuesday of the month. Ask about MACC and other food resources.

Registration for the September/October programs will open on Monday, August 24 at 9 a.m. either in person or over the phone. NO early registrations will be accepted.

Holiday Closures and Schedule Changes

Town Offices are closed on Monday, September 7 and Monday, October 12. There is no Chair Yoga on Monday, September 14. There will be a sub for chair yoga on Wednesday, September 16 and Friday, September 18. No Dominoes on Monday, October 26.

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. Knox Boxes are available thanks to the generosity of Bolton Senior Inc. and Bolton Volunteer Fire Department. See Senior Center staff for an application.

In remembrance

We remember Joan Spera, Kathy Call and Helen Dahl.

Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2020 and newer) and puzzles are accepted.

Thank You

The Senior Center would like to thank Girl Scout Troop 65181 from Bolton/Coventry. They created a pet food pantry to achieve their Bronze Award. We would also like to thank those who participated in the Bentley Memorial Library summer food drive to stock the pantry. Your contributions are appreciated.

Here's What's Been Happening

Our summer trips included breakfast at Oscar's in South Windsor. We enjoyed "The Wild Party" musical at Playhouse on Park in West Hartford followed by lunch at A.C. Petersen. Another musical that was fun filled was "Crazy for You" at Goodspeed preceded by lunch at Cactus Bistro in Haddam. A good time was had by all at the CT Sun basketball game with great seats and an exciting, fast paced game. We are looking forward to the CT River Tour and lunch at Elaine's in Wethersfield.

At the Senior Center, we ate ice cream while answering trivia questions from the 1990's. A big thank you to Senior Inc. for hosting the annual BBQ. We had presentations on Central America, the proper application of make up for mature women, and learned much about electrical rates.

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class

NO CHAIR YOGA ON MONDAY, SEPTEMBER 14



Set Back

Wednesdays at 12:30 p.m.



Poker

Tuesdays at 12 p.m.

Quilting

Fridays at 11:00 a.m.



Dominoes

Mondays at 1:00 p.m.

NO DOMINOES ON MONDAY, OCTOBER 26



Cribbage

First and Third Tuesday of the month at 10:00 a.m.

Mah Jongg

Tuesdays at 12:30 p.m.

IF YOU ARE AN EXPERIENCED MAJ JONGG PLAYER AND WOULD LIKE TO JOIN, PLEASE DO!

Bridge

First and Third Wednesday of the month at 12:30 p.m.

June 17: Betty Aitkin-3390

July 1: Sandy Swan-2200

July 15: Marcia Benson-2010

August 5: Chris Kunz-1670

All regularly scheduled programs do not require advance registration.

Bolton Senior Inc. Meeting - At 10:30 a.m. on Monday, September 21 and Monday, October 19.

Commission Meeting – At noon on Tuesday, September 15.

Foot Care By Nurses appointments (\$60) are on the fourth Tuesday of the month.

Special Events

ALL SPECIAL EVENTS REQUIRE REGISTRATION.

See descriptions for applicable fees, deadlines, or space limitations.

Please tell us if you no longer plan to attend. There is often a waiting list.

BINGO

Thursday, September 3 and Thursday, October 1 at 1 p.m. \$1 a card to play multiple games. **On October 1, we will be celebrating International Coffee and Cookie Day before and during Bingo!**

SPOT OF TEA AND TOUR AT WADSWORTH MANSION

Take a guided tour of the Wadsworth Mansion in Middletown detailing the history of the mansion constructed during the Gilded Age on Wednesday, September 9. After the tour, enjoy delicious goodies, small sandwiches and tea served in the mansion's tradition of hospitality. The tour and tea service is entirely on the first floor and is fully accessible. For more information, please visit www.wadsworthmansion.com. The cost is \$10 per person, cash or check payable to Town of Bolton. The van leaves at 1 p.m. and should return to the Senior Center around 4:30 p.m. **The individuals on June's waitlist for this event will have right of first refusal. Participants will be on a standby list until payment is made. Please RSVP by Wednesday, September 2.** Limit 10 participants.

WOODLAND GARDENS FALL FLOWER PROJECT

Join us at Woodland Gardens in Manchester on Thursday, September 10 at 10 a.m. We will be using a 12" copper/bronze toned ribbed pot with a great selection of 4" and 6" annuals suited for long term cool temp weather. It will also include a fall bow, scarecrow and gourd or mini pumpkin. The cost is \$20 per person non-refundable, cash or check payable to Town of Bolton. **Participants will be on a standby list until payment is made. Please RSVP by Friday, August 28.** Limit 22 participants. After class, we will be having lunch at The Main Pub in Manchester. The menu can be viewed at www.mainpub.com or at our front desk. **PLEASE NOTE:** There is no van transportation for this event, it is self-serve, but you must be registered for the reservation.

HEBRON HARVEST FAIR

We will be taking a trip to the annual fair on Friday, September 11 weather permitting. **We will call all participants the day before if we have to cancel.** Seniors aged 65+ have free admission. The bus will leave at 1 p.m. Limit 10 participants.

NEEDLE FELTING CLASS

Once again, Diana Sheard will join us on Monday, September 14 at 10 a.m., to guide us in creating our own 8" fall wreath from start to finish with wool using felt needles. Whether you're a newbie or have done this before, you will have fun with friends. An example of the completed bunnies that we made in April 2025 as well as the adorable wreath we will make, can be viewed at the front desk. All supplies are included. The cost is \$10 per person cash or check made out to Town of Bolton. **Participants will be on a standby list until payment is made. Please RSVP by Friday, August 28.** Limit 18 participants.

SENIOR APPRECIATION LUNCH

Please join us at the Bolton Senior Center for our Senior Appreciation Lunch on Thursday, September 17 at noon, followed by some special entertainment. September is National Senior Center Month, and we wouldn't be a Senior Center without you! The cost is \$5 paid in cash. **Participants will be on a standby list until payment is made. Please RSVP by Thursday, September 10.** Limit 50 participants.

LUNCH AT GEORGINA'S

Please join us for lunch at Georgina's Restaurant in Bolton on Tuesday, September 22 at 11:30 a.m. **Please RSVP by Wednesday, September 16.** The menu can be viewed at www.georginasrestaurant.com or at our front desk. Limit 20 participants.

PLEASE NOTE: There is no transportation for this event, it is self-serve, but you must be registered with the reservation.

DIETICIAN FROM SHOP RITE

Once again, we welcome Sarabeth Campanelli, a dietitian from Shop Rite, who will be at the Senior Center on Thursday, September 24 at 11 a.m. She will discuss ways to eat and stay healthy as we welcome fall. She will be creating a delicious recipe that will help you stay fit BUT will taste great. **Please RSVP by Monday, September 21.**

THE FARMER'S DINER FOR LUNCH

Please join us for a lunch trip to The Farmer's Diner in Lebanon on Tuesday, October 6. The bus will leave the Senior Center at 11:30 a.m. The menu is at our front desk.

Please RSVP by Tuesday, September 29. After breakfast, we will stop at Motta's Bakery in Columbia. Limit 10 participants for the trip.

INDIA PRESENTATION

Pam and Bruce Wentworth kindly offered to present their vacation to India. They will be speaking at the Bolton Senior Center on Thursday, October 8 at 10 a.m. Come and hear about their exciting trip and sample a treat.

MYSTERY TRIP

The Senior Center is heading to an unknown destination for breakfast on Thursday, October 15 at 8:45 a.m. **PLEASE NOTE THE TIME.** If you are daring enough to join us, please do! After breakfast, we will take a short drive to shop before we head back to the Senior Center. Please note there is walking involved. Restrooms are available at both locations. **Please RSVP by Thursday, October 8.** Limit 10 participants.

MOHEGAN SUN CASINO

Take a trip with friends to Mohegan Sun on Thursday, October 22. The van leaves at 9:15 a.m. \$5 for all passengers. **The individuals on August's waitlist for this event will have right of first refusal.** Limit 10 participants.

VACCINE CLINIC-SAVE THE DATE

The Bolton Senior Center will be hosting a vaccine clinic Monday, October 26 from 12 p.m. to 4 p.m. Additional details will be available soon.

HALLOWEEN PARTY

Start thinking about your costume because the Halloween Lunch will be on Thursday, October 29 at noon. There will be treats and prizes for costume creativity. The cost is \$5 paid in cash. **Participants will be on a standby list until payment is made. Please RSVP by Thursday, October 22.** Limit 50 participants.

“PLAYHOUSE HOLIDAY JAMBOREE 2026” AT IVORYTON

“The Playhouse Holiday Jamboree” brings the warmth, humor and heart of the season and invites audiences for a spirited celebration filled with holiday tunes, wintertime stories, and festive magic. Set in a cozy cabin filled with bookshelves and maps, the show takes audiences on a musical road trip through the sounds and traditions that span the spectrum of an American Christmas. With beloved carols, country-tinged classics, toe-tapping tunes, and tender moments by the fire, the Jamboree celebrates the joy of gathering with the ones we love and the lengths we go to get there. The performance is at the Ivoryton Playhouse in Essex on Thursday, November 19 at 2 p.m. The van leaves at 10:15 a.m. for lunch at The Red Fox Restaurant in Middletown. The theater has 10 hearing devices at the box office. There will be a 15-minute intermission. **Tickets are \$48 per person, non-refundable and due in full by Thursday, October 15. Checks can be made payable to the Town of Bolton. Limit 10 participants.**

Social Services Corner

Please note: Fall is our busy season. Appointments required. Walk-ins may not be accommodated.

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, eligibility information, referral to community providers, application assistance, etc. **Please call 860-647-9196 to make an appointment.**

The Food Pantry is open to residents of all ages who have completed the registration form. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George’s Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are September 8 and 24 and October 6 and 20.

ENERGY ASSISTANCE

Home heating assistance begins in September, including the CT Home Energy Assistance Program (CEAP) and Generation Power CT (formerly Operation Fuel). **A Social Service appointment is required, call 860-647-9196 to schedule and for eligibility details.** No urgent requests will be honored, please monitor fuel levels.

Bolton Senior Center September 2026

Monday – Thursdays 9 a.m. to 4 p.m. Fridays 9 a.m. to 3 p.m. 860-647-9196 seniorservices@boltonct.gov

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		1 Cribbage Poker Mah Jongg	2 Chair Yoga Set Back Bridge	3 Bingo 1:00	4 Chair Yoga Quilting 9:30 11:00	5
6	7 HOLIDAY	8 Poker Mah Jongg	9 Chair Yoga Set Back Spot of Tea and Tour at Wadsworth Mansion 1:00	10 Woodland Gardens Fall Flower Project 10:00	11 Chair Yoga Quilting Hebron Fair 1:00	12
13	14 NO CHAIR YOGA Needle Felting 10:00 Dominoes 1:00	15 Cribbage Poker Commission 12:00 Mah Jongg	16 Chair Yoga Sub Set Back Bridge	17 Senior Appreciation Lunch 12:00	18 Chair Yoga Sub Quilting 9:30 11:00	19
20	21 Chair Yoga Senior Inc. 10:30 Dominoes 1:00	22 Footcare by Appt. Lunch at Georgina's 11:30 Poker Mah Jongg	23 Chair Yoga Set Back	24 Shop Rite Dietician 11:00	25 Chair Yoga Quilting 9:30 11:00	26
27	28 Chair Yoga Dominoes 9:30 1:00	29 Poker Mah Jongg	30 Chair Yoga Set Back			

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SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
				1	2	3
				Bingo 1:00 International coffee and cookie day	Chair Yoga 9:30 Quilting 11:00	
4	5	6	7	8	9	10
	Chair Yoga 9:30 Dominoes 1:00	Cribbage 10:00 The Farmer's Diner 11:30 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	India Presentation 10:00	Chair Yoga 9:30 Quilting 11:00	
11	12	13	14	15	16	17
	HOLIDAY	Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	Mystery Trip 8:45	Chair Yoga 9:30 Quilting 11:00	
18	19	20	21	22	23	24
	Chair Yoga 9:30 Senior Inc. 10:30 Dominoes 1:00	Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	Mohegan Casino 9:15	Chair Yoga 9:30 Quilting 11:00	
25	26	27	28	29	30	31
	Chair Yoga 9:30 NO DOMINOES Vaccine Clinic 12-4	Footcare by Appt. Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	Halloween Party 12:00	Chair Yoga 9:30 Quilting 11:00	

Bolton Senior Center Registration Form

Name: _____ Date: _____

Bingo 1 p.m. ____ Th. 9/3 ____ Th. 10/1

Spot of Tea and Tour at Wadsworth Mansion (\$10 cash or check payable to Town of Bolton) 1:00 p.m. ____ Wed. 9/9

Woodland Gardens Fall Flower Project (\$20 cash or check payable to Town of Bolton) 10:00 a.m. ____ Th. 9/10
Attending lunch after at The Main Pub ____ Yes ____ No

Hebron Fair 1:00 p.m. ____ Fri. 9/11

Needle Felting Class (\$10 cash) 10:00 a.m. ____ Mon. 9/14

Senior Appreciation Lunch (\$5 cash) 12 p.m. ____ Th. 9/17

Lunch at Georgina's 11:30 a.m. ____ Tues. 9/22

Shop Rite Dietician 11:00 a.m. ____ Th. 9/24

The Farmer's Diner 11:30 a.m. ____ Tues. 10/6

India Presentation 10:00 a.m. ____ Th. 10/8

Mystery Trip 8:45 a.m. ____ Th. 10/15

Mohegan Casino (\$5 cash) 9:15 a.m. ____ Th. 10/22

Halloween Party (\$5 cash) 12:00 ____ Th. 10/29

"Playhouse Holiday Jamboree" at Ivoryton Playhouse (\$48 cash or check payable to Town of Bolton) 10:30 a.m. ____ Th. 11/19

Please indicate if you require transportation or driving yourself to an off-site event. You will be notified if there is a wait list.

Please notify us of any cancellation immediately.

KEEP THIS COPY: Bolton Senior Center Registration Form

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Bingo 1 p.m. ____ Th. 9/3 ____ Th. 10/1

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