

SAL'S Italian Kitchen

7945 MacArthur Blvd., Cabin John, MD 20818 · 240.802.2370 · salsitaliankitchen.net

STARTERS

House Marinated Olives (v) \$5

Soup of the Day ~ cup \$5 / bowl \$7

Arancini (v) ~ fried risotto balls stuffed with fresh mozzarella cheese, smoked tomato sauce \$7

Calamari Fritti ~ marinara & lemon basil aioli dipping sauces \$10

Bruschetta (v) ~ traditional fresh tomato & mozzarella or olive “tapenade” style \$8/\$9

Mussels Meuniere ~ steamed mussels, white wine, garlic, butter, parsley, crostini \$13

Roasted Cauliflower ~ “Sicilian style”, fried capers, cherry peppers \$8

Burrata ~ fresh creamy mozzarella, tomato jam, crispy pancetta, basil oil, crostini \$10

Antipasto ~ selection of meats & cheeses, crostini \$16

Fried Mozzarella (v) ~ marinara sauce \$7

Sautéed Brussel Sprouts (v) ~ garlic, butter, orange, parmesan cheese \$7

Trio of Meatballs ~ marinara, parmesan cheese \$9

SALADS

add grilled chicken or chicken milanese \$4, shrimp \$6, salmon \$7 or steak \$8

House (v) ~ mixed greens, cucumbers, tomatoes, carrots, red onion, balsamic vinaigrette
small \$6 / large \$8

Caesar ~ romaine, parmesan, house made croutons, caesar dressing - small \$6 / large \$8

Caprese (v) ~ ripe tomato, fresh mozzarella, fresh basil, basil oil, balsamic reduction \$10

Arugula & Kale (v) ~ ricotta cheese, roasted beets, toasted almonds, dried cranberries, lemon vinaigrette, balsamic reduction \$12

Italian Chopped ~ romaine, pepperoni, salami, black olives, fresh mozzarella, chick peas, artichokes, bell peppers, tomatoes, pepperoncini, zesty italian vinaigrette \$13

Pear & Gorgonzola (v) ~ candied walnuts, carrots, mixed greens, romaine, orange vinaigrette \$13

Panzanella (v) ~ toasted italian bread, vine ripe tomatoes, cucumbers, bell peppers, red onions, fresh mozzarella, capers, fresh basil, red wine vinaigrette, balsamic reduction \$10

Spinach & Fried Goat Cheese (v) ~ candied walnuts, oranges, radish, bell pepper, red onion, lemon vinaigrette \$13

PANINIS & SUBS

Choice of house or caesar salad or polenta fries

Chicken Pesto Panini ~ roasted red peppers, fresh mozzarella, walnut pesto, grilled bread \$10

Muffuletta Panini ~ salami, mortadella, pepperoni, provolone cheese, olive “tapenade” \$11

Bacon, Brie & Pear Panini ~ tomato jam, grilled bread \$10

Roasted Veggie Panini (v) ~ roasted red pepper, caramelized onion, eggplant, mushrooms, spinach, arugula, ricotta cheese, sun-dried tomato spread, grilled bread \$9

Three Cheese Panini (v) ~ fontina, mozzarella & brie cheeses, tomato jam, grilled bread \$8

Meatball Sub ~ house made meatballs, marinara sauce, melted fresh mozzarella, parmesan, toasted baguette \$10

Caprese Sub (v) ~ vine ripe tomatoes, fresh mozzarella, basil, lemon basil aioli, toasted baguette \$10 ***add prosciutto \$3**

Italian Sub ~ salami, mortadella, pepperoni, provolone, lettuce, tomato, red onion, Italian dressing, toasted baguette \$10

Sausage & Peppers Sub ~ grilled Italian sausage, caramelized onions, bell peppers, marinara sauce, toasted baguette \$10

Chicken Parmesan Sub ~ chicken milanese, melted fresh mozzarella cheese, marinara sauce, toasted baguette \$10

PASTAS ~ gluten free pasta substitution available

Spaghetti Marinara (v) \$10 ***add sautéed mussels \$8**

Fettuccine Alfredo (v) \$12

Spaghetti & Meatballs \$16

Baked Lasagna (v) ~ marinara sauce, ricotta, melted fresh mozzarella cheeses \$15
***add bolognese meat sauce \$4**

Ravioli (v) ~ cheese ravioli, tomato cream sauce \$14

Pappardelle Bolognese ~ house made meat sauce, pappardelle \$16

Cheese Tortellini ~ spinach, prosciutto, tomato cream sauce \$14

Linguine & Clams ~ sautéed clams, linguine, white wine or spicy marinara style \$18

Penne with Sausage & Peppers ~ grilled italian sausage, sautéed bell peppers & onions, marinara sauce \$15

Butternut Squash Ravioli (v) ~ brown butter sage sauce \$17

SAL'S ENTREES

Shrimp Scampi ~ lemon, garlic, butter, tomato, basil, white wine sauce, linguine \$16

Braised Chicken "Cacciatore Style" ~ chicken breast, white wine, red peppers, vine ripe tomatoes, rice \$16

Parmesan ~ chicken milanese or eggplant milanese, melted fresh mozzarella cheese, marinara sauce, pasta \$16

Branzino ~ sautéed haricot verts, roasted tomato ragout, lemon caper butter sauce \$18

Chicken Marsala ~ sautéed chicken paillard, mushrooms, marsala wine sauce, pasta \$16

Pan Seared Salmon ~ cannellini beans, kale, sundried tomato, artichokes, shellfish broth \$18

Cioppino ~ tomato seafood stew, fresh fish & shellfish \$24

Marinated Flat Iron Steak ~ roasted potatoes, braised cipollini onions, asparagus, red wine sauce \$19

LIL' SAL KIDS

(12 and under)

Spaghetti Marinara \$6

Meatball & Spaghetti Marinara \$8

Cheese Tortellini with Tomato Sauce \$8

Butter & Parmesan Noodles \$6

Cheese Panini Sandwich &

Polenta Fries \$7

DESSERTS

Cannolis \$5

Pumpkin Cheesecake \$7

Tiramisu \$7

Caramel & Banana Bread Pudding
with Vanilla Ice Cream \$7

Ice Cream \$3

(v) vegetarian

Not all ingredients are listed on menu, please advise us of any food allergies. Consuming raw or undercooked meats and seafood may increase your risk of illnesses

UPDATED 1/13/17