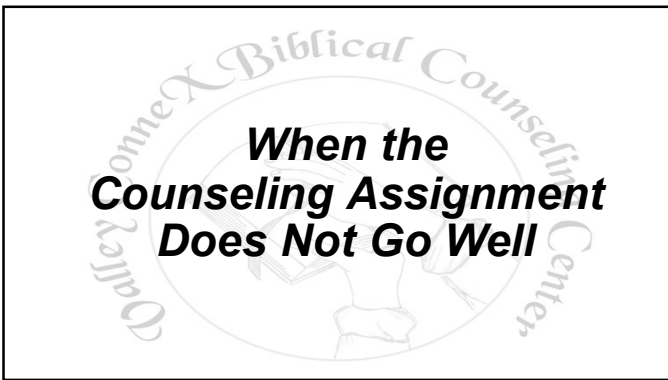
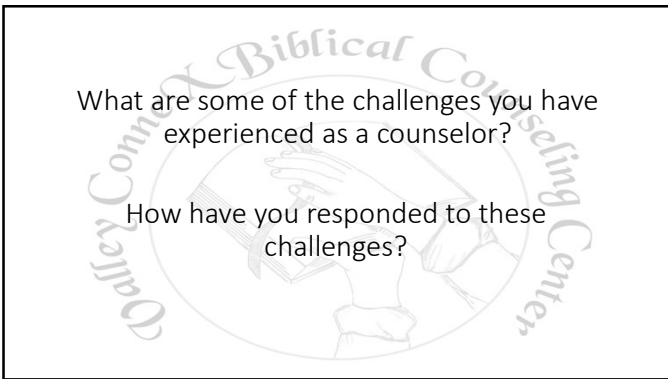


1



2



3

The first example of Biblical counseling recorded in the Bible would fall in this category. Genesis 4:1-16

- After the counsel He received from God, Cain killed his brother Abel.
 - The counselor in this incident was perfect
 - The counsel pointed out:
 - The inappropriate reaction to God
 - An encouragement to bring his life into alignment with God's will
 - A warning about the deceitful and potentially destructive power of sin
 - The responsibility Cain had to overcome the temptation to sin (individual responsibility)

4

Jesus and the Rich Young Ruler

- ¹⁷ And as he was setting out on his journey, a man ran up and knelt before him and asked him, "Good Teacher, what must I do to inherit eternal life?" ¹⁸ And Jesus said to him, "Why do you call me good? No one is good except God alone. ¹⁹ You know the commandments: 'Do not murder, Do not commit adultery, Do not steal, Do not bear false witness, Do not defraud, Honor your father and mother.'" ²⁰ And he said to him, "Teacher, all these I have kept from my youth." ²¹ And Jesus, looking at him, loved him, and said to him, "You lack one thing: go, sell all that you have and give to the poor, and you will have treasure in heaven; and come, follow me." ²² Disheartened by the saying, he went away sorrowful, for he had great possessions. Mark 10:17-22 (ESV)

5

Few spiritual battles are so fierce than the assaults on the biblical counselor after a counseling assignment does not end well.

- The attacks on our faith in the aftermath of what we might consider a failure will chiefly center on our faith in:
 - God
 - His Word
- Attacks on your person and abilities.

Lessons from Jesus' response to John the Baptist's inquiry. Matthew 11:1-1-19

6

The reality that we are flawed human beings in this work must never be summarily dismissed.

- ³ Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. ⁴ Let each of you look not only to his own interests, but also to the interests of others. Philippians 2:3-4 (ESV)
- ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. ²⁴ And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ If we live by the Spirit, let us also keep in step with the Spirit. ²⁶ Let us not become conceited, provoking one another, envying one another. Galatians 5:22-26 (ESV)

7

The reality that we are flawed human beings in this work must never be summarily dismissed.

- ³ Set a guard, O LORD, over my mouth; keep watch over the door of my lips! Psalm 141:3 (ESV)
- ¹¹ Command and teach these things. ¹² Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. ¹³ Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. ¹⁴ Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you. ¹⁵ Practice these things, immerse yourself in them, so that all may see your progress. ¹⁶ Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers. 1 Timothy 4:11-16 (ESV)

8

The reality that we are flawed human beings in this work must never be summarily dismissed.

- ⁶ Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, ⁷ casting all your anxieties on him, because he cares for you. ⁸ Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. ⁹ Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. ¹⁰ And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. ¹¹ To him be the dominion forever and ever. Amen. 1 Peter 5:6-11 (ESV)

9

A healthy perspective

• ¹ The word of the LORD came to me: ² "Son of man, speak to your people and say to them, if I bring the sword upon a land, and the people of the land take a man from among them, and make him their watchman, ³ and if he sees the sword coming upon the land and blows the trumpet and warns the people, ⁴ then if anyone who hears the sound of the trumpet does not take warning, and the sword comes and takes him away, his blood shall be upon his own head. ⁵ He heard the sound of the trumpet and did not take warning; his blood shall be upon himself. But if he had taken warning, he would have saved his life. ⁶ But if the watchman sees the sword coming and does not blow the trumpet, so that the people are not warned, and the sword comes and takes any one of them, that person is taken away in his iniquity, but his blood I will require at the watchman's hand. ⁷ "So you, son of man, I have made a watchman for the house of Israel. Whenever you hear a word from my mouth, you shall give them warning from me. ⁸ If I say to the wicked, O wicked one, you shall surely die, and you do not speak to warn the wicked to turn from his way, that wicked person shall die in his iniquity, but his blood I will require at your hand. ⁹ But if you warn the wicked to turn from his way, and he does not turn from his way, that person shall die in his iniquity, but you will have delivered your soul. Ezekiel 33:1-9 (ESV)

10

Never lose the perspective demonstrated by our Lord Jesus Christ.

• ³⁶ When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Matthew 9:36 (ESV)

• ¹³ Now when Jesus heard this, he withdrew from there in a boat to a desolate place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore he saw a great crowd, and he had compassion on them and healed their sick. Matthew 14:13-14 (ESV)

11
