Escape Planning for Older Adults



Your risk of dying in a home fire is greater as you get older. Knowing what to do if there is a fire can make a big difference.

- Know two ways out of every room. Practice using both ways.
- Remove any items that may block your way out of the room or your home.
- Discuss your fire escape plan with family and neighbors. Contact your building manager or fire department to discuss your plan if you need extra help escaping.
- Keep eyeglasses, keys, hearing aids and a phone within reach next to your bed.
- Practice your home fire escape drill twice a year.



Adults 65 and over are twice as likely to die in fires

FEMA | U.S. Fire Administration

Baltimore City Fire Service

Fire is Everyone's Fight™