



## Gluten Free Menu

Our Staff is happy to help you navigate our menu and build any variety of Gluten Free options for your pleasure. Please request your food be prepared on a GF griddle if you have Celiacs. All of our cooked vegetables have been prepared on a GF griddle with oil only if necessary so they can be served Vegan as well.

### Breakfast Sandwiches on a Gluten Free Roll

Egg+Cheese

Ham+Egg+Cheese

Bacon+Egg+Cheese

Sausage+Egg+Cheese (Pork/Chicken)

Scrapple+Egg+Cheese

Make it Your Way: Add Veggies and Avocado

### Omelettes and Eggs A La Carte

Free Range Eggs cooked the way you like. Veggies, Cheese, Meat, and more. Let us help you build your own.

### Gluten Free Kaisy - Large Only

A gluten free Kaisy is made fresh to order and takes 30-40 minutes depending on business. Please call ahead so we can have it ready for your convenience. All fruit compotes, whipped cream, and chocolate sauce are GF.

### Latkes

Just like grandma used to make. Shredded potato, caramelized onion, sour cream and seasoned well. These perfect patties come in twos.

### Goulash and Seasonal Soups (Request No Croutons)

### **Salad De Kaisy**

Organic spring mix, cucumber, tomato, almonds, dried cranberries, goat cheese

### **Salad Du Chef**

Organic Romaine, ham, hard boiled egg, tomato, Swiss

### **Chicken Caesar**

Organic romaine, chicken, parmigianno (Request No Croutons)

### **Greek**

Organic spring mix, tomato, cucumber, olives, feta

### **Or Build Your Own Salad**

### **Smoked Salmon Sandwich on a Gluten Free Roll**

With freshly sliced cucumber and tomato with sour cream on our toasted and buttered roll. Add capers if you're feeling fancy!

### **Chicken Sandwich on a Gluten Free Roll**

Chicken seared and hot with fresh organic romaine, tomato, and mayonnaise. Add any other fresh veggies you desire. Avocado is a perfect addition.

### **Veggie and Vegan Sandwich on a Gluten Free Roll**

We build a sandwich with your choice of up to four vegetables. Add avocado for an extra charge.

**Fruit Cups** are filled with a variety of fresh fruit and naturally gluten free.

### **Acai Bowl**

A frozen fruit parfait. Antioxidant-filled Acai is blended with blueberries, banana, and cream of coconut. Pick your option of Almond Milk or Coconut milk. This tasty treat is topped with fresh fruit. (Request No Granola)

### **Ice Cream**

Many of our flavors are gluten-free. Can be served in a cup, or made into a milkshake.