

Understanding and Disrupting Ableism

Resources for Caregivers and Educational Staff

Understanding Ableism & Centering Disability	
Title/Name	Themes
Leading Equity on Apple Podcasts : Episode 196: The Connection between Ableism and Institutional Racism with Dr. Joshua Bornstein	Ableism and Institutional Racism, Multi-Tiered Systems of Supports, Responsibilities for educators, Disproportionality, Does Implicit Bias play a factor?
Crip Camp Film (recommended)	Documentary
Crip Camp Curriculum	Lesson plans, parent discussion guides to extend knowledge and understanding of disability and disabled people offered in Netflix film Crip Camp
Time to Unpack Ableism	Addressing ableist language, like “crazy”, “lame”, etc”.
Why “Special Needs” is Not Helpful by Rebecca Cokley Medium	Article
Autistic Hoya – A blog by Lydia XZ Brown: Ableism/Language	Blog
Zinn Education Project: Disability	Resource bank on disability readings, materials, teaching guides and activities
Krip Hop: The Movie	Video
Disability Identity & Pride	Language, resources to explore and picture book guide
Judith Heumann - Defying Obstacles in "Being Heumann" and "Crip Camp" The Daily Show	Video
10 Disabled Writers & Websites To Expand Your Perspective	Broaden your understanding of what having a disability means (and what it doesn't).

Learning For Justice: Celebrate Disability Pride Month	<p>Resource list with real-life examples to model accessible learning environments for all students. Center the perspectives of people with disabilities to build students' understanding of the Americans with Disabilities Act.</p>
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Sesame Workshop Autism Acceptance	<p>Bilingual Autism Resources, Ages 2-5. Also meet Julia, a four-year-old Muppet of Sesame Street with red hair and bright green eyes who loves to draw and play tag. She has autism.</p>
Monarch Center for Autism (visual supports)	<p>Interactive bank of visual supports for children with autism that can be adapted for home use</p>
CCADI Autism Family Resources	<p>Collaboration with specialist Stacy Badon of Everything Autism-Beyond the Label, CCCADI provides families with children on the Autism Spectrum six educational resource videos. Videos provide specific strategies and supplements for implementation in a home-based setting.</p>
Best Special Education Apps and Websites	<p>Recommended special education apps Address foundational skills, boost social and emotional skills, and help kids with autism follow a schedule.</p>
IncludeNYC Programs	<p>Support groups, workshops, and events for parents of children with disabilities in English and Spanish.</p>
Child Mind Institute	<p>An independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders.</p>