

Squirting Orgasms, Real Foreplay, and How Guys Can Last Longer With Female Ejaculation Expert, Jason Julius.

Episode 29: Show Notes.

Welcome back to the Bad Girls Bible Podcast. Today on the show we are talking to Jason Julius. He is a world renowned sex coach and female orgasm expert and his goal is to help as many men, women, and couples achieve the amazing sex lives they deserve. In this episode we are going to discuss everything a man can do to give his partner more intense and satisfying pleasure inside and outside the bedroom. We also dive into how to really get your female partner aroused by communicating with her throughout the day, and building on the fantasy for her ultimate sexual readiness. Jason is very candid and shares all his tips and advice on stimulating your female partner's G-spot and A-spot, ways to encourage her to let go towards ejaculation, and the real culprits behind premature and delayed ejaculation for men. So if you're listening and have a male partner, you may want to get him to listen to this episode too!

Key Points From This Episode:

- Jason's background and how he got to where he is today.
- Advice for getting your female partner aroused.
- Breaking down the arousal process for men and women.
- Understanding the concept of "sexy context".
- What makes for good foreplay from a guy.
- The importance of quieting down your female partners' mind.
- Simplicity and the general rules of dirty talk.
- Why it is critical to get to know yourself sexually.
- Advice for providing clitoral stimulation, manually and orally.
- How to find the G-spot, and why many people struggle to find it.
- Why using a lubricant is sometimes a must.
- Strategy for helping your partner achieve female ejaculation.
- The dangers of too much porn, and forming the wrong paths in your brain.
- And much more!

Tweetables:

"I think that there's a huge misunderstanding about female desire and how female desire actually works." — @jasonjulius [0:05:37.1]

"For guys, we need to understand that we need to be constantly creating and flirting with our woman to create the fantasy that she desires to get her mind engaged." — @jasonjulius [0:09:10.1]

“The purpose of foreplay is to build up the fantasy.” — @jasonjulius [0:13:35.1]

“One of the biggest things to avoid when trying to find the G-spot is being concerned about whether or not you found her G-spot.” — @jasonjulius [0:36:33.1]

Links Mentioned in Today’s Episode:

Jason Julius — <https://www.jasonjulius.com/>

Jason’s website — <http://www.orgasmarts.com/>

Jason on Twitter — <https://twitter.com/jasonjulius>

Jason on YouTube — <https://www.youtube.com/channel/UCnJ25wY59ezVT3CXFunkuQQ>

Come As You Are — <https://www.amazon.com/Come-You-Are-Surprising-Transform/dp/1476762090>