

Baltimore City LHIC Diabetes Workgroup Meeting

April 8th, 2025, 11:00 AM- 12:00 PM

Title:	Baltimore City LHIC Diabetes Workgroup Meeting		
Meeting Date	4/8/2025	Meeting Time	11:00 AM - 12:00 PM
Facilitator	Josh Musselman	Meeting Location	Virtual
Minute Taker	Stephane Bertrand	Next Meeting Date	5/13/2025

Attendees: 28

Outline

1. Welcome & Opening Remarks

Facilitator: Joshua Musselman (BCHD)

- Welcomed attendees to the April 2025 Diabetes Workgroup meeting.
- Reviewed meeting norms and LHIC's mission to address structural health disparities through multisector collaboration.
- Reiterated workgroup goals: implement the CDC Diabetes Health Equity Grant, collaborate/network, and measure progress.
- No new members introduced themselves.

2. Presentation from Renaye James Healthcare Advisors

Topic: Community Health Worker (CHW) Landscape Analysis & Implementation Plan Purpose: Support Strategy 12 of the CDC grant—enhancing sustainability of CHWs in diabetes prevention/management.

Key Findings & Recommendations:

Strategy 12 Focus Areas:

- 1. Awareness
- 2. Availability
- 3. Workforce Development
- 4. Financing & Coverage
- 5. Policy Change
- 6. CHW Networking
- 7. Data Collection

Implementation Goals (Years 3–5):

- 1. Policy Engagement:
 - $\circ\quad$ Form a Baltimore City CHW Task Force in Diabetes.
 - Define CHW scope for DPP and SDOH.
 - Develop job classifications with career ladders.



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- 2. Training & Workforce Development:
 - o Increase CHW certifications and partnerships for training access.
- 3. Reimbursement Advocacy:
 - Collaborate with partners to promote reimbursement models and share CHW value with stakeholders.
- 4. Program Integration:
 - o Embed CHWs in DPPs and diabetes management teams.
 - Hire CHWs from communities they serve.
- 5. Participant Engagement:
 - Expand community partnerships to reach more participants in diabetes programs.
 - o Tailor interventions using local data.

Discussion Highlights:

- Tyrone Qualls: Raised concerns over program recruitment capacity. Offered support
 as a Master Trainer and shared info about a cooking-based training initiative through
 AHA.
- <u>Tracy Powell (Johns Hopkins Brancati Center):</u> Clarified that their program is still active and well-staffed.
- <u>Lorena de Leon (Maryland Physicians Care)</u>: Noted virtual DPP options (e.g., PAC Health). Stressed funding and sustainability as a systemic issue for CHWs.
- <u>Nik Sweeney</u> (<u>Amani Nicol Wellness</u>): Emphasized importance of training CHWs as lifestyle coaches. Advocated for community care models to extend capacity.
- Rebecca Cohen (University of Maryland): Offered free, no-insurance DPP classes for city/county residents.

3. Workgroup & Grant Updates

Facilitator: Joshua Musselman (BCHD)

Quarter 3 Recap:

- Outreach and referrals increased significantly since winter.
- Liberty Heights canvassing continues (in partnership with HCAM).
- Social media bundle developed and disseminated.
- BCHD resumed leadership of the workgroup.

Quarter 4 Goals:

- 1. Refine outreach strategy for spring/summer.
- 2. Identify a partner to host a recurring event.
- 3. Prepare for Year 3 of the grant (starts July 2025).
- 4. Finalize virtual DPP platform (with HCAM).
- 5. Compile end-of-year report.

Discussion:

- Tyrone Qualls asked about updated enrollment goals.
 - ightarrow Josh confirmed that outreach goals remain stable, but enrollment targets will likely be reduced pending CDC feedback.

4. Data & Outreach Report

March 2025 Highlights:

- Outreach contacts: 1,105
- Referrals made: 55
- Highest numbers to date for the year.
- Upward trend across January to March:

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- o Outreach: $383 \rightarrow 771 \rightarrow 1,105$
- Referrals: $3 \rightarrow 26 \rightarrow 55$

Cumulative Progress (April 2024-March 2025):

- 73% of outreach goal met (goal: 18,639 contacts)
- 24% of referral goal met (goal: 18,136 referrals)
- A part-time epidemiologist will join the team to support advanced data analysis and reporting.

Community Announcements

Shared by multiple partners:

- Catherine Maybury (UMD Horowitz Center):
 - o Promoted a free, online Clear Communication course for CHWs.
 - o Used previously by HCAM and Howard County Health Dept.
- Tyrone Qualls:
 - o Monthly A1C testing events on the first Saturday at the Ruth Kirk Center.
 - o Offers prevention/reversal counseling with medical professionals.
- Shakia Colbert (CareFirst):
 - o <u>Diabetes Prevention Expo Wednesday, May 7th, 2025 (11 AM-3 PM)</u>
 - Location: Village of Mondawmin
 - Vendors include yoga, free smoothies, screenings, nutrition education
 - Indoor/outdoor format with 18–28 vendor spaces
 - Follow-up survey will gather vendor and community feedback.
- Nik Sweeney:
 - o Advocated for evening and weekend events to serve the working population.
 - o Urged deeper accessibility planning: income, disability, time, age.

6. Future Planning

Next Meeting: May 13, 2025

- Tentative Agenda:
 - Diabetes Expo debrief
 - Event accessibility planning
 - Review of Q4 activities
 - Engagement strategy refinement

Meeting Materials

Video Recording: https://youtu.be/fJKV0iM7vNI (YouTube)

Prediabetes Outreach Materials Request Form: https://forms.office.com/q/vBdHppVTAm