Preparing for Hill Visits

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Session Plan

• Logistics overview
• Group work time: plan out your meetings
• Group sharing time
Logistics: What to Bring

• “Leave behinds” in folders for each meeting
  – State fact sheets
  – NWA FY19 policy priorities
  – Other handouts
• WIC padfolio
• WIC buttons
• Business cards
• Comfortable shoes
• Umbrellas if needed
• Snacks & water
Logistics: How to Get There

Red Line from Dupont Station to Union Station (about 35 minutes)
D6 Bus from 21st Ave NW and M St NW to Massachusetts Ave NE and 2nd St NE (about 45 minutes)

... Or take a taxi/Lyft! (about 20 min depending on traffic)
Dirksen is at the corner of 2nd St NE and Constitution Ave NE
Logistics: What to Expect

• House & Senate office buildings are about 15-20 minutes apart
• Leave plenty of time for security (metal detectors)
• NWA staff will be in the Longworth House Office Building cafeteria & the Hart Senate Office Building lobby

Source: Politico
Basic Outline of a Hill Meeting

• Introductions & exchange business cards
• Present your ask: why are you there?
• Tell a story
• Share data & statistics
• Repeat your ask
• Say thank you
• Remember: the staffer may only have 15 minutes!
Document Your Meetings!

• Take photos/selfies of you and your group outside of your legislators’ offices and/or with the legislators/staffers themselves!

• Post these directly to social media using the hash tags #WLC2018, #WIC, and/or #WICVoices

• If you are not active on social media, text your photos to Natalie at ---
After Hill Day

- Send thank you notes to everyone you met with – designate one point person to do this for your group
- Send any follow up materials & answer any follow up questions
- Keep the conversation going!
Your Turn!

- In your group, make a detailed plan for each meeting
- Who will say what & in what order?
Time to Share!
Questions?