

Sensei David Doran's karate program provides a safe, disciplined learning environment geared toward maximizing human potential. It is traditional GoJu style karate. This style blends Go, or hard techniques (strength and body conditioning), with Ju, the soft techniques (redirection and breathing).

Sessions begin the first week of every month.

Beginners: \$55 Advanced: \$70

Open to ages 6-18+

All students must be preregistered.

Registration opens for the next month once a session has begun.

\$10 late fee after the first class of the session.

Class Times:

Intro/ White Belt: Mon./Wed. (5:30-6 p.m.)

Advanced Yellow Belt: Mon./Wed. (6:10-7 p.m.)

Advanced I: Mon./Wed. (7:10-8 p.m.)

Advanced II: Tues./Thurs. (6-6:50 p.m.)

Advanced III: Tues./Thurs. (6-6:50 p.m.)



Register online at

www.WicomicoRecandParks.org