

# **Baltimore City LHIC Diabetes Workgroup Meeting**

March 11th, 2025, 11:00 AM- 12:00 PM

Title:	Baltimore City LHIC Diabetes Workgroup Meeting		
Meeting Date	3/11/2025	Meeting Time	11:00 AM - 12:00 PM
Facilitator	Josh Musselman	Meeting Location	Virtual
Minute Taker	Stephane Bertrand	<b>Next Meeting Date</b>	4/8/2025

Attendees: 22

#### Outline

#### 1. Welcome & Meeting Norms

• **Joshua Musselman (BCHD)** opened the meeting, acknowledged past meeting cancellations due to illness, and reviewed meeting norms:

#### 2. Purpose & Goals of the LHIC Diabetes Workgroup

- The coalition addresses structural health disparities in Baltimore through multi-sector collaboration.
- Focus areas:
  - Diabetes Health Equity Grant Implementation
  - o Collaboration & Networking
  - Measuring & Evaluating Progress

### 3. Community Engagement & Recruitment Updates

- Community Member Recruitment:
  - Seeking individuals to contribute diverse perspectives to improve health outcomes in Baltimore.
  - Open to those willing to collaborate, engage, and address systemic health challenges.
  - Interested individuals can contact Stephane Bertrand (BCHD)
- Community Health Improvement Plan (CHIP) Updates:
  - CHIP is required for **BCHD accreditation** and built on a Community Health Needs Assessment.
  - Priority areas: Chronic conditions, access to healthcare, and mental/behavioral health.
  - Survey Results: Community feedback survey closed; results will be shared later this month.

### 4. Workgroup Updates & Social Media Bundle Discussion

- Recent Achievements:
  - Outreach in Liberty Heights completed.
  - ICF conducted a social media scan and developed marketing materials (door hanger & half-page flyer).
  - Plans to finalize Social Media Bundle for partner use.
- Quarter 3 Goals:
  - Refine outreach efforts.



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- o Recruit additional partners to disseminate resources.
- o Implement a Social Media Bundle to promote diabetes prevention.
- Social Media Bundle Review & Feedback:
  - ICF-developed templates allow organizations to personalize materials for social media.
  - Feedback from participants:
    - Accessibility concerns: Ensure posts accommodate blind/low-vision users via alternative text and descriptive hyperlinks.
    - **Target Audience Concerns:** Older adults, a high-risk group for diabetes, may not engage with social media.
    - Community Engagement: Suggest distributing printed materials at senior centers, churches, and schools to reach broader demographics.
- Action Items:
  - Follow up with ICF on including disability-focused messaging.
  - Ensure posts are accessible by using alternative text.
  - Expand outreach strategies beyond social media (e.g., printed materials for senior centers, schools, and churches).
- If you have any further suggestions for the social media bundle, please send feedback to Josh or Stephane by 3/24/25
- 5. Outreach & Referral Data
  - **January 2025:** Low engagement due to winter months.
  - **February 2025:** Significant increase in referrals and outreach:
    - Outreach rate doubled (18.8%  $\rightarrow$  37.8%)
    - o Referrals increased eightfold (3 → 26)
  - March 2025: HCAM reported four outreach events per week, predicting further engagement growth.

#### **6. Community Announcements**

- 1. **DPP Training Collaborative (March 18, 2025)** 
  - Hosted by Renaye James Healthcare Advisors in conjunction with the American Diabetes Association.
  - o Focus: Becoming a DPP provider, sustainability, billing.
  - o Open to all, with CME credits available.
- 2. West Baltimore Health Initiative (1st Saturday of Each Month, Starting March 1)
  - o Location: Ruth Kirk Center, 122 N. Vincent Street Baltimore, MD 21223
  - Services: A1C, cholesterol testing, healthy lifestyle education, free meals.

#### **Schedule**

12:00 – 1:00 Individual Confidential Assessment of Heart Risk and Blood Sugar - (free registration for all)

1:00 - 1:30 Brunch/Lunch (with Recipes!!!)

1:30 - 2:00 Special Education Seminar on How To Prevent or "Cure" Heart Disease,

- 3. Diabetes Prevention Expo (May 7, 2025) \*date change
  - Location: 3201 Tioga Parkway Suite W Baltimore, MD 21215, Village of Mondawmin.
  - Activities: Health screenings, fitness activities, vendor tables, smoothie truck
  - Seeking: Vendors & speakers to educate on diabetes prevention.
  - Follow-up Plan: Post-event debrief during June diabetes meeting to assess impact and plan future initiatives.
- 4. Blind Industries & National Federation of the Blind Partnership
  - Monthly support groups for blind/low-vision individuals.
  - Opportunity: Present on diabetes resources at support meetings.

#### 7. Next Steps & Closing Remarks

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## • Next Meeting (April 2025):

## *Meeting Materials*

Video Recording: <a href="https://youtu.be/0gZwUWq2q\_0">https://youtu.be/0gZwUWq2q\_0</a> (YouTube)

Prediabetes Outreach Materials Request Form: <a href="https://forms.office.com/g/vBdHppVTAm">https://forms.office.com/g/vBdHppVTAm</a>