

## **The Hard Truth About Divorce-Proofing Your Marriage with Vikki Ziegler.**

### **Episode 25: Show Notes.**

Welcome back to another episode of the Bad Girls Bible Podcast. Today on the show we are talking to Vikki Ziegler, a practicing attorney of matrimonial law and civil litigation.

Vikki is also a television personality known for her commentaries on high-profile cases, an active volunteer for women's and children's charities, and the innovator of a unique and realistic approach to "divorce management."

In her career, Vikki brings together her insights as a divorce attorney along with her childhood experience of her own parents' divorce, and years of careful listening to clients and friends to give pragmatic advice to those currently going through divorce.

Vikki's approach seeks to de-stigmatize divorce by allowing its empowering aspects to triumph and her concrete pre-marital tips help couples avoid the pitfalls that can lead to divorce. In today's episode we are going to talk about the strategies you can use to keep your relationship solid and prevent divorce in the first place.

For an incredible conversation with advice you can implement in your own life today, don't miss out on this episode!

### **Key Points From This Episode:**

- Vikki's childhood and how it shaped her life to becoming an attorney.
- The most unique divorce case that Vikki has had.
- Why divorce can sometimes be a good outcome from a bad situation.
- The main reasons why people get divorced.
- Building a strong marital foundation; get emotionally and financially naked.
- Importance of vulnerability and communication for building trust in relationships.
- How childhood wounds shape your ability to be a partner.
- Advice for couples who are on the brink of a breakup or divorce.
- Why volunteer work and helping other people is key for those going through divorce.

### **Tweetables:**

"I tell everybody, marriage is just like a job. Whatever you give in, you get back." —  
@vikkiziegler [0:08:54.1]

“Things change and you have to have a strong marital foundation before you walk down the aisle in order to weather these storms.” — @vikkiziegler [0:10:43.8]

“If you're not happy, you can't make someone else happy.” — @vikkiziegler [0:15:44.8]

“99% of the time I recommend that everyone should have a prenup, because nobody knows what the future holds.” — @vikkiziegler [0:17:34.8]

### **Links Mentioned in Today's Episode:**

Vikki Ziegler — <http://www.vikkiziegler.com>

Vikki on Twitter — <https://twitter.com/vikkiziegler>

Vikki on Instagram — <http://instagram.com/Vikkiziegler>

Vikki on LinkedIn — <https://www.linkedin.com/in/vikki-s-ziegler-payne-1794988/>

The Pre-Marital Planner — <http://www.vikkiziegler.com/product/pre-marital-planner/>