

## Navajo-Inspired Jewelry

Ages 8–12

Most of the Navajo jewelry in the Barnes collection is made of silver with turquoise accents. The Navajo people prized turquoise for its beauty and believed it had sacred powers. You can create your own jewelry using things you find around the house.

### Materials:

Scissors; empty paper towel roll; markers; bottle caps, dried beans, pasta shapes, or other small objects; glue; tape

### Instructions:

**Step 1:** Cut a paper towel roll lengthwise, and then into two-inch-wide strips for cuffs.

**Step 2:** Use markers to draw lines, shapes, and patterns on the cuffs.

**Step 3:** Gather bottle caps, beans, and other small items for decoration. Use the glue to secure them to the middle of the cuff. Set aside to dry.

**Step 4:** Gently place the cuff on your wrist. Use tape to adjust the size and keep it in place.



Unidentified maker, Navajo.  
Cuff Bracelet, c. 1870–1890

