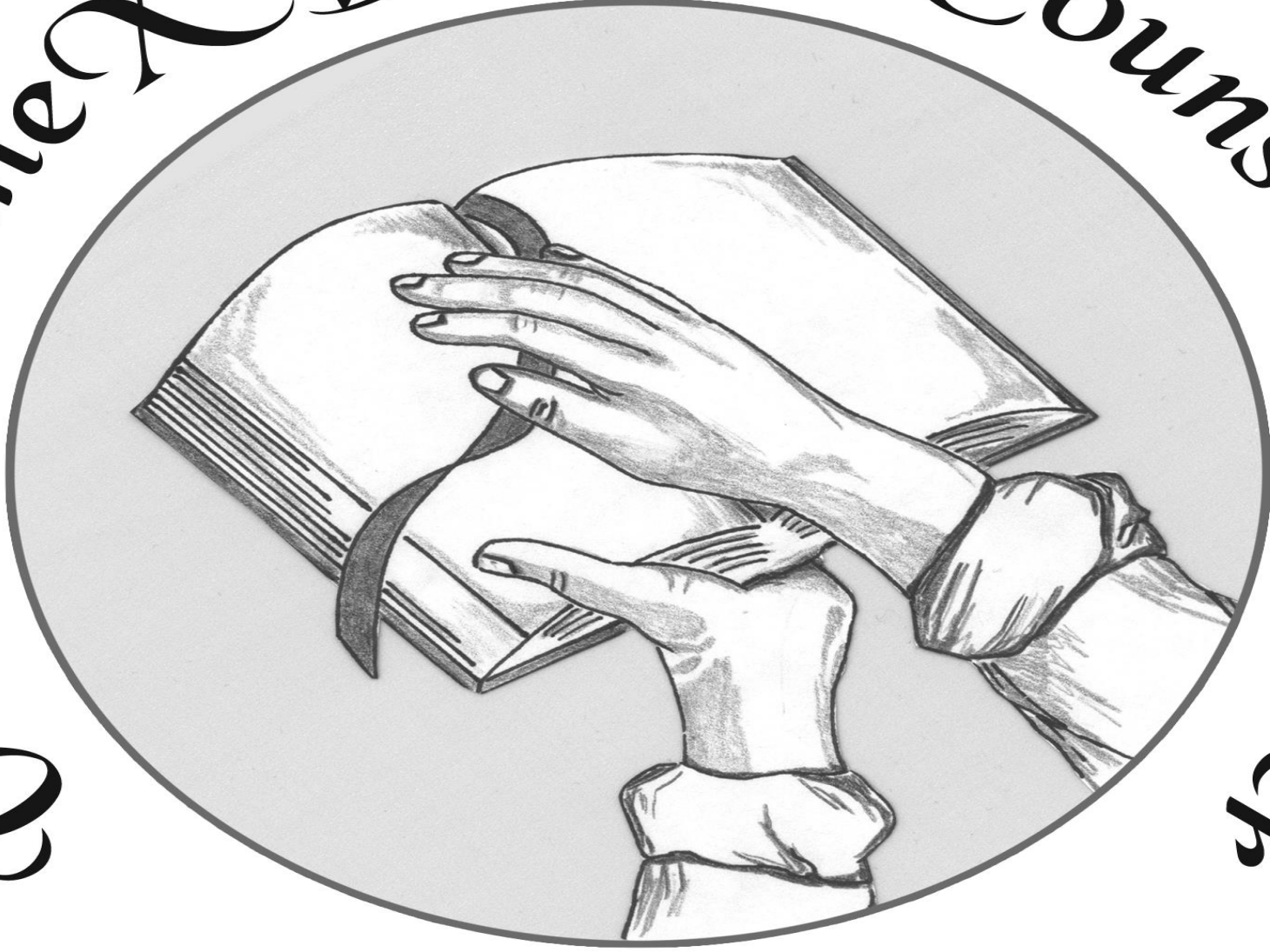


Valley Connection Biblical Counseling Center



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UNFORGIVENESS



Evidence of Unforgiveness

- Hatred Genesis 27:41; 37:4, 8
- Obsession Lamentations 3:60-63
- Plotting revenge Genesis 27:41
- Intense anger Genesis 27:43-45
- Broken fellowship Genesis 37:4; Luke 15:25-32

Evidence of Unforgiveness

- Distorted view of the object of unforgiveness
Lamentations 3:63
- Delusion of self-justification in bad behavior
David (1 Samuel 25)
- Executing revenge Absalom, (2 Samuel 13)

Unforgiveness often reveals a misplaced love. 2 Timothy 3:1-5

- Self 1 John 2:15-17
- Money Luke 16:14-15; 1 Timothy 6:10; Hebrews 13:5
- Pleasure 1 John 2:15-17
- Appearance/Position Luke 20:45-47

⁶ For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷ For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. ⁸ Those who are in the flesh cannot please God. Romans 8:6-8 (ESV)

Essentials for overcoming unforgiveness.

- Experience God's forgiveness. Ephesians 4:32; Colossians 3:13; 1 John 1:7-9
- Learn to trust God. Genesis 50:15-20; Psalm 37; 2 Timothy 4:14-15; 1 Peter 2:23
- Embrace the biblical teaching of vengeance. Deuteronomy 32:34-43; Romans 12:17-21
- Love God supremely and people appropriately. Matthew 22:37-39

Evidence of overcoming unforgiveness.

- Responding according to God's instruction to those who have wronged you.
 - In your interactions with them. Genesis 50:21
 - In your attitude toward them. Matthew 5:44-45