
Myth:

There's nothing you can do to reduce your risk of breast cancer.

Fact:

Eating well, exercising, and breastfeeding can help lower your lifetime risk.

Get the facts at [Breasthealth.org](https://www.breasthealth.org).



GET INVOLVED

FOLLOW US @gobreasthealthy | [breasthealth.org](https://www.breasthealth.org)

HOST an event | **MAKE** a donation

