

Health Office (optional but very much appreciated)

Tylenol (acetaminophen-generic is fine): liquid, chewable-jr strength, or 325mg tablets	Advil/Motrin (ibuprofen-generic is fine): liquid, chewable or 200mg tablets	Benadryl (liquid or chewable)
Allergy medicine (Claritin, zyrtec-generic OK, chewable, liquid or pills)	Anti-itch cream (benadryl or hydrocortisone ointment or cream)	Guaifenesin liquid (generic Mucinex)
Dimetapp cold and allergy	Sudafed PE (store brand liquid or pills)	Antibiotic ointment
Water bottles	Clorox wipes	Ziploc bags store brand OK (gallon/sandwich)
Hand sanitizer	Paper Towels	Small cans/boxes of apple juice
size 5/6 girls underpants	Granola bars (no nuts) or Saltine crackers	Small bottles of Gatorade