



## Optimi Health Completes Psilocybin Export to Australia for Treatment Resistant Depression

Naturally-Derived 5 mg Psilocybin Capsules Mark the Company's Second Drug in Market Under Australia's Authorised Prescriber Scheme

Vancouver, British Columbia--(Newsfile Corp. - February 19, 2026) - **Optimi Health Corp.** (CSE: OPTI) (OTCQX: OPTHF) (FSE: 8BN) ("**Optimi**" or the "**Company**"), a Health Canada-licensed manufacturer of pharmaceutical-grade psychedelic drug products, today announced the export of its GMP-manufactured natural 5 mg psilocybin capsules to Australia for the treatment of patients diagnosed with treatment-resistant depression (TRD) under Australia's Authorised Prescriber Scheme.

The shipment represents Optimi's second finished drug product supplied into Australia's Authorised Prescriber Scheme, alongside the Company's 40 mg and 60 mg MDMA capsules for post-traumatic stress disorder (PTSD).

"Optimi's 5 mg naturally derived psilocybin capsules are now available to patients in Australia suffering from treatment-resistant depression," said Dane Stevens, Chief Executive Officer and Co-Founder of Optimi Health. "Supplying pharmaceutical-grade psilocybin outside of traditional clinical trials within a nationally regulated framework is an important milestone for our team and shareholders. Optimi is purpose-built to control the full production lifecycle - cultivation, extraction, encapsulation, and packaging - through our proprietary GMP process, ensuring consistency, quality, and dependable supply as clinical access expands."

Psilocybin-assisted therapy in Australia is available through authorised clinics, including programs supported by the Department of Veterans' Affairs (DVA). Under the current policy framework, the DVA may reimburse eligible patients for the full cost of psychedelic-assisted therapy, including both the medicine and associated psychotherapy.

Optimi manufactures its finished psilocybin drug product under a Health Canada-issued Drug Establishment Licence, authorising pharmaceutical-grade production and international export for prescription use. Treatment outcomes are being captured through Australia's national patient registry in partnership with the Australian National University (ANU).

Clinicians, hospital networks, and authorised programs operating under the Authorised Prescriber Scheme may seek information regarding access through Mind Medicine Australia at [ilan@mindmedicineaustralia.org](mailto:ilan@mindmedicineaustralia.org).

For global enquiries outside of Australia, please contact [sales@optimihealth.ca](mailto:sales@optimihealth.ca).

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## About Optimi Health Corp.

Optimi Health Corp. (CSE: OPTI) (OTCQX: OPTHF) (FSE: 8BN) is a leading producer of prescribed psychedelic treatments for mental health therapies. As a Health Canada-licensed, GMP compliant pharmaceutical manufacturer producing validated MDMA and botanical psilocybin products from two 10,000-square-foot facilities in British Columbia, Optimi supplies active pharmaceutical ingredients and finished dosage forms to regulated channels, with products currently in market for prescription use in Australia via the Authorized Prescriber Scheme and accessible in Canada through the Special Access Program. For more information, please visit [www.optimihealth.ca](http://www.optimihealth.ca).

## Forward-Looking Statements

This news release contains forward-looking statements and forward-looking information within the meaning of Canadian securities legislation (collectively, "**forward-looking statements**"), including with respect to the role of psychedelic medicines in insured mental health care. Forward-looking statements are necessarily based upon a number of estimates and assumptions that, while considered reasonable by management, are inherently subject to significant business, economic and competitive uncertainties, and contingencies, certain of which are unknown. Any statements that express, or involve discussions as to, expectations, beliefs, plans, objectives, assumptions, or future events or performance (often, but not always, through the use of words or phrases such as "will likely result," "are expected to," "expects," "will continue," "is anticipated," "anticipates," "believes," "estimated," "intends," "plans," "forecast," "projection," "strategy," "objective," and "outlook") are not historical facts and may be forward-looking statements. These statements may involve estimates, assumptions, and uncertainties that could cause actual results or outcomes to differ materially from those expressed in such forward-looking statements. No assurance can be given that these expectations will prove to be correct, and such forward-looking statements included in this news release should not be unduly relied upon. These statements speak only as of the date of this news release.

Forward-looking statements are based on a number of assumptions and are subject to a number of risks and uncertainties, many of which are beyond the Company's control, which could cause actual results and events to differ materially from those that are disclosed in or implied by such forward-looking statements. Such risk factors include but are not limited to those factors which are discussed in the Company's continuous disclosure filings available under its SEDAR+ profile at [www.sedarplus.ca](http://www.sedarplus.ca). Except as expressly required by applicable law, the Company undertakes no obligation to update or revise any forward-looking statements, whether as a result of new information, future events, or otherwise, except as may be required by law. New factors emerge from time to time, and it is not possible for the Company to predict all of them or assess the impact of each factor or the extent to which any factor, or combination of factors, may cause results to differ materially from those contained in any forward-looking statement. Any forward-looking statements contained in this news release are expressly qualified in their entirety by this cautionary statement.

Neither the Canadian Securities Exchange nor the Canadian Investment Regulatory Organization accepts responsibility for the adequacy or accuracy of this release.

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