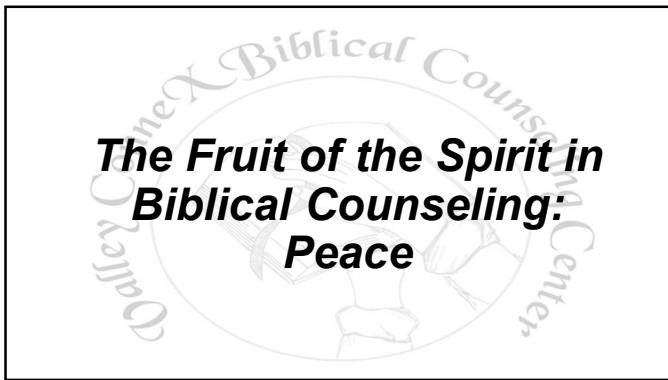


1



2

The fruit of the Spirit

- ¹⁶ But I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. ¹⁸ But if you are led by the Spirit, you are not under the law. ¹⁹ Now the works of the flesh are evident: sexual immorality, impurity, sensuality, ²⁰ idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, ²¹ envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. ²⁴ And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ If we live by the Spirit, let us also keep in step with the Spirit. Galatians 5:16-25 (ESV)

3

Observations

- We have two options:
 - Walk in the Spirit with the result that the fruit of the Spirit will form and grow in us.
 - Gratify the desires of the flesh with the resulting sinful behavior.
- Gratifying the desires of the flesh produces a chaotic and destructive array of behaviors.
- Walking in the Spirit forms a unified and ordered life portraying the character of Christ.

4

εἰρήνη

eirēnē *A state of freedom from*
 peace *inner turmoil*

5

For the follower of Christ our connection with His death has set us free from the chaotic and deadly rule of sin so that “we may bear fruit for God.”

• *“Likewise, my brothers, you also have died to the law through the body of Christ, so that you may belong to another, to him who has been raised from the dead, in order that we may bear fruit for God. For while we were living in the flesh, our sinful passions, aroused by the law, were at work in our members to bear fruit for death. But now we are released from the law, having died to that which held us captive, so that we serve in the new way of the Spirit and not in the old way of the written code. Romans 7:4-6*

6

God's standard of righteousness as revealed through His Law exposes the reality and gravity of sin.

• *What then shall we say? That the law is sin? By no means! Yet if it had not been for the law, I would not have known sin. For I would not have known what it is to covet if the law had not said, "You shall not covet." But sin, seizing an opportunity through the commandment, produced in me all kinds of covetousness...*

7

God's standard of righteousness as revealed through His Law exposes the reality and gravity of sin.

• *For apart from the law, sin lies dead. I was once alive apart from the law, but when the commandment came, sin came alive and I died. The very commandment that promised life proved to be death to me. For sin, seizing an opportunity through the commandment, deceived me and through it killed me. So the law is holy, and the commandment is holy and righteous and good. Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure. Romans 7:7-13*

8

Neither the knowledge of what is right and wrong, nor one's best efforts can overcome our desires and bring sin into subjection. This keeps us in an unsettled state.

• *For we know that the law is spiritual, but I am of the flesh, sold under sin. For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree with the law, that it is good. So now it is no longer I who do it, but sin that dwells within me...*

9

Neither the knowledge of what is right and wrong, nor one's best efforts can overcome our desires and bring sin into subjection. This keeps us in an unsettled state.

• For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. For I do not do the good I want, but the evil I do not want is what I keep on doing. Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. So I find it to be a law that when I want to do right, evil lies close at hand. For I delight in the law of God, in my inner being, but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. Wretched man that I am! Romans 7:14-24a

10

Salvation through Jesus Christ lays the foundation for a state of freedom from inner turmoil.

• Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin. Romans 7:24b-25

11

Through Jesus Christ we have the ability to walk in the Spirit and experience this freedom from inner turmoil.

• There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit...

12

Through Jesus Christ we have the ability to walk in the Spirit and experience this freedom from inner turmoil.

- *For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. Those who are in the flesh cannot please God. Romans 8:1-8*

13

Through Jesus Christ we have the ability to walk in the Spirit and experience this freedom from inner turmoil.

- *"You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you." (Romans 8:9-11, ESV)*

14

Sinful behavior, even in the life of a Christ-follower, arising from our desires and misplaced loyalties creates both external and internal turmoil.

- *"What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you? You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, to spend it on your passions. You adulterous people! Do you not know that friendship with the world is enmity with God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God. Or do you suppose it is to no purpose that the Scripture says, "He yearns jealously over the spirit that he has made to dwell in us"?" (James 4:1-5, ESV)*

15

God's grace makes it possible to know the freedom from inner turmoil that comes when we return to Him.

- *"But he gives more grace. Therefore it says, "God opposes the proud but gives grace to the humble." Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. Humble yourselves before the Lord, and he will exalt you."* (James 4:6-10, ESV)

16

The peace of God is foundational to ministry that brings glory to God.

- *"Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in us that which is pleasing in his sight, through Jesus Christ, to whom be glory forever and ever. Amen."* (Hebrews 13:20-21, ESV)

17

Conditions promoting the growth of peace

- *"Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you."* (Philippians 4:4-9, ESV)

18

Conditions promoting the growth of peace

• *“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.”* (Colossians 3:12–15, ESV)

19

The reality of chaos and conflict all around us cannot touch the state of freedom from inner turmoil that is placed there by the Holy Spirit.

• *“For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, being ready to punish every disobedience, when your obedience is complete.”* (2 Corinthians 10:3–6, ESV)

20

The reality of chaos and conflict all around us cannot touch the state of freedom from inner turmoil that is placed there by the Holy Spirit.

• *“Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.”* (John 14:27, ESV)

• *“I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”* (John 16:33, ESV)

21



22
