

Valley Connection Biblical Counseling Center

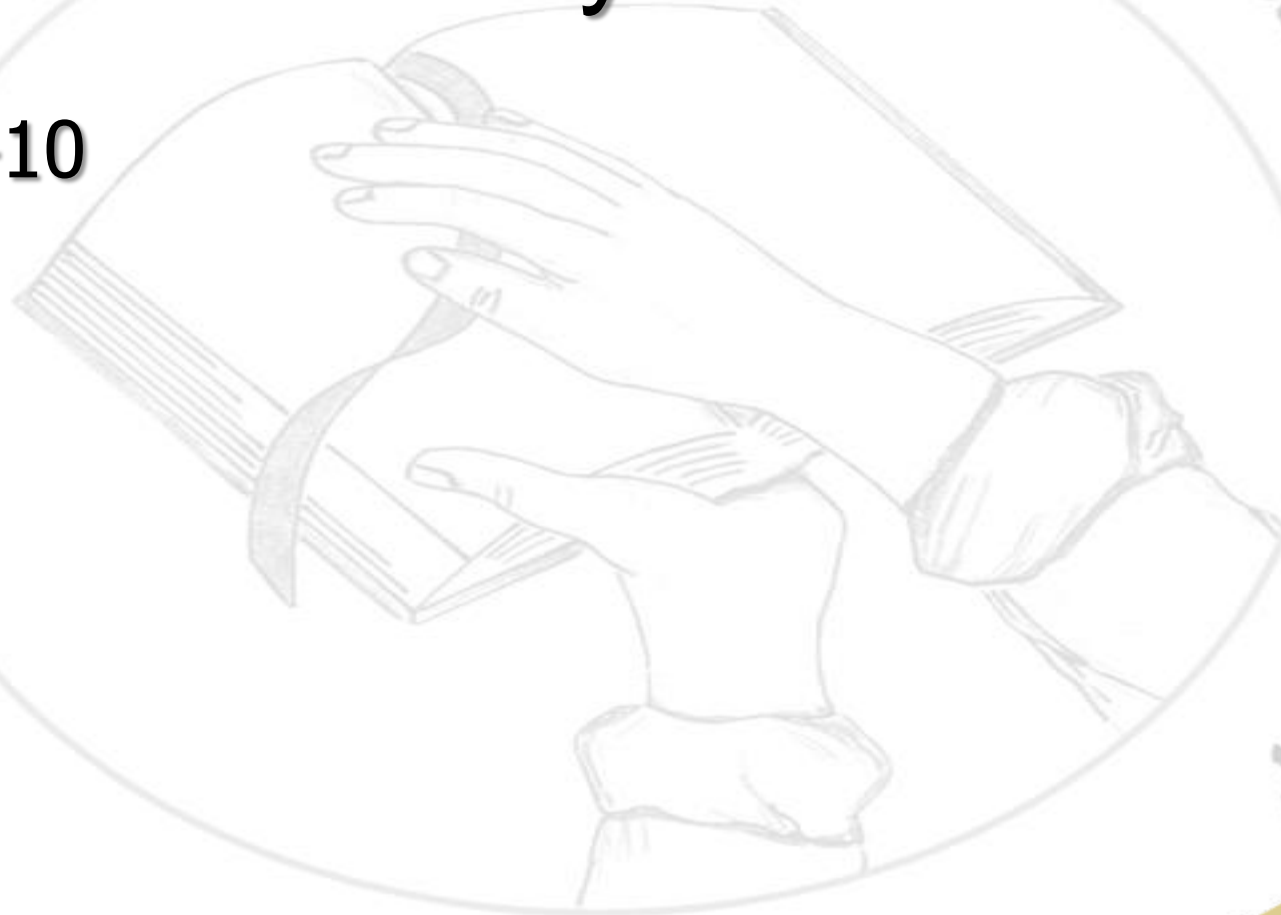


The background features a large, light-colored watermark of the Valley College Biblical Counseling Center logo. The logo is circular and contains the text "Valley College Biblical Counseling Center" around the perimeter. In the center of the logo is a stylized illustration of a hand holding a book, with a cross above it.

**DEALING WITH STRIFE IN
THE FAMILY
PHYSICAL, VERBAL,
EMOTIONAL**

A firm grasp of your identity in Christ provides a firm foundation to weather strife in any situation.

- 1 Peter 2:1-10



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Don't fall for the deception that the solution is to change the situation.

- ¹³ Be subject for the Lord's sake to every human institution, whether it be to the emperor as supreme, ¹⁴ or to governors as sent by him to punish those who do evil and to praise those who do good. ¹⁵ For this is the will of God, that by doing good you should put to silence the ignorance of foolish people. ¹⁶ Live as people who are free, not using your freedom as a cover-up for evil, but living as servants of God. ¹⁷ Honor everyone. Love the brotherhood. Fear God. Honor the emperor.

1 Peter 2:13-17 (ESV)

Come to terms with the fact that life is not fair.

- ¹⁸ Servants, be subject to your masters with all respect, not only to the good and gentle but also to the unjust. ¹⁹ For this is a gracious thing, when, mindful of God, one endures sorrows while suffering unjustly.

1 Peter 2:18-19 (ESV)

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Others behaving badly does not give you permission to behave badly.

- ²⁰ For what credit is it if, when you sin and are beaten for it, you endure? But if when you do good and suffer for it you endure, this is a gracious thing in the sight of God. ²¹ For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in his steps. ²² He committed no sin, neither was deceit found in his mouth. ²³ When he was reviled, he did not revile in return; when he suffered, he did not threaten, but continued entrusting himself to him who judges justly. ²⁴ He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed. ²⁵ For you were straying like sheep, but have now returned to the Shepherd and Overseer of your souls.

1 Peter 2:20-25 (ESV)

Keep an eternal perspective

- ¹ Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, ² when they see your respectful and pure conduct. ³ Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear— ⁴ but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God’s sight is very precious. ⁵ For this is how the holy women who hoped in God used to adorn themselves, by submitting to their own husbands, ⁶ as Sarah obeyed Abraham, calling him lord. And you are her children, if you do good and do not fear anything that is frightening.

1 Peter 3:1-6 (ESV)

God holds those in positions of power and authority accountable to how they exercise that power and authority,.

- ⁷ Likewise, husbands, live with your wives in an understanding way, showing honor to the woman as the weaker vessel, since they are heirs with you of the grace of life, so that your prayers may not be hindered. *1 Peter 3:7 (ESV)*
- *See also, Exodus 22:21-24; Isaiah 1:16-17; Jeremiah 22:3; Malachi 2:13-16*

Be honest about the problems you bring on yourself.

- ⁸ Finally, all of you, have unity of mind, sympathy, brotherly love, a tender heart, and a humble mind. ⁹ Do not repay evil for evil or reviling for reviling, but on the contrary, bless, for to this you were called, that you may obtain a blessing. ¹⁰ For “Whoever desires to love life and see good days, let him keep his tongue from evil and his lips from speaking deceit; ¹¹ let him turn away from evil and do good; let him seek peace and pursue it. ¹² For the eyes of the Lord are on the righteous, and his ears are open to their prayer. But the face of the Lord is against those who do evil.”

1 Peter 3:8-12 (ESV)

Understand the strong position your godly response to ill treatment gives you to witness to the hope you have in our Lord Jesus Christ.

- ¹³ Now who is there to harm you if you are zealous for what is good? ¹⁴ But even if you should suffer for righteousness' sake, you will be blessed. Have no fear of them, nor be troubled, ¹⁵ but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect, ¹⁶ having a good conscience, so that, when you are slandered, those who revile your good behavior in Christ may be put to shame. ¹⁷ For it is better to suffer for doing good, if that should be God's will, than for doing evil.

1 Peter 3:13-17 (ESV)

This strong position gives any person the opportunity to model how to exercise authority with gentleness and respect.

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1 Peter 3:13-17 (ESV)

Resist the temptation to fall into despair by focusing on the suffering, obedience and victory of our Lord Jesus Christ.

- 1¹⁸ For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God, being put to death in the flesh but made alive in the spirit,¹⁹ in which he went and proclaimed to the spirits in prison,²⁰ because they formerly did not obey, when God's patience waited in the days of Noah, while the ark was being prepared, in which a few, that is, eight persons, were brought safely through water.²¹ Baptism, which corresponds to this, now saves you, not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ,²² who has gone into heaven and is at the right hand of God, with angels, authorities, and powers having been subjected to him.

1 Peter 3:18-22 (ESV)

Live as one who has been set free from the greatest oppressive tyranny—sin.

- ¹ Since therefore Christ suffered in the flesh, arm yourselves with the same way of thinking, for whoever has suffered in the flesh has ceased from sin, ² so as to live for the rest of the time in the flesh no longer for human passions but for the will of God. ³ For the time that is past suffices for doing what the Gentiles want to do, living in sensuality, passions, drunkenness, orgies, drinking parties, and lawless idolatry. ⁴ With respect to this they are surprised when you do not join them in the same flood of debauchery, and they malign you; ⁵ but they will give account to him who is ready to judge the living and the dead. ⁶ For this is why the gospel was preached even to those who are dead, that though judged in the flesh the way people are, they might live in the spirit the way God does.

1 Peter 4:1-6 (ESV)

Find sanctuary as you give and receive ministry in the context of the fellowship of believers.

- ⁷ The end of all things is at hand; therefore be self-controlled and sober-minded for the sake of your prayers. ⁸ Above all, keep loving one another earnestly, since love covers a multitude of sins. ⁹ Show hospitality to one another without grumbling. ¹⁰ As each has received a gift, use it to serve one another, as good stewards of God's varied grace: ¹¹ whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen.

1 Peter 4:7-11 (ESV)

Never fall into the delusion that an obedient walk with our Lord Jesus Christ entitles you to a carefree life.

- ¹² Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. ¹³ But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed. ¹⁴ If you are insulted for the name of Christ, you are blessed, because the Spirit of glory and of God rests upon you. ¹⁵ But let none of you suffer as a murderer or a thief or an evildoer or as a meddler. ¹⁶ Yet if anyone suffers as a Christian, let him not be ashamed, but let him glorify God in that name. ¹⁷ For it is time for judgment to begin at the household of God; and if it begins with us, what will be the outcome for those who do not obey the gospel of God? ¹⁸ And "If the righteous is scarcely saved, what will become of the ungodly and the sinner?" *1 Peter 4:12-18 (ESV)*

The pervasive question: “Do I trust God?”

- ¹⁹ Therefore let those who suffer according to God’s will entrust their souls to a faithful Creator while doing good. *1 Peter 4:19 (ESV)*

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