



SULLIVAN CAREER AND
LIFE PLANNING CENTER

Career Development Services for Graduate Students

The Sullivan Career and Life Planning Center (SCLP) works with all of Bay Path's student populations: traditional undergraduate, adult women returning to college, and graduate students, in a very holistic and way. Our team realizes that a successful university experience involves the blending of personal development, academic learning, work experience, and effective career planning. We are all unique. As a result, career and life planning at Bay Path is customized and personal.

Integration is key— our SCLP team works closely with faculty advisors and mentors to ensure that students receive the coaching and guidance they need to create a cohesive experience with academic and experiential learning. We help students acquire the self-knowledge and competencies that today's world needs, such as strong leadership skills, creative and critical thinking, the ability to work independently and as part of a team, and the drive to make a positive difference. Whether you are a current student or alumni, SCLP is a resource to empower you to cultivate your passion, purpose and potential.

Life is about building your network. Skillfully managing a network and learning to use resources provides those connections that will help students land a great job, earn a promotion, find that volunteer opportunity or identify a powerful mentor.

In our digital world, finding the right virtual resource to connect you with people and opportunities is essential! Our virtual careers resource, the Carpe Diem Career Network powered by Handshake, is available free of charge via the Sullivan Career & Life Planning home page on our BPU portal.

The careers team offers personal guidance and coaching to assist you with:

- Exploring personality, strengths, competencies and career paths
- Practicing research, interviewing, negotiating and networking skills
- Creating a unique, powerful career portfolio: cover letter, resume, references, business card
- Building employment and networking strategies
- Developing your digital identity through social media, such as designing your LinkedIn profile

Please stop in to visit or contact us any time. We are here to help you *Carpe Diem!*

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