

## **BRIAN BAGNALL -- BIOGRAPHY AND FACT SHEET**

Most would jump at the chance to start a successful company in the technology field, or maybe real estate investment, or even a niche like marketing. For a young Brian Bagnall, only in his twenties, those were not just a dream but a reality. The dream lifestyle continued as Brian became an in demand adviser for major corporations. Other entrepreneurs by the thousands sought him for advice on their own small businesses. It would seem that Brian had it made.

But Brian had a dark secret, that he kept from his many clients. A secret that was eating away at his very soul. Young, influential, successful, none of it made Brian truly happy. He kept thinking to himself, "There has to be more to life than just THIS." He was always told that if you work hard you will be successful, and if you are successful, then you'll be happy. He found this wasn't true.

It was then that Brian began a never-ending quest to find and define true happiness. It was not long before Brian found that he was not the only one who was successful in the public's eye, but unhappy on the inside. That was when he switched his focus, and found his true passion of helping others to find inner peace while obtaining success in business and life. Brian says, "Our most commonly held formula for happiness is broken. Conventional wisdom holds, if we can just find that great job, win that next promotion, lose those five pounds, make more money, happiness will follow. Happiness just seems to be so elusive and arbitrary, something all too often, just out of reach."

Brian is recognized as one of the nation's leading experts on happiness. His techniques are embraced by happiness-seekers around the nation because they are simple, easy to use, and virtually fail-proof. True happiness for Brian is now found in his speaking, teaching and writing, about his inspiring insights that can help everyone learn to find true and lasting mega-happiness within themselves! Recently he has compiled his discoveries about happiness into a hit book, *The Happiness Bible*. The book has been praised by happiness seekers nationwide: *"I've been telling my husband all weekend... I've NEVER read a book like this! Brace yourself for this BOLD, in-your-face, but HONEST introspective book. It will challenge everything you think you believe to be true and will leave you living life more freely, loving more freely, and enjoying every blissful moment."* – Melina Montelongo, Co-Star of A&E's Hit TV Show Flip This House

Brian is a nationally known speaker who has shared the stage with inspirational greats like Daymond John from ABC's Shark Tank. Brian is constantly sought out by the media. His information grabs audiences of every age group and background because nearly everyone could use a happiness boost. He has been featured on radio and TV programs on ABC, CBS, NBC, FOX, and CNN as well as on blogs like The Huffington Post, among others. He has a very lively, passionate, captivating, and friendly personality to the interviewer and audience alike. And on top of that... he's pretty darn funny. But probably most importantly, he is sought out simply because his techniques work and he never fails to share insider tips and helpful ideas that his audience can gain immediate benefit from.

When Brian is a guest on a show, it is very typical to have all telephone lines busy from the beginning to the end of the show. In fact, at the end of a 2-hour show with non-step listener calls, one talk show host closed by saying, "I'm absolutely amazed so many people want to know how to be happy." Brian is always happy to discuss ways to slant a particular story or interview to suit a specific audience.

**TO BOOK AN INTERVIEW OR SPEAKING ENGAGEMENT, CALL (312) 878-7775.**

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