

**The Winter Team Pickleball League**  
**MLP Style**  
**Guidelines, Format and Rules**

**League Format**

The Winter Team Pickleball League is designed to provide a team pickleball competition while provide a fun atmosphere, where players can come and enjoy the company of not only their teammates, but also other players.

The league will take place on Friday evenings at Salisbury Middle School

**The Teams:**

- Players register as individuals at a cost of \$40.00 per player
  - Register at [www.wicomicorecparks.org](http://www.wicomicorecparks.org)
- The league will be comprised of 8 teams
- All teams will consist of 2 male and 2 female players
- The league will only take the first 16 male players and first 16 female players
- Teams are comprised of 8 Team Captains that will draft players to comprise their teams.
- In the event that a player cannot play on a certain week, Teams may select a substitute player to fill the missing players position for that week.
- If a team does not have enough players for a match, those games will be forfeited to their opponent.

**The Season:**

The season will begin Friday, January 9, 2026

Warm-up time will begin at 5:45pm and matches will begin at 6:00pm

All teams will play two matches each week

The schedule will be a total of 14 matches

The 1<sup>st</sup> and 2<sup>nd</sup> place team will play for Gold/Silver

The 3<sup>rd</sup> and 4<sup>th</sup> place team will play for Bronze

Teams 5 thru 8 will play a consolation bracket.

**Match Format**

The Winter Team Pickleball League matches will use the following match format:

- teams of 4 will compete on a weekly basis
- The visiting team will get the first choice of side or serve for each match
- Match order will be as follows each week
- Each match will consist of each player on the team partnering once with each teammate for a total of four pickleball matches with each player playing two games
  - Match 1 Men's Doubles
  - Match 2 Women's Doubles
  - Match 3 Mixed Doubles #1
  - Match 4 Mixed Doubles #2
  - Match 5 If Needed Dream Breaker \*\*See Instruction on page #2\*\*
  - All matches will be played using RALLY SCORING
  - All matches will be played to 15 switch sides at 8 (win by one)
  - ALL TEAMS WILL FREEZE AT 14 POINTS. Winning point must be won on serve

- Standings will be accumulated by wins and losses
- **DREAM BREAKER FORMAT**
- If a match is tie 2 games a piece a Tie-Breaker match will be played.
- **HOW IT WORKS**
  - Each team will start by sending out teams in the following order to play 4 points.
  - Women's Doubles
  - Men's Doubles
    - \*\*Mixed Doubles may be changed from original pairings\*\*
  - Mixed Doubles #1
  - Mixed Doubles #2
- Once the Teams have been set and announced they CANNOT BE CHANGED

#### **The Play of the DREAM BREAKER**

Points 1-4 Women's Doubles play until 4 points are completed

Points 5-8 Men's Doubles play until 4 points are completed

Points 9-12 Mixed Doubles #1 play until 4 points are completed

Points 9-16 Mixed Doubles #2 play until 4 points are completed.

If the match is not finished then the rotation starts over with the Women coming back out on court

This league will be using the SWISH PICKLEBALL APP

Every player in the league MUST download the APP and join the Winter Pickleball League

Once players have joined the group, players will need to go to their profile and LINK their DUPR Account.

If a player does not have DUPR account they must create one and link it to their Swish Account.

All matches from this league will be reported to the DUPR Rating System.