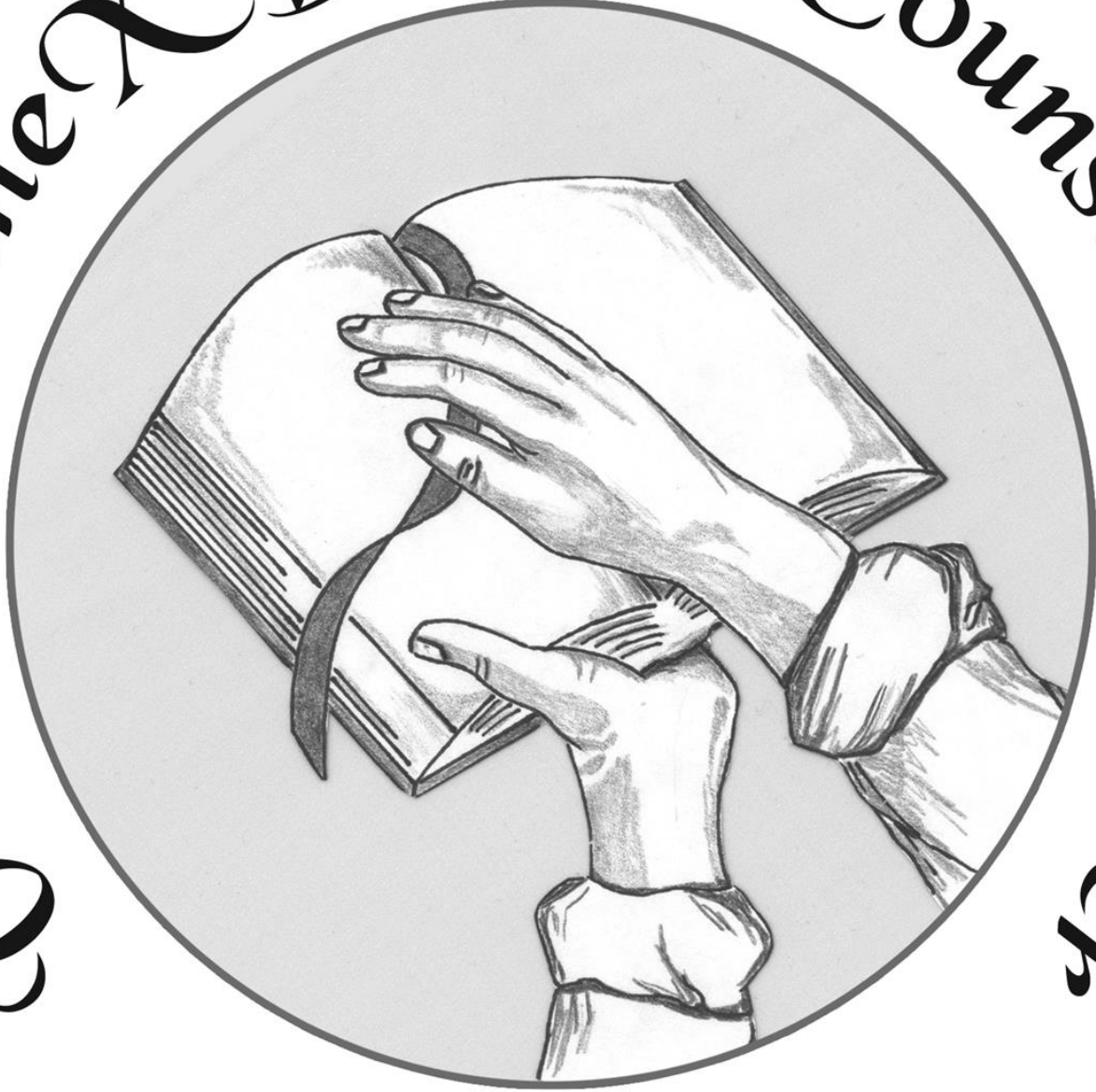


Valley Connect Biblical Counseling Center



Chronic Failure: Emotion

Emotion: The way you feel about what happens

Chronic failure related to emotion is engaging in sinful behavior from habitually allowing emotions to rule your life.



- The presence of emotions reflects that we are made in the image of God. 1 John 4:19
- Emotions are tainted by our sin nature and a sinful world and cannot be trusted as a basis for action. James 1:20
- Emotions brought under the lordship of Jesus Christ and expressed through the power of the Holy Spirit have tremendous positive impact. Romans 12:19-21

A Tale of Two Kings: Nebuchadnezzar and Darius

Nebuchadnezzar's presenting issue: Anger

¹² Because of this the king was angry and very furious, and commanded that all the wise men of Babylon be destroyed.

Daniel 2:12 (ESV)

A Tale of Two Kings: Nebuchadnezzar and Darius

Nebuchadnezzar's presenting issue: Anger

¹³ Then Nebuchadnezzar in furious rage commanded that Shadrach, Meshach, and Abednego be brought. So they brought these men before the king.

Daniel 3:13 (ESV)

A Tale of Two Kings: Nebuchadnezzar and Darius

Nebuchadnezzar's presenting issue: Anger

¹⁹ Then Nebuchadnezzar was filled with fury, and the expression of his face was changed against Shadrach, Meshach, and Abednego. He ordered the furnace heated seven times more than it was usually heated.

²⁰ And he ordered some of the mighty men of his army to bind Shadrach, Meshach, and Abednego, and to cast them into the burning fiery furnace.

Daniel 3:19-20 (ESV)

A Tale of Two Kings: Nebuchadnezzar and Darius

Darius' presenting issue: Pleasure

⁶ Then these high officials and satraps came by agreement to the king and said to him, "O King Darius, live forever!

⁷ All the high officials of the kingdom, the prefects and the satraps, the counselors and the governors are agreed that the king should establish an ordinance and enforce an injunction, that whoever makes petition to any god or man for thirty days, except to you, O king, shall be cast into the den of lions. *Daniel 6:6-7 (ESV)*

A Tale of Two Kings: Nebuchadnezzar and Darius

Some observations:

When you allow emotion to rule reason leaves the building.

Nebuchadnezzar issued a decree to kill all of his counselors and advisors.

Nebuchadnezzar would rashly execute the three men who had proven their loyalty to him for years.

Darius failed to ask why a group of men he already knew he could not trust would draft such a law for him to sign.

A Tale of Two Kings: Nebuchadnezzar and Darius

Some observations:

When you allow emotion to rule regret inevitably follows.

¹⁴ Then the king, when he heard these words, was much distressed and set his mind to deliver Daniel. And he labored till the sun went down to rescue him...¹⁸ Then the king went to his palace and spent the night fasting; no diversions were brought to him, and sleep fled from him.

¹⁹ Then, at break of day, the king arose and went in haste to the den of lions. ²⁰ As he came near to the den where Daniel was, he cried out in a tone of anguish. The king declared to Daniel, "O Daniel, servant of the living God, has your God, whom you serve continually, been able to deliver you from the lions?" *Daniel 6:14, 18-20 (ESV)*

A Tale of Two Kings: Nebuchadnezzar and Darius

Some observations:

When you allow emotion to rule innocent people around you suffer serious consequences.

¹⁷ Then Daniel went to his house and made the matter known to Hananiah, Mishael, and Azariah, his companions,

¹⁸ and told them to seek mercy from the God of heaven concerning this mystery, so that Daniel and his companions might not be destroyed with the rest of the wise men of Babylon. *Daniel 2:17-18 (ESV)*

²² Because the king's order was urgent and the furnace overheated, the flame of the fire killed those men who took up Shadrach, Meshach, and Abednego. *Daniel 3:22 (ESV)*

A Tale of Two Kings: Nebuchadnezzar and Darius

Some observations:

When you allow emotion to rule innocent people around you suffer serious consequences.

¹⁶ Then the king commanded, and Daniel was brought and cast into the den of lions. *Daniel 6:16a (ESV)*

A Tale of Two Kings: Nebuchadnezzar and Darius

The common heart condition: Pride

Nebuchadnezzar

But if you do not worship, you shall immediately be cast into a burning fiery furnace. And who is the god who will deliver you out of my hands?" *Daniel 3:15b (ESV)*

²⁹ At the end of twelve months he was walking on the roof of the royal palace of Babylon, ³⁰ and the king answered and said, "Is not this great Babylon, which I have built by my mighty power as a royal residence and for the glory of my majesty?"

Daniel 4:29-30 (ESV)

A Tale of Two Kings: Nebuchadnezzar and Darius

The common heart condition: Pride

Darius

⁶ Then these high officials and satraps came by agreement to the king and said to him, "O King Darius, live forever!" ⁷ All the high officials of the kingdom, the prefects and the satraps, the counselors and the governors are agreed that the king should establish an ordinance and enforce an injunction, that whoever makes petition to any god or man for thirty days, except to you, O king, shall be cast into the den of lions. ⁸ Now, O king, establish the injunction and sign the document, so that it cannot be changed, according to the law of the Medes and the Persians, which cannot be revoked." ⁹ Therefore King Darius signed the document and injunction.

Daniel 6:6-9 (ESV)

A Tale of Two Kings: Nebuchadnezzar and Darius

You can deal with pride one of two ways:

Humble yourself i.e. Darius

¹⁸ Then the king went to his palace and spent the night fasting; no diversions were brought to him, and sleep fled from him.

Daniel 6:18 (ESV)

Also see Daniel 6:25-28

A Tale of Two Kings: Nebuchadnezzar and Darius

You can deal with pride one of two ways:

Be humbled by God i.e. Nebuchadnezzar

³³ Immediately the word was fulfilled against Nebuchadnezzar. He was driven from among men and ate grass like an ox, and his body was wet with the dew of heaven till his hair grew as long as eagles' feathers, and his nails were like birds' claws.

Daniel 4:33 (ESV)

See also Daniel 4:1-3; 34-37

Conquering Emotions

- Clothe yourselves, all of you, with humility toward one another, for “God opposes the proud but gives grace to the humble.”
⁶ Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you,
⁷ casting all your anxieties on him, because he cares for you.
1 Peter 5:5b-7 (ESV)