

Using Sex Toys For Breathtaking Pleasure with Annabelle Knight.

Episode 38: Show Notes.

On today's show we welcome Annabelle Knight. Annabelle is a dating, sex and relationship expert along with being a certified couple's counselor. She's also written a novel, *The Endless Autumn*, which has been featured by Cosmopolitan.

Annabelle has her own range of sex toys available online and is a resident sex and love expert for online retailer, lovehoney.com. Our topic for today is sex toys. Thanks to Annabelle's expertise on the subject she is able to share with us just how useful they can be and how they can cause breathtaking pleasure.

We're also talking about getting your partner on board with using sex toys during sex and the different types of vibrators and sex toys available. For an incredibly insightful conversation, be sure to tune in to today's episode!

Key Points From This Episode:

- Hear more about Annabelle's background and how she started her own line of sex toys.
- How sex toys can improve your pleasure, whether you're alone or with a partner.
- Annabelle's favorite sex toys - the cock ring and the vibrating bullet.
- Advice to people wanting to buy their first sex toy.
- Why some guys are hesitant about using sex toys during sex.
- Ways to help your partner get on board with using sex toys.
- Why using sex toys has nothing to do with how good you are in bed.
- Different types of vibrators for clitoral stimulation.
- What to look for when buying a sex toy.
- Sex toys that are unisex or male specific that men can use.
- Learn more about prostate play and prostate massagers.
- Toys to use during sex that can give different sensations.
- Anal first-timers prep.
- Main types of lubricant: water based, silicon based and oil based.
- Using the right type of lube with your sex toys.
- What to do if sex toys just aren't for you.
- And so much more!

Tweetables:

“Sex toys are like the cherry on the cake so you don’t need the cherry to make the cake tasty but it kind of gives you a third dimension, a little extra something.” — @missbelleknight
[0:03:10]

“Sex toys provide different type of stimulation and that’s not a better type or worse type, it’s just a different type.” — @missbelleknight **[0:07:50]**

“The end goal for any sex toy manufacturer is pleasure and the better their toys and their products provide pleasure, the more popular they are.” — @missbelleknight **[0:18:26]**

Links Mentioned in Today’s Episode:

Annabelle Knight — <http://annabelleknight.com/>

Annabelle on Twitter — <https://twitter.com/missbelleknight>

Annabelle on Instagram — <https://www.instagram.com/annabelleknight/>

The Endless Autumn — <https://www.amazon.com/Endless-Autumn-Annabelle-Knight/dp/1786939606/>

Love Honey — <https://www.lovehoney.com/>

Cosmopolitan — <https://www.cosmopolitan.com/>

Aneros — <https://www.neros.com/>